

# The News Spreader



CANADA  
4-H Quebec



## March 2025



Photo: IAT participants at Tranquillity Agriculture during the 2025 IAT. PC: Gillian MacDougall

## Innovative Agriculture Tour 2025!

After months of planning, The Lachute 4-H Club welcomed members from across the province for the Provincial Innovative Agricultural Tour, March 7th to 9th.

Friday night members from Ormstown, Richmond, Sawyerville, and Shawville joined Lachute for a meet and greet, where they had the chance to visit, play games, and learn a line dance! Saturday morning started off with a visit to McOuat Poultry Farm, where members geared up to follow biosecurity measures and for many visited, a poultry farm for the first time. Next stop was Desrosiers', a beef operation with a boutique on site. After lunch members visited Tranquillity Agriculture, Inc. who use robotics and technology on their dairy farm to advance their efficiency and productivity. The last stop of the day members were welcomed to Fromagerie et CIE. Here they had the opportunity to learn about cheese production and sample several of the delicious products.

To wrap up the day everyone enjoyed a delicious dinner and a night of dancing! Whether experienced or new to dancing, when it came to the Virginia reel everyone got up to dance. Sunday morning was an early start with the time change but that didn't stop members from being ready to go. Starting the morning at Intermiel, participants toured the warehouse and learned about bees and honey products, then moved to inside to tour their visitor center. The second stop of the morning was at Ferme Blondin. Specializing in dairy genetics, members learned about the business and the work that goes into it. Last but not least was a visit to Hadley Tree Farm, where participants learned about the challenges and rewards of growing Christmas trees.

A huge THANK YOU goes out to the members and volunteers of the Lachute 4-H Club who put together such a wonderful tour! See you in Sawyerville for Innovative Ag Tour 2026.

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# Ag Tour 2025!





# Ag Tour 2025!





# An International 4-H Experience

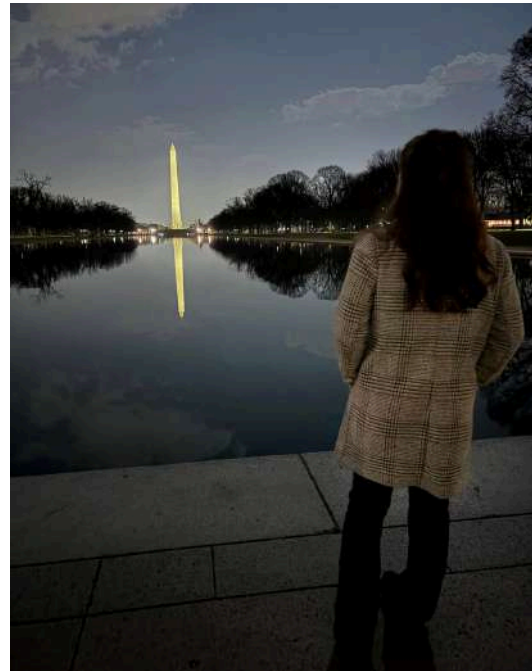


This year 4-H Canada was invited by 4-H National to send a delegation to the 2025 Ignite by 4-H Conference in Washington DC. Representing Quebec 4-H, Reese Rusenstrom from the Shawville 4-H Club, meet up with the rest of the Canadian delegation on March 12th to travel to the conference for an experience of a life time. The nine members from Canada, along with their two chaperones, joined over 1600 youth from all over the United States, Italy, and Spain. Reese shared that having so many 4-H youth in one building was so cool!

During their second day the delegates had a fun filled day with lots of keynote speakers, a tour of the monuments, activity sessions, trying new food, and more. By the end of the third day everyone needed sleep! Reese learned how to make glue out of powdered milk, she painted a sea shell as an activity in between workshops, toured the Stadium and gardens at the University of Maryland, looked at all the pins from the pin swap on night one, made a wheat necklace, went to the White House, learned about biosecurity, learned how to teach others about agriculture and different activities to do, toured the monuments again, learned about pigs, and met some pretty cool friends from all over, including Utah, Wisconsin, Delaware, Wyoming, Alaska, and Illinois.

