

The News Spreader



June 2025



Photo: 2025 Senior Members' Weekend participants.

Our Senior Members Weekend was a great success! Eight of our members came together for a fun-filled and memorable weekend on May 24th and 25th, in downtown Montreal. The city provided the perfect backdrop as we explored, learned, and connected with each other.

We kicked things off with a lively photo scavenger hunt that had us discovering hidden gems around Montreal. Navigating the city by metro added an extra layer of adventure to our travels. One of the weekend highlights was an action-packed game of laser tag – a perfect way to unleash some friendly competition.



Throughout the weekend, we also took time to reflect on our club's successes and challenges, sharing valuable insights and ideas for the future. It was inspiring to hear the different perspectives and experiences from fellow members.

Another standout activity was the outdoor escape room, which tested our teamwork and problem-solving skills as we raced against the clock across various downtown locations. And of course, with so many exciting activities, there was no shortage of walking – we certainly earned our rest by the end!

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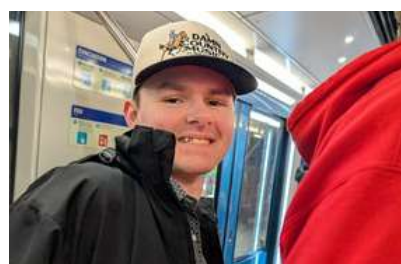
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SENIOR MEMBERS' WEEKEND 2025





QUEBEC 4-H

ANNUAL GENERAL MEETING

May 24th, 2025



Shawville 4-H Club



Sawyerville 4-H Club



Hatley 4-H Club

Award Winners

Best Presentation at Quebec 4-H Annual General Meeting

Shawville: presented by Eloise, Mackenzie, and Rosie

Most Improved Club

Sawyerville 4-H Club

Most Community Involvement

Hatley 4-H Club

Leadership Challenge Award present to a 4-H member for outstanding leadership ability

Christina Knox



Christina Knox



Welcome back for another year to our executive committee! Picture above Connor Bryson, Keith Quinn, Maeve McIntyre, Christina Knox, and Paige Frost.



Thank you to our 2024-2025 Advisors! Picture above Caroline Begg, absent Stephanie Maynard.



CLUB CORNER

Keeping up with our clubs!

RICHMOND



By Kianna Keenan



The Richmond 4-H Club appreciates the support of our amazing community in all our ideas. On Saturday, June 7th 2025 the Richmond 4-H Club had the first showmanship clinic at our local seniors residence, The Wales Home.

Thank you to Nick Mailhot who taught horse showmanship & Jessica Bryson for bringing the horse, Savannah Crack who taught the dairy showmanship & Adam & Jessica Nelson for bringing the heifers. We appreciate Larry Mastine for bringing the sheep and Angie Mastine for doing the sheep showmanship clinic. Thank you to Ashley Carrier Cathcart for bringing the rabbits and doing the showmanship clinic & to Madison for bringing her rabbit. Last but not least, thank you to Chad Quinn for bringing the tractor and doing the tractor safety and Agritex for our gift bags!

A big thank you to the Wales Home team for facilitating this event as well as the amazing staff working today that helped bring residents to the event.





CLUB CORNER

Keeping up with our clubs!

SHAWVILLE



By Eloise Thompson

Our club was quite busy in the month of May! We participated in 4 community events. We went to McDowell Spring Fair, Onslow Spring Fair, Campbell's Bay Block Party and the RCMP Musical Ride Community Day. We sold ice cream and freezies at all four events and brought small animals to the two schools. McDowell was a great night to be out and the animals are always a big hit with the kids. Onslow was wet but it didn't stop students from enjoying a cold treat. In Campbell's Bay we sold ice cream while wearing mittens! Finally for the RCMP Musical Ride with the cold weather we changed plans and sold coffee and hot chocolate which a lot of people drank to keep nice and warm. In addition to running the 4-H booth all three teams of square dancers also provided entertainment in the homecraft building.



Pictures provided by: Eloise Thompson



PROVINCIAL UPDATES



Funny Farm

Did you hear the cheesy weather forecast?

Answer:
Rain with light Bries!

2025 Calendar of Events

Opportunity	Date	Host/Location
Valley Cloverbud Day	July 5th	Ormstown
Shawville Cloverbud Day	July 6th	Shawville
Provincial Rally	July 17th-20th	Ormstown
Township Cloverbud Day	August 2nd	Sherbrooke
Summer Junior Camp	Aug 3rd-5th	TBA
Lachute Cloverbud day	August 9th	Lachute
AJRQ Classic	Aug 15th-17th	St-Hyacinthe
Show your 4-H Colours Day	Nov. 5th	Across Canada
Intermediate Leadership Conference	Nov. 28th-30th	Orford
National Members Forum	Nov 29th-Dec 4th	Calgary

Interested in submitting an article or photo to The News Spreader?

