

# Quebec 4-H Association

## 2024 Annual Report

Leadership For Tomorrow Through Learning Today



CANADA  
4-H Quebec

## Learn To Do By Doing

Quebec 4-H acknowledges the financial support of the Government of Canada

Canada 







## 4-H Pledge

### I Pledge:

My HEAD to clearer thinking  
 My HEART to greater loyalty  
 My HANDS to larger service  
 My HEALTH to better living  
 For my club, my community,  
 my country, and my world.

### Je Promets d'employer:

Ma Tête pour des idées hardies,  
 Mon Cœur pour être plus humain,  
 Mes Mains pour être plus habile,  
 Ma Santé pour vivre en harmonie,  
 Pour mon cercle, ma communauté,  
 mon pays et mon monde.

### What do the 4 “Hs” Stand For?

HEAD: managing, thinking,  
 developing critical thinking skills

HEART: relating, caring, developing  
 friendship

HANDS: giving, working,  
 volunteering and helping out

HEALTH: wellbeing, healthy living,  
 taking care of yourself and the  
 planet

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This Annual Report of the Quebec 4-H Association is presented to the 2024 4-H Quebec assembly of members at the Annual General Meeting held on November 24th, 2024.

### Quebec 4-H Association

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# Quebec 4-H

## President

Paige Frost

## Vice President

Christina Knox

## Chair of Financial Committee

Rebecca Welden

## Chair of Programs and Regulations Committee

Ryley Keenan

## Past President

Hannah Frost

## Youth Advisory Committee

Rebecca Welden



## Directors

Amy Sheppard

Hannah Veilleux

Julie Silverson

Katie Brock

Laura Mayhew

Liberty Lloyd

Maeve McIntyre

River Morse

Roewan Cosgrove

Sophie Liebrecht

## Industry Advisors

Caroline Begg

Stephanie Maynard

## Provincial Coordinator

Gillian MacDougall

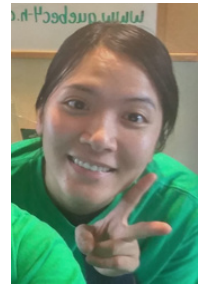
## Summer Event Coordinator

Paige Frost

## Summer Office Manager

Erika Ellison

This summer we said goodbye and thank you to our Virtual Admin Assistant Quynh Anh Tran



## Past Presidents

1969	Colleen Coates-Younie (Lennoxville)	1988-89	Al Beland (Waterloo)	2008-09	Jocelyn Closs (Shawville)
1969-70	Clayton Murphy (Huntingdon)	1989-90	John Beerwort Jr. (Brome)	2009-10	Christine Tolhurst (Howick)
1970-71	Winnie Tibbits-Murphy (Brome)	1990-91	Steven A. Latulipe (Huntingdon)	2010-11	Angela Neal (Ormstown)
1971-72	Joan Lang-Rusenstrom (Shawville)	1991-92	Paul Mastine (Richmond)	2011-12	Mathieu Rouleau (Howick, MAC JAC)
1972-73	Alvin Barrington (Howick)	1992-93	Cheryl Stanley (Shawville)	2012-13	Mathieu Rouleau (Howick, MAC JAC)
1973-74	Nancy Hardacker-Corscadden (Brome)	1993-94	Lynn McOuat (Lachute)	2013-14	Sarah Enright (Richmond, MAC JAC)
1974-75	Andy Tolhurst (Howick)	1994-95	Amber Heatlie (Lachute)	2014-15	Sarah Enright (Richmond)
1975-76	Mary Brus (Hatley)	1995-96	Kathy Howard (Shawville)	2015-16	Matthew Burns (Sawyerville)
1976-77	Larry Ness (Howick)	1996-97	Mavis Judd (Shawville)	2016-17	Carolyn Coddington (Richmond)
1977-78	Charles Fowler (Richmond)	1997-98	Mavis Judd (Shawville)	2017-18	Andrew Boersen (Richmond)
1978-79	Ken Tolhurst (Howick)	1998-99	Trudy Beaton (Sawyerville)	2018-19	Jessica Rouleau (Howick)
1979-80	Peter Griffith (Richmond)	1999-00	Katie Coates (Haut St. Francois)	2019-21	Morgan Passmore (Richmond)
1980-81	Rick Younge (Shawville)	2000-01	Katie Coates (Haut St. Francois)	2021-22	Rebecca Welden (Lachute)
1981-82	Neil Burns (Sawyerville)	2001-02	Melissa Nyveld (Shawville)	2022-23	Hannah Frost (Richmond)
1982-83	Angus MacKinnon (Hatley)	2002-03	Daniel Mastine (Richmond)	2023-24	Paige Frost (Richmond)
1983-84	Suzan Smith-MacDonald (Lachute)	2003-04	Jessica Cox (Hatley)		
1984-85	Tim Beland (Waterloo)	2004-05	Jessica Cox (Hatley)		
1985-86	Mark MacVicar (Lachute)	2005-06	Tyler McCann (Shawville)		
1986-87	Kathy Beerwort-McKinven (Brome)	2006-07	Tyler McCann (Shawville)		
1987-88	Kathy MacKinnon (Hatley)	2007-08	Jenna Soesbergen (Huntingdon)		



# Provincial Statistics

Leadership for tomorrow  
Through learning today

- 290 Members
- 39 Active Leaders
- 9 Active Clubs
- 1 New Club in 2024
- 17 Projects
- 1 Full time staff member
- 2 Summer staff members
- 1 Virtual administrative assistant