The last day included workshops and then the dance to end off a wonderful conference. Reese said that 600 people on the dance floor at the same time it was unreal, and she recommends that EVERYONE go to Ignite if they get the opportunity.

A take away from the conference: **"4-H is so much more than livestock** - Tug of war, automobiles, sewing, target shooting, communications, cooking, swine, hunting & fishing, greenhouse, line dancing, design... Those are just a few things that people we met do as their projects!" - Reese



Go on the trips, take the chances, meet new friends, find your spark - Reese Rusenstrom





# CLUB CORNER

Keeping up with our clubs!

## HATLEY



By Allison Morse



In March, the Hatley 4H club visited la Ferme Bouffard et cie, where the members got to tour around and hear the interesting history about the family owned business.

We also had the opportunity to have an activity guessing weights and carcass weights of 4 meat steers. We are thankful for the amazing community we are surrounded by to visit these interesting businesses!





# CLUB CORNER

Keeping up with our clubs!

## SHAWVILLE



By Eloise Thompson



On March 15th the Shawville 4-H Club was invited to participate in a community bonspiel.

There was enough interest the club was able to enter two teams. Each team played two games.



The second game of the day the 4-H teams played each other for bragging rights and Ben's team walked away with the win.

There were lots of members who had never curled before. With help from two more experienced members we all learned the game very quickly. When we first took to the ice we were a little nervous but by the end of the day everyone was having a lot of fun!





# PROVINCIAL UPDATES



## 2025 Calendar of Events

Opportunity	Date	Host/Location
Vankleek Hill Square Dance Comp	April 26th	Vankleek Hill, Ont
Ormstown Square Dance Comp	May 3rd	Ormstown
Leadership Summit	April 11th-13th	Virtual
Citizenship Congress	May 10th-15th	Ottawa
Annual General Meeting	Spring 2025	Central location
Senior Members Weekend	Spring 2025	Montreal
NEW - Cloverbud days	Summer 2025	1 per region
Provincial Rally	July 17th-20th	Ormstown
Summer Junior Camp	Aug 3rd-5th	TBA
AJRQ Classic	Aug 15th-17th	St-Hyacinthe
National Members Forum	Fall 2025	TBA
Show your 4-H Colours Day	Nov. 5th	Across Canada
Intermediate Leadership Camp	Nov. 21st-23rd	TBA



### Funny Farm

What new crop did the farmer plant?

Answer:  
Beets mei

Interested in submitting an article or photo to The News Spreader?

Have an event you'd like to promote?

Send us an email at [coordinator@quebec4-h.com](mailto:coordinator@quebec4-h.com) by April 4th to be in the next edition!

Do you have dates you would like to see added to the calendar? Send them to Gillian

#### Contact Info

Provincial Coordinator  
**Gillian MacDougall**  
[coordinator@quebec4-h.com](mailto:coordinator@quebec4-h.com)  
819-650-2296



# PROVINCIAL UPDATES



## Provincial Square Dance Competition



# NEW DATE!

# March 23rd, 2025

**1:00 PM**

**Centennial Centre Ballroom, Macdonald Campus  
Sainte-Anne-de-Bellevue**



# PROVINCIAL UPDATES



Hi! My name is Mackenzie Peddie, and I am originally a member of the Howick 4-H Club, and this year a member of the Chateauguay Valley 4-H Club.

I am the oldest of 4 kids on a dairy farm, I am the secretary of an elementary school in the Valley, and this will be my 8th year in 4-H.

I started 4-H because my cousin Lindsay Gruer was in it, and I was encouraged by other kids in my elementary school to join. I was super involved, especially in square dancing, where I would practice by two-stepping to class in my new dancing shoes! Other projects I have done are handicraft, garden, calf, small livestock (I showed a guinea pig) and barn quilt.

When I'm not doing 4-H activities, I'm either working, hanging out with family and friends or writing articles for the local newspaper, The Gleaner. Other days I am simply relaxing by watching a TV show (my recommendation is Murdoch Mysteries, it's Canadian!) reading, play-fighting my cat Crosby, or giving my dog Whiskey a good belly rub. I hope that during my time as a YAC member, I can learn more about 4-H, how I can better support my community, make new friends, and bring home new ideas and ways to improve our own 4-H clubs.

