

The News Spreader



December 2025



Pictured above: ILC participants and senior member chaperone with guest speaker Josef Azam

Intermediate Leadership Conference 2025

Returning after two years, the Quebec 4-H Intermediate Leadership Conference took place the weekend of November 28th in Orford Quebec at Parkside Ranch. With seven intermediate members from 4 clubs joining us, it was a weekend filled with fun, learning, a whole lot of volleyball and line dancing.

Friday night members got to know each other through games and ice breakers, and were then joined by guest speaker Josef Azam who shared his story with the members and the importance of finding you why.

The next morning included personality tests and learning about working with people with different personalities, some fun team challenges, and a visit to the camp horses. After lunch Ed Humphrey gave a presentation on public speaking and the members each had a chance to prepare a short speech to present. For the evening entertainment, an instructor from the Winslow Dancers joined us for an fun evening of line dancing.

To finish the weekend off member work on SMART goals and enjoyed some impromptu tubing! Thank you to Lyzanne Cuddihy and Christina Knox for chaperoning the event.

"We stayed at a gorgeous horse camp where, on the last night, me and the girls had tea and hot chocolate before we planned a meeting. The meeting didn't end until midnight because we had to get to bed, but it was still amazing. It was such a great trip. I highly recommend it!"

—Khlöe, Shawville 4-H Member

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INTERMEDIATE LEADERSHIP CONFERENCE 2025



Thank
you!



For helping make this event possible!



NATIONAL MEMBERS FORUM



Seven members and one chaperone represented Quebec 4-H at the 2025 4-H Canada Members Forum. Members left early on the morning of November 29th to head to Calgary. This year members visited the Telus Spark Centre, Olds College, participated in Mentorship



Circles, and attended the Grow Canada Conference. Members Forum is also a wonderful opportunity for members to learn more about 4-H in other provinces and connect with members from across the country.

I truly enjoyed my time at Members Forum! Everyone there, including the staff, was so kind and welcoming, and I met amazing people from all across Canada. I learned a ton, from building a strong résumé to budgeting and managing money. I really feel like I've gained skills that will help me become a successful adult in the future. One of my favourite parts was talking with the mentors. They shared really helpful advice that made me think about what truly matters to me and what I want moving forward. Thank you for this opportunity and hope to participate next year!

- Annabelle Delaney, Sawyerville





CLUB CORNER

Keeping up with our clubs!

LACHUTE



By Olivia McOuat & Alicia Plouffe-Simon

The 4-H Elections

This year the Lachute 4-H Club held their annual meeting on November 20th where they chose their President, V.P, 2nd V.P, secretary, treasurer, Quebec representative, and publicity representatives.

- President: Hannah McOuat
- V. President: Erika Neil
- 2nd V. President: Lyle McOuat
- Secretary: Emily McOuat
- Treasurer: Shawn McOuat
- Quebec representative: Julia Silverson
- Publicity: Olivia McOuat and Alicia Plouffe-Simon.



The Christmas Parade

This year's Christmas parade was on Friday December 5th. The Lachute 4-H Club decided to bring their Christmas cheer as well! There was a very great turn out of 12 kids and 3 adults on the 4-H float. This year's float was nicely decorated and well attended.

The parade began at the Aréna Kevin Lowe Pierre Pagé and it ended at the McDonalds on Bethany street and returned back to the arena. There were several other floats that were nicely decorated with some people dressed up as Sky and Chase from the show paw patrol. There were also several grinches. Many people in the crowd were having a great time even though it was very cold!





CLUB CORNER

Keeping up with our clubs!

RICHMOND



By Aurelia Lemlin

Our club has been having a lot of fun during these past few months!

On October 26th, the Richmond 4-H members gathered at the Richmond United church to choose our new executive. By the time we all left, our stomachs were full from our brunch! A special thanks to Helen's Catering for cooking for us. We all enjoyed it!



On October 18th, members of the club enjoyed the day visiting the Village Québécois D'antan in Drummondville. They all went in their costumes and were impressed with the Halloween decorations. We all loved seeing everyone's costumes!