## 2024 Membership Breakdown

Peewee members ages 8 and under: 68

Junior members ages 9 – 12 years: 110

Intermediates ages 13 – 15 years: 56

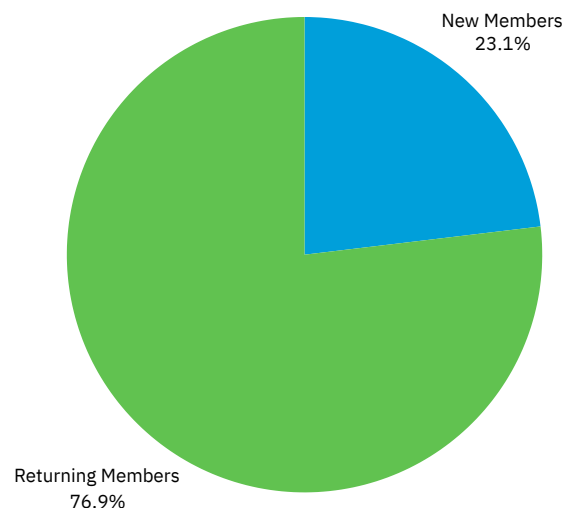
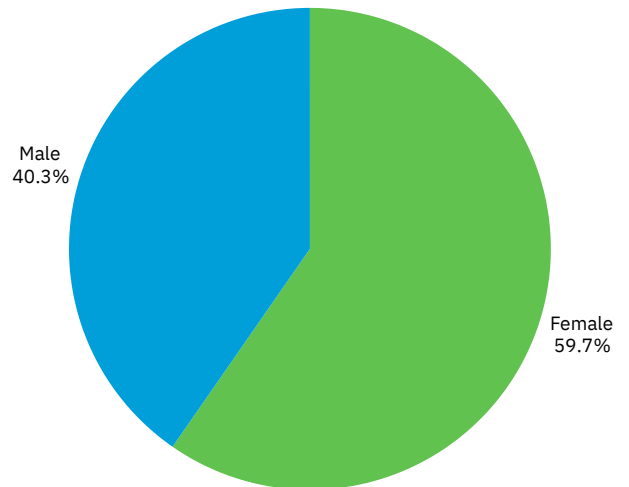
Senior members ages 16 – 21: 53

Proven members ages 22 – 25: 3



## 2024 Projects

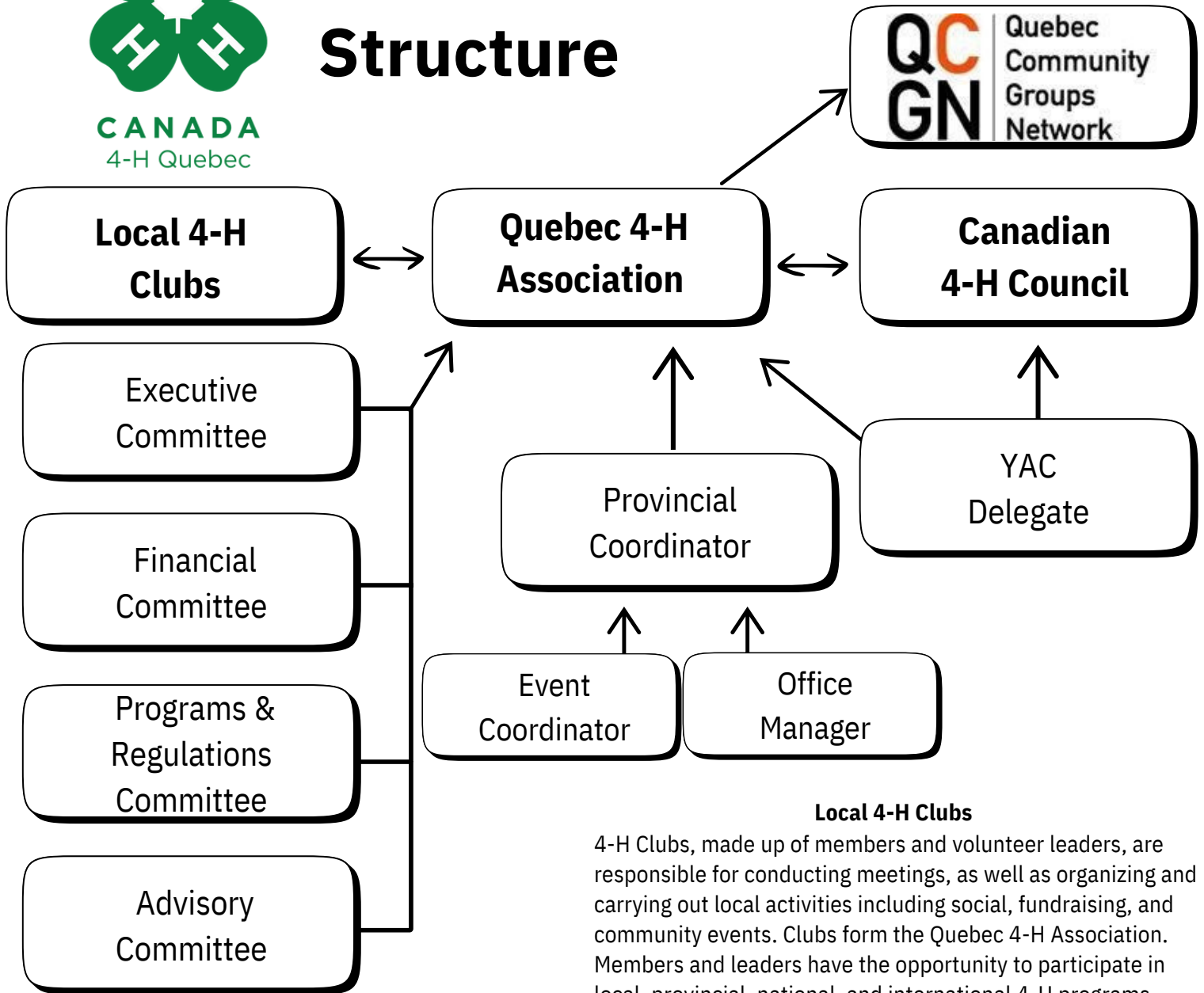
Dairy	139	Foods	43
Square Dancing	99	Rabbit	54
Beef	77	Equine	16
Crafts	123	Goat	23
Garden	93	Sheep	43
Poultry	31	Community	65
Science and Technology	27	Public Speaking & Communications	19
Nature	49	Outdoor Living	42
Healthy Lifestyles	33		





CANADA  
4-H Quebec

# Our Structure



### Local 4-H Clubs

4-H Clubs, made up of members and volunteer leaders, are responsible for conducting meetings, as well as organizing and carrying out local activities including social, fundraising, and community events. Clubs form the Quebec 4-H Association. Members and leaders have the opportunity to participate in local, provincial, national, and international 4-H programs.