Have an event you'd like to promote?

Send us an email at coordinator@quebec4-h.com by June 6th to be in the next edition!

Do you have dates you would like to see added to the calendar?

Send them to Gillian

Contact Info

Provincial Coordinator
Gillian MacDougall
coordinator@quebec4-h.com
 819-650-2296





PROVINCIAL UPDATES



Provincial Rally

Vet Check



Check your emails for a copy of the Vet Check guidelines!

Quebec 4-H will now be following the **New Brunswick 4-H Standard Operating Procedures - Provincial Show Vet Check** guidelines for the Quebec 4-H Provincial Rally vet check.

One Quebec 4-H staff member will be meeting clubs at their designated arrival time to check animal entries and accompany the vet selected to perform the vet check.

The decision to send the animal home will be made by the chosen vet(s), and their decision is final.

If a participant's animal is sent home, they may still participate in Rally, but may not participate in an animal project (taking another animal is not allowed).

Club Registration

This year we are asking Clubs to registration via the Google form shared in the Rally email. It can also be opened by scanning the QR code.



Onsite Camping

There will be water hookups and power available but no sewage. Showers are available onsite. The cost for camping is \$40 for trailers and \$20 for tents. To reserve your camping spaces please complete the following form.



Meal Plans and Banquet Tickets

Meal plans include the banquet ticket and each participant and designated chaperone will automatically be registered for all meals. Family and Friends interested in purchasing a meal plan (\$85) or banquet ticket (\$30)? Fill out the form here.



Registration for Provincial Rally Closes JUNE 14!!
Check your email for the link to AssistExpo to register.



PROVINCIAL UPDATES



CANADA
4-H Quebec

CLOVERBUD DAYS

Activities:

- Crafts
- Games
- Snacks
- Fun!



During this one-day activity, members will explore the world of 4-H through fun activities, including crafts, games, and more. It's a perfect opportunity to learn, play, and make new friends!

A Cloverbud Day is scheduled for each of the four regions on the following dates:

- Valley (Chateauguay Valley, Howick, Huntingdon, Ormstown Clubs)
 - Saturday July 5th in Ormstown.
- Shawville
 - Sunday, July 6th in Shawville.
- Townships (Hatley, Richmond, Sawyerville Clubs)
 - Saturday, August 2nd in Sherbrooke.
- Lachute
 - Saturday August 9th in Lachute.

Cloverbud days will run from 9:30 am to 4 pm and there is a \$10 registration fee per member.

Registration is now open in Amilia! Deadline to register is June 27th



PROVINCIAL UPDATES



Quebec 4-H Swag Give Away!

Each month, from April to September, we will be sending out a prize pack to one member. For a chance to win all you have to do is send in a picture of yourself following the month's theme.

Member's will have until the 10th of the following month to email their picture to contest@quebec4-h.com

June's theme is... Dairy!

Send us a photo of you with a bouquet or a flower garden!

Winners will be announced in the following month's News Spreader. Photos entered may be used for promotional material and shared on social media.





NATIONAL NEWS



4-H Canada

Members Forum 2025



November 29-December 4, 2025



Courtyard by Marriott Calgary Airport
Calgary, Alberta



Seven (7) members (age 15-21) and
one (1) chaperone from each province

SAVE THE DATE



syngenta.

AgriFOOD CHALLENGE

YOUTH LEADERS CREATE
SUSTAINABLE SOLUTIONS



Now open!

Challenge closes November 30.

Watch the website for more details.



NATIONAL NEWS



CLUB-TO-CLUB EXCHANGE



Up to 10 clubs will be selected to participate in 2026. Clubs will then be paired with another club, from a different part of the country.

In order to uphold current safety standards, such as maintaining the rule of two, exchanges will be held in communal stay locations like dorms, camps or community-owned properties.

Who can participate?

- Member participants must be 12–17 years of age by the date of by date of first exchange in summer 2026
- Each club must provide two screened and trained adult chaperones.
- A club can be made up of members from an existing club, or a club created for this purpose
- made up of members from a region, district area or whole province.
- Clubs must include 10 youth participants
- All members and chaperones must be in good standing as determined by their provincial association from the time of registration with 4-H Canada through to the completion of travel.

When does travel take place?

Exchanges take place within three periods of travel. Groups will host for one period and travel for another.

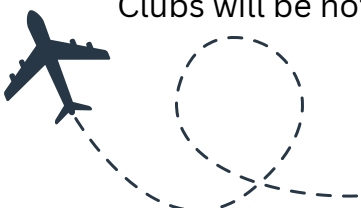
- July 6-18, 2026
- July 26-Aug 8, 2026
- Aug 16-28, 2026

What is the timeline for the applications?