The Richmond 4-H held a Halloween costume contest. Members sent in photos of their costumes and a winner was chosen. We also sent in photos of our carved pumpkins for a pumpkin carving contest. The winners got to take home a big prize of... CANDY.



On November 3rd, members gathered at St-Francis Elementary School to decorate sugar cookies. The first step was to split all the 4-H members into groups, then they each made, decorated and presented their cookies to be judged. The best part was at the end we got to eat them!!!!





CLUB CORNER

Keeping up with our clubs!

RICHMOND



By Aurelia Lemlin

The dog project took off at the beginning of November, for a total of 4 meetings. Members learned about show dogs, walked together in Gouin park, learned about service dogs and gained more knowledge about dog breeds in general. On December 6th, members got to show their dog at the dog project's achievement day! A special thanks to Kelly Hodge and Maria Enright for organizing all the meetings as well as achievement day, and congratulations to all members who participated, as well as a special thank you to the volunteers and judges.



On December 4th the Richmond 4-H square dancers headed to the Wales Home senior residence to perform the Texas Star, Chase the Lady, as well as the Virginia Reel for them. At the end, we got to enjoy their legendary punch and cookies.

THANK YOU WALES HOME FOR HAVING US!!!!!!

On December 6th, Richmond held their Christmas light parade, and Richmond 4-H participated in it. Members decorated their float with lots of Christmas lights and decorations. We all had a great time! A special thanks to Phillip Porter and Kristen Smith for helping organize, and thanks to Agritex for letting us prepare the float in their garage!



Q: Why does Santa have 3 gardens?

A: So he can Ho Ho Ho them 🎅

Hope you have a great Christmas and a Happy New Year!!! 🎁





CLUB CORNER

Keeping up with our clubs!

SHAWVILLE



By Eloise Thompson

On November 21st at the Jack Graham Community Centre, we celebrated our annual 4-H banquet! We enjoyed a delicious meal and some amazing sweet treats. After dinner we handed out top honors for judging and aggregate as well as annual awards for most improved, spirit and dedication.

A huge thank-you to MacEwen Shawville for donating the door prizes!

We ended the night with some dancing, it's always the highlight of the night. Everyone had an absolute blast!



Dairy Members



Beef Members



Sheep Members



Horse Members



Rabbit Members



Goat Members



Chicken Member



Square Dance Members

On Sunday, December 7th members decorated over 215 cookies. We delivered them to different places in the community. Afterwards we had a fun hotdog lunch and of course members tried some of the cookies.

Cookie decorating has become a favourite holiday tradition for our club.





PROVINCIAL UPDATES



WINTER JUNIOR CAMP

JANUARY 23 - 25, 2026

GAMES - CRAFTS - FUN

Open to Junior members

Aged 9 to 12 years

Registration

December 15th to January 9th

\$70 per member

CAMP DES ILES

Saint-André-d'Argenteuil, QC

Theme:

4-H OLYMPICS



REGISTRATION NOW OPEN IN AMILIA

<https://app.amilia.com/store/en/quebec-4-h/shop/programs>





PROVINCIAL UPDATES



2026 MEMBERSHIP REGISTRATION NOW OPEN

MEMEBER REGISTRATION

- [HTTPS://APP.AMILIA.COM/STORE/EN/QUEBEC-4-H/SHOP/PROGRAMS](https://app.amilia.com/store/en/quebec-4-h/shop/programs)

LEADER REGISTRATION

- [HTTPS://APP.AMILIA.COM/STORE/EN/QUEBEC-4-H/SHOP/MEMBERSHIPS/63767](https://app.amilia.com/store/en/quebec-4-h/shop/memberships/63767)

VOLUNTEER REGISTRATION

- [HTTPS://APP.AMILIA.COM/STORE/EN/QUEBEC-4-H/SHOP/MEMBERSHIPS/63768](https://app.amilia.com/store/en/quebec-4-h/shop/memberships/63768)

50% OFF FOR NEW MEMBERS JOINING IN 2026!