### 4-H Quebec Association

The provincial organization keeps track of individual memberships and club registrations, while administering all provincial 4-H programs and opportunities. 4-H Quebec also works collaboratively with other provincial 4-H agencies to provide resources and opportunities to members along with the Canadian 4-H Council and its committees. 4-H Quebec is run by a Board of Directors made up of member representatives, and four standing committees: Advisory, Executive, Financial, and Programs and Regulations. Individuals are nominated to the committees at the Annual General Meeting.

### Canadian 4-H Council

The objective of the Canadian 4-H Council is to provide relevant programs and services which are consistent with the 4-H philosophy and serve to enhance provincial 4-H programs. The Council organizes and coordinates national and international conferences, exchanges, and scholarships. The Council is a not-for-profit, non-governmental agency governed by a group of member representatives. With the assistance of the Canadian 4-H Foundation, the Council provides funding assistance to the provincial associations. The mission of the Canadian 4-H Council is "Providing strong national leadership to ensure a quality 4-H program across Canada."



## **Board of Directors**

Board members are elected for one-year terms. There is presently no limit on the number of years a board member may serve though the position of President is a maximum two year term. The Board is made up of 4-H members, youth from various clubs contributing their time for the benefit of the 4-H program and its members. In addition to attending the Annual General Meeting, board members meet three or more times a year in Ste-Anne-de-Bellevue or via conference call.

### **Executive Committee**

The Executive Committee is made up of the President, Vice -President, Past-President, Chair of Programs and Regulations, Chair of Financial Committee. tor. It reports to the Board of Directors.

### **Financial Committee**

The Financial Committee is made up of a minimum of 3 and maximum of 10 people in addition to the President and Vice-President. The role of the committee is to oversee the administration of the organization's finances. This includes but is not limited to employee salaries, expense account claims and budgets. All recommendations from the financial committee must be submitted to the board for approval

### **Programs and Regulations Committee**

The Programs and Regulations Committee is responsible for all Provincial regulations, including: Constitution review, Policies and Procedures, Rally Rules, Activity rules and guidelines. It is also responsible for producing the criteria for different selection processes within the organization and selecting delegates for national programs. The committee is responsible for preparing proposals for changes to existing or new programs. Decisions of the committee shall be reported to the board and require ratification. The Programs and Regulations Committee shall be comprised of 5 - 15 members, 2 of which must be Provincial Directors.

### **Advisory Committee**

The Advisory Committee is made up of at least 5 people, of whom 2 must be executive committee members. The remainder are adult advisors and partner representatives. The role of the Advisory Committee shall be to offer advice to the provincial board on matters of debate. Any questions concerning the policies and by laws of the organization are reviewed by the committee and their response gets submitted to the board.

### **YAC Delegate**

The Youth Advisory Committee is the national youth voice for 4-H Canada, providing leadership opportunities for outstanding young people from across the country who have been part of 4-H and want to continue to play a role and contribute. YAC is made up of 12 provincial members who meet as a committee on a regular basis, play a large ambassador role within their provinces, make recommendations to 4-H Canada regarding programming, policy development, marketing and communications. The 4-H Quebec YAC member also sits on the Board of Directors.

### **Provincial Coordinator**

Is responsible for financial and risk management including budgets, grant applications, and screening processes, as well as managing human resources and overseeing coordination of provincial activities. This position sits on the 4-H Canada Provincial Supervisory Committee, and Fund Development Network in addition to the QCGN Executive Directors' Network.

### **Event Coordinator - Summer Position**

Is responsible for the organization of large scale events and special projects, delivery of resources, and promotion of opportunities.

### **Office Manager - Summer Position**

Is responsible for assisting on all aspects of communications and publications.

### **QCGN**

The Quebec Community Groups Network is a not-for-profit organization linking 41 English-language community organizations across Quebec and advocating for the official language minority in the province.

## 4-H Quebec Mission

4-H Quebec is a community based organization, which is dedicated to developing life skills such as leadership, cooperation, responsibility and independence for the English-speaking rural youth of Quebec through achievement and skill development

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At 4-H Quebec, we focus on helping our members building self-confidence and acquiring skills in a fun and safe environment. Aimed at promoting the personal growth of English speaking youth aged 6 to 25, we provide opportunities for learning and skill development in an ever-evolving world. By harnessing the talents and enthusiasm of our members, volunteers, and staff, we work together to offer new programming, while continuing to uphold our successful traditional activities. Members can engage in diverse projects, from livestock and square dancing to communication.

We work to spread the impact of 4-H and empower today's youth to become tomorrow's leaders! 4-H is a youth development program where members "Learn To Do By Doing," utilizing their Head, Heart, Hands, and Health.

While deeply rooted in a rich agricultural history, we acknowledge that everyone can benefit from 4-H's holistic and socially conscious learning approach. Agriculture, food, and the environment remain integral to the 4-H program, but clubs addressing non-agricultural topics are also vital for today's youth. 4-H youth have the freedom and capacity to engage with issues that matter most to them, making the 4-H program unique and constantly evolving.



