

The News Spreader



April 2025



Photo: Couples from Lachute and Shawville dancing at the 2025 Competition.
PC: Hannah Crawford Photography

Back in the swing of it!

The 11th Annual Quebec 4-H Provincial Square Dance Competition was back after a four year hiatus and was a huge success. With 11 teams competing, the Ballroom of the Centennial Centre of Macdonald Campus was full of dancers, family, and square dancing enthusiasts. After having to postpone the original date of February 16th due to a major snowstorm that hit Quebec and Ontario, everyone was relieved to be greeted by sunshine the morning of March 23rd.

Before the competition started MC and Quebec 4-H president, Christina Knox welcomed everyone and had the pleasure of presenting the three recipients of the King Charles III Coronation Medals with their awards.

The cloverbuds kicked off the competition with two teams competing. Next up were the juniors, ages 9 to 13, with the Senior teams wrapping up the competition. While the judges deliberated everyone had a chance to refuel with a snacks and then hit the dance floor for the open dance. Callers of all ages and experience had the chance to call for a full house, with squares made up of members, family, and friends from across the province.

Thank you to all of our volunteers, the judges, Carrie Simpson and Jessica Rouleau, and the Neil Mckay band for helping to make the day possible!

Photo Credit: Hannah Crawford Photography

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Provincial Square Dance Competition

2025 Results



Junior Caller

Reserve Champion Junior Caller

Aurelia Lemelin (Richmond)

- pictured left with judge Carrie Simpson

Champion Junior Caller

Amy Sheppard (Shawville)

- pictured right with judges Jessica Rouleau and Carrie Simpson



Teams

Cloverbuds

2nd place - Shawville Cloverbuds

1st place - Lachute

Juniors

5th place - Ormstown Polkadots Juniors

4th place - Lachute Plaid

3rd place - Richmond Purple Petals

2nd place - Ormstown Purple Juniors

1st place - Shawville Juniors

Seniors

4th place - Lachute Seniors

3rd place - Prescott County 4-H Green Team

2nd place - Ormstown Seniors

1st place - Shawville Seniors



picture above: Lachute Cloverbuds



picture above: Shawville Juniors



picture above: Shawville Seniors

Photo Credit: Hannah Crawford Photography

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Provincial Square Dance Competition



Best Couples

Best up and coming Cloverbud couple

- o Lachute 2nd couple: Paisley Lalande & Carey Clark

Best Cloverbud couple

- o Shawville 3rd couple: Florence Lafromboise & Grace Pasch

Best up and coming Junior couple

- o Lachute 1st couple: Olivia McOuatt & Thomas Cowan

Best Junior couple

- o Ormstown Purple 2nd couple: Olivia Bourdeau & Hayden Cullen

Best up and coming Senior couple

- o Ormstown 1st couple: Cosette Mason & Keith Quinn

Best Senior couple

- o Shawville 3rd couple: Ben Judd & Kathleen Kelly



picture above: Olivia Bourdeau & Hayden Cullen with Hugh Maynard, Interim CEO of 4-H Canada





King Charles III Coronation Medal



The King Charles III Coronation Medal is a way to recognize outstanding individuals of all ages and from all walks of life who have made a difference in their communities, provinces, territories or who have attained an outstanding achievement abroad that brings credit to Canada.

We are proud to recognize the recipients for their contributions.



Ann Louise Carson

“As past CEO of Holstein Canada, Ann Louise has brought along her leadership and knowledge of industry management and regulations in order to improve the functions of our association.”

Stephanie Maynard

“Her volunteer work with Quebec 4-H as a leader has greatly contributed to the success of the Ormstown Club, helping to build an inclusive and active group that embodies community spirit. Stephanie also stepped up to act as the volunteer coordinator for Quebec 4-H during a period of significant changes ensuring a smooth transition.”



Paige Frost

“She is one to step up to the plate when things need to be done, and takes initiative in making change.”



Congratulations to our three recipients and thank you for your dedication to Quebec 4-H.



CLUB CORNER

Keeping up with our clubs!



CHATEAUGUAY VALLEY

By Mackenzie Peddie



Last month, we had our first ever Chateauguay Valley 4-H Club meeting, our elections, and started making maple syrup candles for our first fundraiser!





CLUB CORNER

Keeping up with our clubs!

HATLEY



By Allison Morse



In the month of April, the Hatley 4H club had their annual profit dance and visited a sugar camp. There we were lucky to taste maple syrup and judge it, as well as taste maple butter. We had a tree identification activity in the woods of the sugar shack. We also discussed plans for the upcoming months!!

Thank you to Peter and Molly for welcoming us at the sugar camp!



CLUB CORNER

Keeping up with our clubs!

HOWICK



By The Howick 4-H Club

Last week we had our Easter craft and cooking meeting. We made our own dyes out of food and dyed our Easter eggs with it. With the leftover eggs we made egg bites. Everyone had a blast!





CLUB CORNER

Keeping up with our clubs!