Advice I would give to the younger members who are growing up in 4-H is to be open to new things and experiences, and to have fun in whatever you do. 4-H is all about learning, and making mistakes is part of it all, so don't be afraid of failing the first time. We also have amazing leaders in each club, and people at Quebec 4-H to help guide us in our journey through 4-H.

I cannot wait to start my journey as Quebec's YAC, and I'm super grateful for this opportunity! I will be attending different 4-H events throughout the year, so come say hi, I can't wait to meet you all!



# PROVINCIAL UPDATES



## WE ARE HIRING



### Event Coordinator - Full-Time Summer Position



Quebec 4-H is a non-profit community-based organization, dedicated to developing life skills for the English speaking rural youth of Quebec. This goal is accomplished with activities at the grassroots level via the network of clubs, with provincial activities and by an affiliation with 4-H Canada for National and International programs.

Quebec 4-H is looking for an Event Coordinator to assist with the Provincial summer events, including the Provincial Rally. The role will be approximately 35 hours per week for 16 weeks, with some flexibility in schedule including occasional weekend work. Hourly wage \$20. Potential start date May 5, 2025.

***To be successful in this role you require:***

- Knowledge of office software.
- Written and oral skills in both official languages.
- Attention to detail and ability to work independently.
- Team player attitude and experience.
- Flexibility in your schedule.
- Mobility to travel within the province.
- To be trained and screened according to 4-H Quebec policy.
- Knowledge and appreciation of the agricultural community is an asset.
- Willingness to occasionally work in varied environments (including youth camps & livestock barns).

**The general responsibilities of the position are to perform administrative coordination and outreach tasks for the planning, as well as the implementation of Quebec 4-H programs, including but not limited to Provincial Rally and Summer Junior Camp.**

- Collaborate with the team to plan, promote, advertise, and administer activities.
- Manage databases for event registrations and entries, ensuring accuracy and completeness.
- Correspond with members and clubs.
- Compile feedback and insights from past events, facilitating continuous improvement.
- Prepare various communication documents, including newsletters and social media posts.
- Communicate effectively with participants and volunteers to provide clarity and guidance.
- Demonstrate flexibility and creativity in problem-solving.
- Ensure compliance with relevant regulations and safety standards.

This role requires computer work and sitting, as well as physical work, including standing and lifting.

**Application Deadline: March 28, 2025** Apply to: [coordinator@quebec4-h.com](mailto:coordinator@quebec4-h.com).

*4-H is open to all without discrimination based on race, national or ethnic origin, colour, religion, sex, age or mental or physical disability. 4-H is dedicated to providing a safe and inclusive environment that allows for universal access and participation.*

**Quebec 4-H Association**

21,111 Lakeshore road, Sainte-Anne-de-Bellevue, QC



# NATIONAL NEWS



## Leadership Summit 2025

THRIVING YOUTH, THRIVING LEADERS



APRIL 11 - 13, 2025



A VIRTUAL EVENT



\$250



PRE-SUMMIT: \$50

10 HOURS OF LEARNING INCLUDING TWO INSPIRING KEYNOTE SPEAKERS, AND NINE ENGAGING WORKSHOPS | PROVINCIAL SHARING | NETWORKING OPPORTUNITIES | SO MUCH MORE!

*\*Prices include access to all sessions, recordings, and resources. Pre-Summit includes an additional 4 hours of learning.*

# SAVE THE DATE

# Adult Volunteers



### Interested in attending??

Reach out to Gillian at [coordinator@quebec4-h.com](mailto:coordinator@quebec4-h.com) to see how the provincial office can help you with this year's registration fee.

### Registration is now open!

Individuals can register directly with 4-H Canada [https://apply.4-h-canada.ca/prog/4-h\\_canada\\_leadership\\_summit/](https://apply.4-h-canada.ca/prog/4-h_canada_leadership_summit/)

Quebec 4-H will reimburse you for a minimum of

# 50%

of your registration fee!

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