## AGM and Leadership Conference Schedule

9:00 am - 9:30 am - Refreshments and Registration

9:30 am - 11:15 am - Annual General Meeting

11:15 am - 11:30 am - Break

11:30 am - 12:30 pm - Club and Activity Reports

12:30 pm - 1:00 pm - Pizza Lunch

1:00 pm - 1:45 pm - Collaborative Planning Session

1:45 pm - 2:45 pm - Leader Session - Led by Paige and Christina

Member Session - Led by Gillian

2:45 pm - 3:15 pm - Round table sharing and Refreshments

3:15 pm - 4:00 pm - Awards presentation

4:00 pm - Farewell



**Annual General Meeting Agenda**  
**November 24th, 2024**  
**Macdonald Campus, Ste-Anne de Bellevue**

1. Welcome, 4-H Pledge
2. Introductions by the Quebec 4-H Executive
  - a. President
  - b. Vice-President
  - c. Past President
  - d. Chair of Finance Committee
3. Approval of the Agenda
4. Approval of the Minutes from previous year
5. Approval of Financial Statement and Appointment of CPA
6. Reports:
  - a. President
  - b. Provincial Coordinator
7. Old Business
8. New Business
  - a. Constitution Review
  - b. Strategic Plan
9. 2025 Calendar of Events
10. Proposals for hosting Provincial Activities
  - a. Innovative Ag Tour 2026
  - b. Provincial Rally 2026
11. Election of Executives
12. Committee Nominations
  - a. Financial Committee
  - b. Programs and Regulations Committee
  - c. Human Resources Committee
  - d. Advisory Committee
13. Announcement of the new 2024 - 2025 Executive
14. Youth Advisory Committee Appointment
15. Appointment for Representatives
  - a. Signing Officers
  - b. QCGN
  - c. SPVM
  - d. 4-H Canada
  - e. QFA
16. Announcements
17. Adjournment

## President's Message



Welcome to the Quebec 4-H AGM for 2024! This past year I think we could say was difficult for all of us, our organization definitely had some ups and downs. While being the President this past year I got to learn a lot about 4-H in our Province and also got to learn how to run an organization with very little knowledge about how to do it. I have been involved in 4-H for more than 10 years and I have never learned more than this past year about being a leader and taking charge.

I'd like to thank everyone who helped me and Quebec 4-H through this year and I hope to see Quebec 4-H only go up from here! Hope to see you all at future Provincial Events.

Paige Frost - President

## Provincial Coordinator's Message



It has been an incredible honor to step into the role of Provincial Coordinator at Quebec 4-H in April of this year. Having grown up in the 4-H community, I've always felt deeply connected to the values that this organization represents. Now, as an adult, I am excited to contribute to the continued growth and development of Quebec 4-H.

This has been an incredibly busy and rewarding year, with key provincial programs like Provincial Rally and Junior Camp taking place this summer. In addition, we're in the process of completing our three year accreditation review with 4-H Canada, which has provided valuable insight into how we can continue to improve. I am excited to share our new strategic plan and I've been actively learning the behind-the-scenes workings of Quebec 4-H to ensure we're well-positioned for continued success.

It's been a pleasure working alongside such a committed and passionate executive team, who have been instrumental in supporting me during this transition. I am particularly excited to continue championing the importance of our youth board, ensuring that members are at the heart of decision-making and leadership within the organization.

Looking ahead, I am committed to increasing participation in provincial, national, and international opportunities, allowing our members to experience a broader range of learning experiences and leadership challenges. I also aim to help Quebec 4-H branch out to more diverse communities.

Thank you to everyone who has made my transition into this role so welcoming and smooth. I look forward to working closely with all of you as we build an even stronger, more inclusive, and dynamic Quebec 4-H Association.

Gillian MacDougall - Provincial Coordinator





# Hatley

<b>President</b>	Allison Morse
<b>Vice-President</b>	Derek Dolloff
<b>Secretary</b>	Mia Veilleux
<b>Treasurer</b>	Hailey Dolloff

36 MEMBERS

This year the Hatley 4H club did many different types of activities, both fun and educational. In February we visited Fromagerie La Station which is an organic cheese factory located 5 mins outside of Hatley. We were lucky and got to see the farming aspect of it and how the farmer makes sure to keep his dairy cows on an organic diet. At the end of this tour, we had a cheese tasting of all their prize-winning cheese. The club visited Misty Maples Farm, a maple syrup and work horse farm and learnt how to judge these two. We had a fun day where the club went bowling and all throughout the year we judged different things belonging in the agricultural sector.

The Club participated in beef, dairy, rabbit, chicken and goat projects.

Every year, the Hatley 4h club on the second Friday of December head into the town of Ayer's Cliff, with sleigh horses stopping at many houses caroling. One stop we always make sure to do, is the old folk's home as they love to see us sign to them! This year we felt the support of our community was full so we decided it was our turn to give back and donate to those who continuously help us out.

We had one member attend ag tour. This year we had 4 beef members, 10 dairy members and 1 goat member attend Rally. The club worked really hard to get together and come up with ideas to decorate and be involved as much as possible. On the beef side, we had 3 members attend the Canadian Junior Angus Association annual show this year held in Niagara, Ontario. As well has 2 members attend the Young Canadian Simmental Association show held in Olds, Alberta.

We did laser tag\mini putt as well as bowling in 2024.

Every year the club holds a benefit dance for our club. We work hard at the beginning of the year to find a hall, a band and sell as many tickets as possible. We have a canine booth selling various refreshments at the Hatley first of July parade. As well at the Ayer's Cliff fair we work all 4 days in our ice cream booth to raise funds for our club.

We hope to have new members join us and continue to be involved in our community and spread our knowledge everyday!





# Howick

<b>President</b>	Roewan Cosgrove
<b>Vice-President</b>	Peyton Brown
<b>Secretary</b>	Aliza Stacey
<b>Treasurer</b>	Alex Gendron
<b>Reporter</b>	Alison Brown

15 MEMBERS

This past year was a quiet year for our club. We participated in a couple small local fairs. We had a couple showmanship clinics and a clipping clinic. We also took a trip to the biodome in March. We visited a Maple syrup operation in March. The kids were able to tour the shanty and judge some maple syrup. Our achievement day was in August at the Huntingdon fairgrounds.

Our club only had two projects this year; dairy and rabbit.

We will be helping Santa during our local Christmas parade. We also donated some money to the Ronald McDonald house.

We had some members participate in the Rally and the AGM in 2023.

We had a garage sale fundraiser. The club rented out tables and people could sell their treasures. We also had a canteen. We also raised money at the craft fair by raffling off gift baskets.

We would like to thank FCC for funding our trip to the biodome.