SAWYERVILLE



By Annabelle Delaney

Sawyerville has been hard at work fundraising for both our club and the upcoming Innovative Ag Tour, which we'll be hosting in March 2026. In February, we kicked off our efforts with a lively dance in Johnville, followed by our annual online Facebook auction in March.



On March 30th, we gathered at Rocking J Bar for a hands-on meeting focused on sheep. Despite the wet and muddy conditions, we had a great time learning how to judge, fit, and show sheep, while also sharpening our showmanship skills. Lee Ann and Josh kept everyone engaged with a fun trivia session packed with fascinating sheep facts.



It's been an exciting and productive few months, and we're looking forward to what's ahead as we prepare for the Innovative Ag Tour in 2026!



PROVINCIAL UPDATES



Funny Farm

Name a bird that you shouldn't take to the bank.

Answer:
A robin!

2025 Calendar of Events		
Opportunity	Date	Host/Location
Vankleek Hill Square Dance Comp	April 26th	Vankleek Hill, Ont
Ormstown Square Dance Comp	May 3rd	Ormstown
Citizenship Congress	May 10th-15th	Ottawa
Annual General Meeting	May 24th	Ste-Anne de Bellevue
Senior Members Weekend	May 24th-25th	Montreal
NEW - Cloverbud days	Summer 2025	1 per region
Provincial Rally	July 17th-20th	Ormstown
Summer Junior Camp	Aug 3rd-5th	TBA
AJRQ Classic	Aug 15th-17th	St-Hyacinthe
National Members Forum	Fall 2025	TBA
Show your 4-H Colours Day	Nov. 5th	Across Canada
Intermediate Leadership Conference	Nov. 28th-30th	Orford

Intermediate members!

Please take note that Intermediate Leadership Conference has changed dates. It will now be the last weekend of November in Orford.

Do you have dates you would like to see added to the calendar? Send them to Gillian



PROVINCIAL UPDATES



ANNUAL GENERAL MEETING



CANADA
4-H Quebec

MAY 24, 2025



Registration Open from:

MAY 1ST – MAY 15TH

Register on Amilia

Location: St. Anne de Bellevue



Open to all Quebec 4-H members, leaders, & Volunteer!

Members are encouraged to attend to participate in the election of the 2025–2026 provincial executive, join a committee, or listen to the club reports to find out what's new with other clubs!

Contact Info

Provincial Coordinator

Gillian MacDougall

coordinator@quebec4-h.com

819-650-2296

Interested in submitting an article or photo?

Have an event you'd like to promote?

Send Gillian an email by May 9th!



PROVINCIAL UPDATES



Senior Members Weekend

Members aged 15 to 25 are invited to join us for an over night event in Montreal following the Quebec 4-H AGM on May 24th, 2025.

Senior Members Weekend is a chance for older 4-H members to come together and have fun, while learning and making 4-H even better!

LET US KNOW WHAT YOU WANT!

Would you rather go to Laser Tag or an Escape Room?

Would you rather have a guest speaker present or a hands on workshop?

Share your ideas with Gillian to make this an event that you are excited for!



WHAT: SENIOR MEMBERS WEEKEND

WHEN: MAY 24TH-25TH, 2025

WHO: MEMBERS AGED 15 TO 25 YEARS OLD

WHERE: MONTREAL

COST: \$75

REGISTRATION OPEN ON AMILIA APRIL 25TH TO MAY 9TH

ARE YOU A VOLUNTEER INTERESTED IN CHAPERONING? SEND GILLIAN AN EMAIL

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PROVINCIAL UPDATES



A Quick Guide to Quebec 4-H's Guidelines for the Masterfeeds National Junior Beef Heifer Show



Quebec can send up to 14 participants to the Masterfeeds National Junior Beef Heifer Show at the Royal Winter Fair each year

4-H members must

- be a registered Quebec 4-H member
- be 10 to 21 years of age, as of Jan. 1, 2025.
- be in a member in good standing.
- pre-register a project animal with the Quebec 4-H Provincial Office by June 1, 2025.
- successfully complete their 2025 4-H Beef Heifer project.
- participate in 4 conformation classes and 4 showmanship classes
 - one must have been at the Quebec 4-H Provincial Rally or another provincial youth show
 - one must have been at the club's local fair or Achievement Day

Have questions about whether or not a show would count. Send us an e-mail at coordinator@quebec4-h.com to contact the Programs and Regulations Committee!

Selection

If there are more than 14 Quebec 4-H member who pre-register by June 1st for the Masterfeeds National Junior Beef Heifer Show, the top eight heifers provincially will be selected, followed by the six best showmen not involved in the eight best heifers based on points assigned to them by a panel of judges.

When less than 14 members have meet the qualifications, members who pre-registered by June 1st but have not participated in 4 conformation classes and/or 4 showmanship classes may be eligible to attend.

Dates and Deadlines

Pre-registration with Quebec 4-H - June 1st, 2025

Entry Deadline with the RAWF - Monday, October 6th, 2025

For full details please consult the Quebec 4-H Masterfeeds NJBHS Qualifications and Selection Guidelines 2025

Questions? Don't hesitate to reach out for clarification!