CANADA

PROVINCIAL UPDATES



CANADA

CANADA
4-H Quebec

PROVINCIAL RALLY

SAVE THE DATE
JULY 30TH TO AUGUST 2ND

LACHUTE, QUEBEC - THEME: SPORTS

OPEN TO 4-H AND AJRQ MEMBERS AGED 10 TO 25
REGISTRATION: MAY 15 TO JUNE 1, 2026

FOR MORE DETAILS
CONTACT COORDINATOR@QUEBEC4-H.COM

QUEBEC 4-H E-STORE SWEATERS, COATS, HATS, AND MORE...



CHECK IT OUT

https://4hquebec.fundytextile.com/4-h_quebec/shop/home

CHAPERONE DISCOUNT
50%
OFF
A FUTURE PROVINCIAL
PROGRAM



**NEXT OPPORTUNITY
WINTER JUNIOR CAMP
JANUARY 23 TO 25.**

**REACH OUT TO GILLIAN FOR
MORE DETAILS!**



PROVINCIAL UPDATES



HAHA!

Funny Farm
How do you build a snow fort?

Answer:
You igloo it together!

Winter 2026 Winter Calendar of Events		
Opportunity	Date	Host/Location
Winter Junior Camp	January 23 rd - 25 th	Saint-André-d'Argenteuil
Mini Mac Judging Competition	February 14 th	Ste-Anne-de-Bellevue
Innovative Ag Tour	March 13 th - 15 th	Sawyerville
Provincial Square Dance Competition	March 28 th	Ste-Anne-de-Bellevue

Provincial Coordinator
Gillian MacDougall
 coordinator@quebec4-h.com
 819-650-2296

Do you have dates you would like to see added to the calendar?
 Send them to Gillian

Interested in submitting an article or photo?
 Have an event you'd like to promote?
 Send Gillian an email by January 9th!

Check us out on social media!



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PROVINCIAL UPDATES

A circular wreath made of green holly leaves and red berries, with a red ribbon tied in a bow at the bottom center. The background is dark blue with white snowflakes.

**Wishing everyone
a safe and
Happy Holidays!**

The provincial office will be closed from December 18th to January 5th.
Emails will be monitored during this period.





NATIONAL NEWS



4-H Canada

Citizenship Congress 2026

OTTAWA, ON
MAY 11-16, 2026



May 11-16, 2026



University of Ottawa
Ottawa, ON



Ten (10) members (age 15-21) and
one (1) chaperone from each province



\$675/member - includes meals, flights,
accommodations, & programming

**pending approved funding*



CANADA

Early Bird Registration Deadline – Saturday, January 31, 2026

Quebec 4-H will help cover a minimum of 1/3 of the registration cost for members.

Interested in attending?

Reach out to the Provincial Office at coordinator@quebec4-H.com today!



DECEMBER'S GAME OF THE MONTH



WINTER

word search

B	J	F	A	T	Y	I	W	X	N	M	O	O	U	S
M	I	T	T	E	N	S	K	C	T	G	E	S	N	P
W	T	Q	S	A	B	G	H	K	N	C	L	O	I	R
F	V	G	O	S	P	N	F	M	J	L	W	A	P	E
J	L	F	N	H	W	K	T	F	J	M	D	W	E	V
N	U	Y	D	O	Y	E	M	H	A	D	C	X	N	O
X	G	H	R	V	M	H	A	N	X	I	Q	A	G	E
S	J	D	S	E	S	O	U	T	B	R	S	E	U	W
G	C	B	N	L	F	D	S	R	E	Y	L	J	I	B
P	O	A	B	V	C	A	Z	R	X	R	E	S	N	J
U	G	H	R	F	B	V	B	E	D	S	D	Q	X	V
J	L	B	X	F	Y	C	O	A	U	S	D	B	J	N
P	G	B	S	O	N	A	O	B	G	T	I	S	W	I
L	B	L	A	N	K	E	T	P	M	J	N	A	T	C
E	C	A	G	D	J	K	S	O	F	E	G	L	B	M

Snowman

Shovel

Blanket

Boots

Sledding

Sweater

Mittens

Scarf

Penguin