# Huntingdon

<b>President</b>	Thies Nieuwenhof
<b>Vice-President</b>	Mieke Nieuwenhof
<b>Secretary</b>	Bas Nieuwenhof
<b>Treasurer</b>	Owen Nieuwenhof
<b>Reporter</b>	Kyle Rember

10 MEMBERS







**CANADA**  
4-H Quebec

# Kahnawà:ke

**NEW IN 2024!**

7 MEMBERS

The Kahnawake 4-H Club, established in July 2024, is the first Indigenous 4-H club in Quebec. Our focus is on reconnecting youth with traditional skills in hunting, fishing, trapping, and agriculture from an Indigenous perspective. Although we are newly formed, we've already hosted several activities to engage both youth and parents, including wild game skinning and cleaning, waterfowl preparation and cooking, wild blueberry picking, and family cooking classes. Looking ahead, we're excited to expand our activities to include more agricultural tours, a gardening club, and additional hunting and trapping workshops.

## 2024 Club Activities

- Wild Game Cleaning & Skinning Workshop
- Waterfowl Plucking, Cleaning, and Cooking Class
- Wild Blueberry Picking Trip
- Family Cooking Class (with a focus on traditional recipes)
- Fishing Workshop with our local environmental protection office– Including fish testing and identification
- Medicine Picking Trip – Learning about traditional plants and their uses
- Trapping Workshop – Introduction to ethical trapping techniques
- Deer Workshop – Hands-on experience in cleaning, skinning, and meat preparation

These activities have been designed to encourage youth and families to participate, learn traditional practices, and help promote food sovereignty.

## Future Plans for Our Club

- Accessible Garden Beds Project – Install accessible garden beds at local community sites
- Garden Seedling Giveaway/Fundraiser
- Members will help create a large greenhouse and start seedlings
- Once ready, seedlings will be donated to elder homes, schools, and daycares
- Expanded Hunting, Bow Archery, and Trapping Workshops – Traditional skills training
- Traditional Medicine-Making Workshop – Learn about and prepare natural remedies
- Family Cooking Classes – Focus on preparing meals using traditional ingredients and methods







# Lachute

<b>President</b>	Emily McOuat
<b>Vice-President</b>	Herbie Weldon
<b>Secretary</b>	Shawn McOuat
<b>Treasurer</b>	Julia Silverson

29 MEMBERS

The Lachute 4-H Club participated in many events throughout this past year!

In December we put floats into the Lachute and St Andrews Christmas parades and made Christmas cards for the retirement homes of Lachute. In January, we had a fun sports night. In February, three members attended the Winter Junior Camp. April was square dancing month as we held our annual dance fundraiser and participated in the Prescott and Ormstown square dance competitions with 3 teams. In June, we had a horse and rabbit showmanship clinic to prepare for Rally, and seven members from our club attended Rally at the end of the month. In July, we took part in the Lachute Fair, where we had a float in the parade and sold ice cream in our ice cream booth. Several members also showed calves in the 4-H and open show. In August we had our Achievement Day. Mid September we went to a corn maze for a fun day. We ended our year off with our banquet which took place in October! The first weekend of November, 3 of our members attended the TD Classic in Toronto, who, along with Shawville 4-H Club, made up the Quebec North region. This year Hannah McOuat had the Reserve Champion Intermediate Calf and the Honourable Mention Grand Champion Calf. In early November, members donated their time to help with a Remembrance Day supper that was held at the Lachute Legion.

Members participated in dairy, beef, horse, rabbit, garden, handicraft, cooking, crop, square dancing, and judging projects this year.

For 2025 we look forward to increasing club participation and get more involvement at the Provincial level.



# Ormstown



<b>President</b>	Connor Bryson
<b>Vice-President</b>	Félix Loiséle
<b>Secretary</b>	Ashton Bryson
<b>Treasurer</b>	Keith Quinn
<b>Reporter</b>	Edward Mason
<b>Chair of Small Animal Club</b>	Murray Bryson
<b>Chair of Garden Club</b>	Preston Mason
<b>Chair of Square Dance Club</b>	Spencer Mason

49 MEMBERS

We started 2024 with square dancing practice then winter junior camp in January. We held the Ag tour in March, which was then followed by the Ormstown square dance competition in April. In June we had our local Fair, followed by Rally in Richmond. In August we had three fairs, Huntingdon fair, AJRQ rally, and in Chesterville at the summer spotlight show. September we had our last fair in Havelock. Some of our members also attended the fall showcase in October. Throughout the year our club had many meetings with some of them being barn meeting, we had clinics to refresh the members on judging, showing, cooking, and more. From the 1st to the 5th of November 8 of our members participated in this year's TD classic at the Royal Winter Fair. This past year has been a great year for learning, fun, and growth in our club.

This was our second year with the ag awareness barn at our town's fair. We brought more animals, taught the public about farm life and agriculture and we learned to do by doing, we also constructed a goat walk for the goats to pass over the public as they'd walk through the barn. Our club also had animal and garden projects with 5 rabbit projects, around 25 calf projects, lots of crafts for the fairs, we had 2 teams of square dancers and 14 garden projects. All these projects were exhibited at most of the fairs with the garden projects being dependent on the season.

For community services, we square danced and brought animals to the old age home, we also had a few demonstrations at multiple fairs to teach and have fun with the community. We also had a member volunteer to help HBO club's video for last year's winners.

Some of our members went to the judging competition at MAC, we also had members attend summer camp. We had members go to the AJRQ classic for the first time. They loved the experience and the different atmosphere; they said they loved the costume class and entered in their first crop class. Our club also organized a day at the lake in St-Anicet.

Our members helped raise funds by giving out candy and Easter eggs to families at Quinn Farms, these funds will be going towards our 2025 rally in Ormstown. We also had a successful fundraiser with our dairy booth at our town's fair in June. Our ag awareness which is half fundraiser, and half community service was a hit. Without the help from parents and club member we wouldn't be able to fundraise all our money, they play a huge role in our club's success.

Our club is more and more interested in having an exchange between clubs. Our eager members want to learn how other provinces or countries run their 4-H and they want to see new things. We also want to go to bigger fairs to improve our skills. We will also have our banquet later this year in December to recap on our year.