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PROVINCIAL UPDATES



MEET OUR SUMMER EVENT COORDINATOR!



I'm so excited to be back as the Event Coordinator Summer Student! I can't wait to work with Ormstown to plan an amazing Rally 2025 and to gain even more experience learning through other clubs. I hope to meet new members at junior camp and through our clover bud days this Summer. If you have any questions about events or anything else feel free to reach out to me this Summer!

You can reach out to her by email at events@quebec4-h.com starting May 5th.!

INSURANCE UPDATE

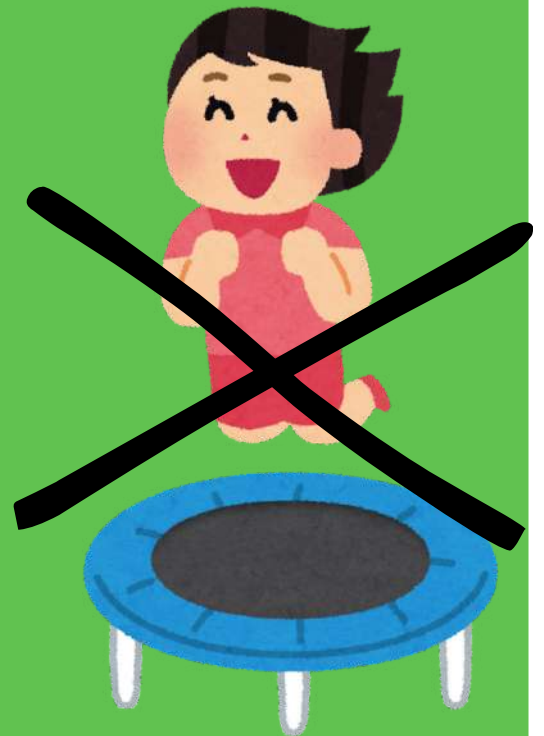
Our insurance coverage is reviewed and updated annually each year through 4-H Canada.

This year many of the activity restrictions that have previously been in place have been removed, such as alpine skiing!

The only activity that is still restricted is trampolining.

Have questions or need a proof of insurance certificate? Reach out to Gillian for help!

Please remember to fill out an activity plan online if your club will be organizing an activity outside of it's normal events, involves travel, overnight, etc.





PROVINCIAL UPDATES



The 2025 Garden Challenge winner is....

Stay tuned for the full details!

Thank you to everyone who took time to send in suggestion and vote on the finalists!



POTATOES!

Quebec 4-H Swag Give Away!

Each month, from April to September, we will be sending out a prize pack to one member. For a chance to win all you have to do is send in a picture of yourself following the month's theme.

Member's will have until the 10th of the following month to email their picture to contest@quebec4-h.com

April's theme is... 4-H projects!

Send us a photo of you and your project or participating in your project for a chance to win!



Winners will be announced in the following month's News Spreader. Photos entered may be used for promotional material and shared on social media.

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NATIONAL NEWS



2025 Leadership Summit - A Virtual Event!

Leadership Summit is an exciting opportunity for 4-H volunteer leaders and professionals to showcase the communities they are building, share innovative program ideas, and hear from experts on emerging topics. It includes a mix of workshops, an expert keynote, knowledge sharing, networking, and fun!

4-H is all about the “Learn To Do By Doing” approach. The best way to create a 4-H club where youth feel valued, connected, and supported is to experience these things when you attend Leadership Summit!

This year Quebec 4-H had four volunteers attend the Virtual Leadership Summit that was held April 11th to the 13th.

We are excited that Leadership Summit will be back in person and hosted in Calgary in February 2026!!

4-H INTERNATIONAL RURAL EXCHANGE TRIP - IRELAND 2026
May 13-20, 2026

COMING SOON!

Members must be 17-21 as of January 1st, 2025 to apply
Contact your provincial office for more information

Applications will open this summer!

The poster features a large group photo of participants holding an Irish flag and a 4-H banner, a smaller photo of a group in front of a castle, and another of a person in a field. The 4-H Canada logo is in the top right corner. The background is a mix of green and blue with decorative circular patterns.



NATIONAL NEWS



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AgriFOOD CHALLENGE

YOUTH LEADERS CREATE SUSTAINABLE SOLUTIONS



This year's competition will launch April 30 and closes November 30. Watch the website for more details.

4-H Canada Scholarships are BACK!

This year MNP is sponsoring five new scholarships of \$2,000 each. These scholarships will be awarded to senior 4-H youth planning to pursue post-secondary education in the areas of accounting, business, commerce, data management/analytics, finance, management or public administration.

Returning scholarships this year are:

- Campbellbrook Fund 4-H Canada Trade Scholarship (5 available, \$1,000 each)
- TD 4-H Agriculture Scholarship (12 available, \$3,000 each)
- John Deere Canada 4-H Scholarship (15 available, \$1,000 each)

Check out the Quebec 4-H 2025 Opportunities Guide and the 4-H Canada Website for more scholarship opportunities as well!

4-H Canada Scholarships close June 1, 2025