Applications will open July 7 and be due by August 18, 2025.

Clubs will be notified by September 12, 2025 if they have been selected to participate.

Questions? please contact clubtoclub@4-h-canada.ca.



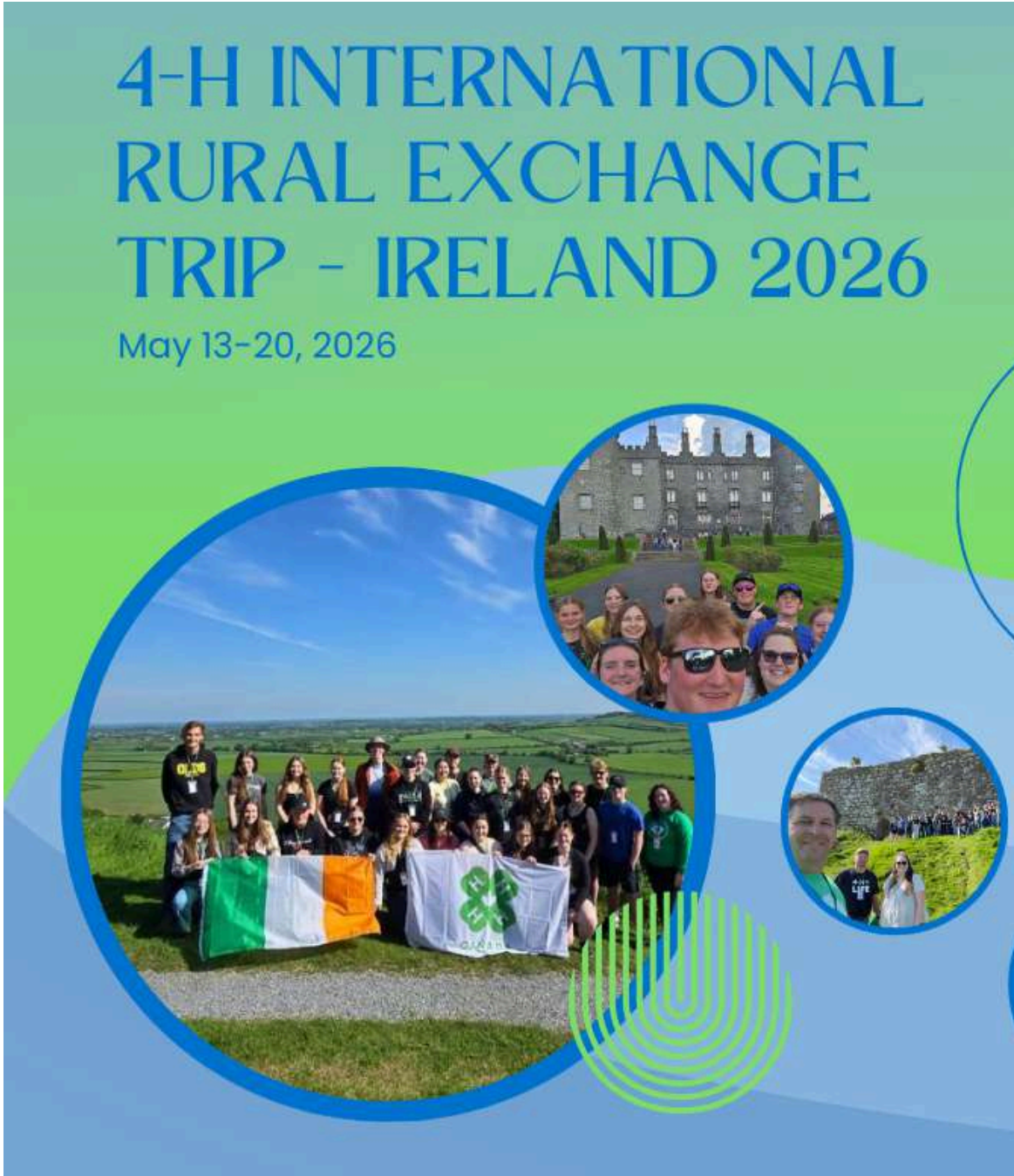


NATIONAL NEWS



4-H INTERNATIONAL RURAL EXCHANGE TRIP - IRELAND 2026

May 13-20, 2026



Quebec 4-H has two spots to fill!

When: May 13-20, 2026

Who: Members aged 17-21 as of Jan 1st (Must be registered members in 2026)

Cost: \$1,950 plus flights

Applications open July 1st.

Application deadline August 15th.

Delegate announcement September 2nd.

The News Spreader - June 2025 - Quebec 4-H