# Richmond

<b>President</b>	Kianna Keenan
<b>Vice-President</b>	Ryley Keenan & Madison Hamel
<b>Secretary</b>	Anna Liebrecht
<b>Treasurer</b>	Paige Frost
<b>Reporter</b>	Sierra Mastine
<b>Others</b>	Brooklyn Sutor & Isabelle Frost

42 MEMBERS

The Richmond Club has been very active this past year! We spent a lot of our meetings getting our members ready for Rally. We had a lot of judging meetings and focused on ID classes and showmanship clinics. We tried a new meeting idea this year and had stations for farm skills: hammering, drilling, injecting sterile water into an orange, ID classes of farm items and more. We try to keep our members involved on social media. We had members post their Halloween costumes, their carved pumpkins, and did a contest for a bag of Halloween treats. Easter we had a Chicken Poop bingo contest for Easter chocolate. We had our Christmas pot luck supper and tried curling this year for our Christmas party. That was a lot of fun and was a new activity for some of our members who were keen to try and learn from our experienced curlers. We combined our Achievement Day with the Holstein Club summer BBQ this summer hosted at Pavue Farm. This was nice to share the day and have more spectators watching us show and looking at our life skills projects. Finally, we organized a seniors' evening and we went to supper and an escape room. Richmond participated in beef, dairy, sheep, rabbit, square dancing and life skills projects in 2024.

We volunteered at our local seniors home. Our square dancers put on two presentations, one at Christmas and one in the summer. As a club we also organized bingo and helped out at Carnival Day running stations like bowling and ring toss. At Christmas we made cards for each resident at the Home. Our club also participated in the Richmond Christmas Parade by putting in a float and we put a float in the St. Patrick's Day Parade. The Club held its annual "Post your Christmas Tree" Facebook activity. For every 4-H family who posted a picture of their Christmas Tree, we donated \$10 to the Richmond Christmas Basket Campaign. We also donated a "Game Night" package of board games and treats to Carie Nixon's fundraiser for la Maison Aube Lumiere (a hospice in Sherbrooke).

Richmond was the proud host of Rally 2024: Disney in Richmond. We had 28 Richmond members participate in life skills, dairy, beef, sheep and rabbit projects. We want to re-thank our really dedicated organization committee. A special shout out to the OGs (Originally Group) who cooked our show day lunch. They also donated the profits back to the Richmond club which allowed us to offer prize money to all our participants at Achievement Day. They are a truly inspiring group!

Richmond had its annual Fundraiser Dance in May with a new band: Double or Nothing. On July 1, the day after Rally, we hosted our Annual Strawberry and Ice Cream social at the Fairgrounds. We started a new fundraiser this year as well. We tried our skill at making apple crisps. This was a success and we will likely do it again next year.

We have applied on the FCC grant and we are hoping to get that so we can explore more 4-H projects. We have a lot of new members who are not involved in agriculture so we are looking at how to involve them and keep them interested.





# Sawyerville

<b>President</b>	Alyssa Rothney
<b>Vice-President</b>	Hannah Dougherty
<b>Secretary</b>	Brianna Rothney
<b>Treasurer</b>	Alisha Kirby
<b>Reporter</b>	Neil Taylor

23 MEMBERS

This year one of our parents gave a demonstration on selecting sires for breeding and how to artificially inseminate a cow. Another club activity was our annual achievement day, which we were very thankful to have hosted by Dennis and Claire Taylor, of Woodview Farm. This amazing day was in their dome, followed by a pizza and potluck lunch. We were able to bring back 4-H alumni to judge our classes. Before our home town fair started we came together as a club to fix up our 4-H barn. All members, young and old, took part in making our barn look great again. We had activities such as; colouring pages, guess how many candies are in the jar, photo albums of what the club took part in this year, a corn pit for the kids to play in. We finished the day off by one of our parents of the club giving a demonstration on how to choose the right rabbit as well as how to properly show a rabbit! At the Cookshire fair two of our members were given the opportunity to judge a 4-H alumni showmanship class where alumni from many different clubs came and got back into the swing of things. It was not an easy competition to judge as many of them still had their A game in the show ring. For our last project of the year we made new sweaters and shirts for all the club members. The logo on the back was designed by one of our club members and is now a circulating logo on many members backs.

This year the club held a silent auction. We had a total of 45 lots and were very fortunate to have such a successful event. Getting back into the swing of things allowed us to have another 4-H dance, the first since before covid it was amazing! We had Slightly Haggard come and play for us at the Johnville Hall. This dance was not only a benefit to the club but half of the proceeds also went to Liberty Lloyd to help fund her trip to Ireland. We held a half and half as well as we set up a small canteen with chips and soft drinks. Many laughs and memories were made on this day.

At our December meeting members made Christmas cards and decorated ornaments for the Grace Christian Home. We wanted to ensure that everyone was thought of during Christmas. We all had a blast knowing that we were able to warm many hearts on Christmas day, especially others who many not have anyone to celebrate with on such a special day.

Our club members who took part in Provincial Rally this year represented the club well. They did a great job with their theme of Frozen. All of them came back with lots of smiles and lasting memories. Other provincial activities that club members participates in were Junior Winter Camp, Mini Mac Judging Competition, and Ag Tour.

This year we made a Sawyerville 4-H Club Facebook page where we are able to share what the club is up to. It started with the silent auction and now includes regular updates.

Future plans for the club are to be able to host another prep day, we found many members benefitted from this day and it is definitely something we look forward to in the future, and the club would like to finding different ways to give back to the community.







# Shawville

<b>President</b>	Kasey Lafleur
<b>Vice-President</b>	Tyson Childs
<b>Secretary</b>	Molly Dowe
<b>Treasurer</b>	Reese Rusenstrom
<b>Reporter</b>	Alex Mayhew
<b>Junior Directors</b>	Jake Childs & Riley Drummond

79 MEMBERS

Kicking off the new year the club had a sledding get-together, and later in the year we had a skating night, a multitude of farm tours including sheep and an apple orchards. We also had meetings that covered how to improve your dairy fitting and showman capabilities, as well as, beef and goat clinics that went over proper feeding, showmanship, and fitting your animals for show day. In between the rush of the summer Achievement Day came fast approaching in August with the judging competition being on Friday evening and show day the next week on Saturday. Members got to show their animal projects and once it was all done celebrated with an ice cream sundae bar. Next was Shawville Fair where members got to live off of junk food, serve food in the 4-H booth, participate in the ambassador program, show their livestock and 4H projects. Shawville Fair also hosts the market sale night where members sell their market projects. Throughout it all members have been making an impact throughout the region, such as at the regional competition in Metcalfe. Altogether our club did a variety of projects including square dancing, life skills, goat, rabbit, sheep, equine, beef, and dairy.

This year our club had their hand in a variety of different community activities such as square dancing at old age homes, at multiple barn dances, and other various local events. On top of that we were at a Canada Day parade and the Christmas parade in December of last year. To top that we visited three different school Spring Fairs where members got to show off their 4-H projects by hosting a petting zoo and selling ice cream. At a Touch a Truck event we also sold ice cream and freezies from the 4-H booth.

The year began with a group of eager junior members heading to winter camp at Quinn Farm. In March we had a few members head to Ormstown for Ag Tour. Then in April there was Ormstown's annual square dancing competition where Shawville was able to send 3 teams! Afterwards in the last week of June, 21 members travelled to Richmond for Provincial Rally. The year wrapped up with 8 members taking part in Summer Junior Camp.

Throughout the year to attain our funding other than through grants and donations we sold ice cream cups at almost every community event our members attended, we also had at a barn dance a booth to sell supper where proceeds went towards members going to rally, and our big sales every year for our club is the 4H booth where we sell hotdogs, hamburgers, drinks, desserts, and grilled cheese!

The club is looking forward to celebrating its achievements at the annual Awards Banquet. On top of the prizes and awards that will be handed out, this year the club will offer guests a dessert buffet and conclude the evening with music and dancing.



# PROVINCIAL HIGHLIGHTS

## 2023-2024

### Junior Camp

#### Winter Junior Camp

A weekend full of fun with a theme of Wild West was held from February 23rd to 25th, 2024 at Quinn Farms in L'Ile-Perrot, and was attended by 26 Junior members from Howick, Ormstown, Sawyerville, Shawville, Richmond, and Lachute.

The campers participated in a variety of indoor and outdoor activities, including skating, helping feed animals, baking bread, building bird houses, learning about elections and making motions in a meeting.

We would like to give a big thank you Quinn Farms for opening their doors to us, to our chaperones Christina Knox, Sarah Brisebois Bryson, Emily McOuat, MacKenzie Peddie, Keith Quinn, Stephanie Maynard, and volunteers Simon-Pierre Loiselle, Claudia Machabee, and Stephen Knox.



#### Summer Junior Camp

Junior members joined in for an OUT OF THIS WORLD weekend of fun and excitement with a galaxy themed Summer Junior camp, which was held from July 19th to 21, 2024 at Dunn Memorial Scout Camp in Elgin, Quebec.

24 Junior members from five clubs, Howick, Ormstown, Shawville, Richmond, and Hatley, along with two volunteer chaperones and the 3 provincial staff members, spent a weekend outdoors playing games, creating galaxy themed crafts, and connecting with other members from across the province.

We would like to give a big thank you to our volunteer chaperones, Christina Knox and Mackenzie Peddie, who helped make Summer Junior Camp possible!





## Innovative Agriculture Tour

During a period of change for Quebec 4-H, the Ormstown 4-H Club stepped up to put on a fun and educational Innovative Agriculture Tour. Despite there being no full time staff member in the provincial office, the club worked together, with the support of the board, to ensure members could come together from across the province for this much anticipated event.

Ten agribusinesses opened their doors to 38 members and the accompanying volunteers over the weekend of March 15th to 17th to highlight the region's agricultural diversity.

Without the support of local farms, Innovative Agriculture Tour would not be possible. We would like to thank the 2024 business once again for their allowing our members to visit and learn.

- Ferme Montcalm et Frères
- Hazel Hill Farm
- Homestead Lodge
- Ranch Covey Hill
- Boutique Bon Boeuf
- Tullochgorum Farm
- Érablière des Roy
- Ferme Coopérative Tourne-Sol
- Serres Gabriel & Fils
- Quinn Farm
- Elliott Farm





## Provincial Rally



The Richmond 4-H Club once again took on the challenge of hosting the Quebec 4-H Provincial Rally, which was held in Richmond, Quebec from June 27th to 30th 2024. Normally a big task for any club, the Richmond members, leaders, and community took on extra responsibilities this past year as Quebec 4-H was in the process of hiring a Provincial Coordinator.

While things have evolved since 1976, “Calf Rally” is now “Provincial Rally”, members can now participate in Life Skills, Public Speaking, and a wide range of animals projects, many things are still the same. Members come together from across the province to connect and participate in a weekend of friendly competition. 2024 also showed us that the passion and support for 4-H, previously Quebec Young Farmers, is still alive and well as the original group, or OGs, of Calf Rally in 1976 came back to support the current generation, which included putting on the show day lunch.

With 106 participants from both 4-H and AJRQ guests, a big thanks goes out to the Richmond 4-H Club for working tirelessly to ensure the success of this year’s Provincial Rally. Everyone’s effort and participation helped to make the Disney themed event a magical weekend for all!

We would like to thank our sponsors, volunteer leaders, chaperones, judges, parents and all other stakeholders who continue to support and champion our youth.

See you in Ormstown, July 17th to 20th for the 2025 Quebec 4-H Provincial Rally!



# Canadian 4-H Council 2023-2024 Highlights



## 4-H Canada Leadership Summit

Leadership Summit is an exciting opportunity for 4-H volunteer leaders and professionals to showcase the communities they are building, share innovative program ideas, and hear from experts on emerging topics. It includes a mix of workshops, an expert keynote, knowledge sharing, networking, and fun! It is open to 4-H leaders and provincial supervisors. The 2025 Leadership Summit will be a virtual summit!

## 4-H Canada Youth Advisory Committee

With representatives from each provincial organization, YAC encourages a youth voice in program development and decision making at the national level. YAC delegates meet face to face at the annual 4-H Canada Leadership Summit and then met through conference calls throughout the year.



**Quebec 4-H YAC Representative - Rebecca Weldon**  
Rebecca's term will be coming to an end February 2025



## Provincial Volunteer Leader of the Year for 2023

Congratulations to Kayla McCann from the Shawville 4-H Club

## John Deere Canada 4-H Scholarship

Congratulations to Emily McOuat from the Lachute 4-H Club on being one of the recipient of the John Deere Canada 4-H Scholarship.



### **4-H Canada Citizenship Congress**

Every spring, approximately 60 4-H members from across the Canada come together for the Citizenship Congress. Developed in 1972 as a way to unite 4-H members from across the country, this flagship program gives 4-H youth knowledge and insight about Canada, its history and its systems. Delegates explore and develop skills related to civic engagement, governance, parliamentary procedures, citizenship and politics. It is open to all members aged 16-21. The 2024 Citizenship Congress will be held in Ottawa, ON in May 2024.



### **4-H Canada National Members Forum**

First offered in 1931, Members Forum is 4-H Canada's longest-running program. Open to 4-H members ages 16 to 21. 4-H youth across Canada to come together for an impactful, engaging, and fun-filled conference. The 2023 Members Forum was held November 26-30th, 2023 in Calgary, Alberta.

### **2024 4-H International Rural Exchange- Ireland**

I went on the 2024 international rural exchange to Ireland in May. It was a great experience to explore what agriculture is like in Ireland compared to here in Quebec. I got to see various different farms from dairy farms to water buffalo farms, and sheep dog demonstrations! I also got to see some of the many tourist attractions, such as the Cliffs of Moher, Kilkenny castle, the castle of Dunamase! We had great food and local favourites, and we had a great tour guide along for the ride to tell us all about the history of Ireland and how agriculture has evolved over the years.

- Liberty Lloyd, Sawyerville 4-H Member



## COMPILATION ENGAGEMENT REPORT

To the members of "ASSOCIATION 4-H DU QUÉBEC/ QUEBEC 4-H ASSOCIATION"

On the basis of information provided by management, we have compiled the balance sheet of "ASSOCIATION 4-H DU QUÉBEC/ QUEBEC 4-H ASSOCIATION" as at March 31, 2024, the statement of operations, and changes in funds balances for the year then ended and **Note 2**, which describes the basis of accounting applied in the preparation of the compiled financial information (the "financial report").

Management is responsible of the accompanying financial information, including the accuracy and completeness of the underlying information used to compile it and the selection of the basis of accounting methods.

We performed this engagement in accordance with Canadian Standard on Related Services (CSRS) 4200, Compilation Engagements, which requires us to comply with relevant ethical requirements. Our responsibility is to assist management in the preparation of financial information.

We have not performed an audit or review, nor were we required to perform procedures to verify the accuracy or completeness of the information provided by management. Accordingly, we do not express an audit opinion or a review conclusion, or provide any form of assurance on the financial information.

The rules of professional Conduct require me to mention that I have prepared adjusting journal entries that affect the financial information.

Readers are cautioned that these statements may not be appropriate for their purposes.

### **RICHARD JUNIOR AKOA AKOA, CPA**

Chartered professional accountant

Saint-Hyacinthe (Quebec)

June 17, 2024

## 4-H QUEBEC FINANCIAL SUMMARY

BALANCE SHEET		
As at March 31,	2024	2023
<b>ASSETS</b>	<b>\$</b>	<b>\$</b>
CURRENT ASSETS	60 769	40 088
Cash	6 622	4 228
Temporary investment	4 320	2 850
Accounts receivable	--	164
Prepaid expenses	71 711	47 330
INVESTMENTS	3 402	5 681
TOTAL	75 113	53 011
<b>LIABILITIES</b>		
CURRENT LIABILITIES		
Accounts payable & accrued charges	16 210	16 210
NET ASSETS		
UNRESTRICTED FUNDS	58 903	36 801
	75 113	53 011
STATEMENT OF INCOME		
Year ended March 31,	2024	2023
<b>REVENUES</b>	<b>\$</b>	<b>\$</b>
Canadian Heritage - Program	98 094	98 094
Sponsorship	30 593	11 931
Subsidies	3 095	9 369
4-H Programs Revenues	12 256	12 096
Membership fees	19 400	16 086
Other income	1 173	83
TOTAL	164 611	147 659
<b>EXPENSES</b>		
4-H Programs Expenses	25 471	44 683
Occupancy costs	7 951	7 197
Administration expenses	32 858	22 758
Salaries and benefits	76 091	95 738
Financial expenses	138	182
TOTAL	142 509	170 558
<b>EXCESS (DEFICIENCY) OF REVENUES OVER EXPENSES</b>	<b>22 102</b>	<b>(22 899)</b>



# Thank you!

4-H Quebec recognizes the tremendous impact funding partners have on 4-H's ability to deliver a quality program.

Sponsorship and programming grants play an integral role in the operation of the Quebec 4-H program, helping our association to meet the needs of its members and adult volunteer leaders.

Contributions, whether cash or in kind, are greatly appreciated. Quebec 4-H would like to recognize the efforts of the Canadian 4-H Foundation, which complement fund development at the provincial level.

Patron / Mécène \$25,000 +

Benefactor / Bienfaiteur \$10,000 - \$24,999



Canadian Heritage

Patrimoine canadien



Employment and Social Development Canada

Emploi et Développement social Canada

Builder / Bâtitteur \$5,000 - \$9,999



Champion \$2,000 - \$4,999



McGill

Farm Management and Technology

Gestion et technologies d'entreprise agricole



Agriculture and Agri-Food Canada

Agriculture et Agroalimentaire Canada







**Leadership for Tomorrow  
Through Learning Today**



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4-H Quebec

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