

# The News Spreader



May 2025



Photo: Members participating in the Richmond 4-H Dog Achievement Day on May 10<sup>th</sup>, 2025  
PC: Maria Enright

## There's a New Project in Town!

This spring, Richmond 4-H was the first club in Quebec to run a Dog Project. Our members were very enthusiastic about starting a new project. Ten members and eight dogs participated in the project. At our first event, we met all the dogs and had a dog trainer come to teach us some new tips on how to train a dog properly and some new tricks. During our second meeting, we baked healthy dog treats for our companions, which was a great success, and the dogs loved them. At our third meeting, we learned how to properly groom our dogs. Last but not least, we had a meeting at the vet clinic in Richmond. It was an interesting meeting, we got a tour of the clinic and got to know the process of care that the vets go through when you bring an animal to them. We also learned how to properly brush their teeth, as well as the good and bad things for our dogs. As a participant, I was excited for each



meeting, and I learned a lot of new information. Finally, with the knowledge our members received from these events, we had a dog achievement day. Overall, our members worked extremely hard to train their dogs, and it was a great success. Thank you to the FCC for a grant that made this project possible. We are eagerly waiting for future dog projects.

By Jessica Frost

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# RICHMOND CANINE PROJECT



Members making homemade dog treats.



Members learning how to clean and wash their furry friends.

Members a touring the vet clinic.



Members at the 2025 Richmond Dog Project Achievement Day May 10<sup>th</sup>, 2025



# Ormstown Square Dance Competition

## 2025 Results



**1<sup>st</sup> Place Cloverbud Team**  
Ormstown



**1<sup>st</sup> Place Junior Team**  
Shawville



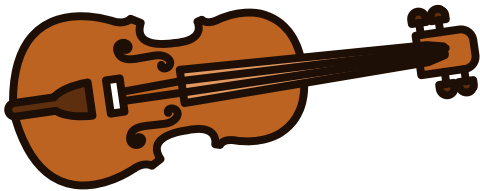
**1<sup>st</sup> Place Seniors Team**  
Ormstown

### Best Junior Caller

- Christina Knox (Ormstown)

### Best junior musician

- Ashley Flipsen (Prescott)



### Best Cloverbud couple

- Shawville 1st couple
  - Rebecca Stephens and Laurel Sally

### Best Junior couple

- Shawville 1st couple
  - Raelynn Sally & Braylie Bullis

### Best Senior couple

- Shawville 1st couple
  - Amy Sheppard & Mckenna Richardson



Best Junior Caller



Best Cloverbud Couple



Best Junior Couple



Best Senior Couple



# CLUB CORNER

## Keeping up with our clubs!

# SHAWVILLE



By Eloise Thompson

On April 12th, the Shawville 4-H Club held a sheep clinic in Renfrew. We went to Shanna and Tyler Armstrong's Farm, Pinnacle Haven Farm. During the clinic, we visited their Dorset sheep, learnt about small animal farm management and different farming practices. At the end of the clinic, we practiced sheep judging. We especially liked Lollipop the guardian llama!

A special thanks to Shanna and Tyler for opening their doors to us!



Then on April 18th the club held a business meeting at Ferme Andrew Simms Farm where we visited Andrew Simms & Donna Courchesne's Purebred Dorper sheep. Curtis Driscoll talked about how to pick market and ewe lamb projects. He showed us what to look for in a sheep and talked about how he feeds his sheep. He also covered sheep showmanship and talked about how it is important to exercise your sheep everyday. At the end of the activity we got to judge a flock of market sheep and share our reasons.

Thank you to Donna and Andrew for hosting the club and Curtis for sharing his knowledge. Members have learnt a lot this month to help them select their sheep projects and begin getting them ready for show season.



Pictures provided by: Eloise Thompson



# CLUB CORNER

Keeping up with our clubs!

## SAWYERVILLE



By Annabelle Delaney

On April 13th, the Sawyerville 4-H club held a judging clinic for our older members where they judged market hogs, seeds, maple syrup and footwear, while our Cloverbuds learned essential skills like how to halter animals using large stuffies that families supplied, how to tie knots safely, and practice farm safety.

It was a great learning experience for all of the members! The adults enjoyed themselves as well as they played the role of our judges!





# PROVINCIAL UPDATES



**HAHA!**

## Funny Farm

What did the horse say after it tripped?

Answer:  
Help! I've fallen and I can't get up!

### 2025 Calendar of Events

Opportunity	Date	Host/Location
Annual General Meeting	May 24th	Ste-Anne de Bellevue
Senior Members Weekend	May 24th-25th	Montreal
NEW - Cloverbud days	Summer 2025	1 per region
Provincial Rally	July 17th-20th	Ormstown
Summer Junior Camp	Aug 3rd-5th	TBA
AJRQ Classic	Aug 15th-17th	St-Hyacinthe
National Members Forum	Fall 2025	TBA
Show your 4-H Colours Day	Nov. 5th	Across Canada
Intermediate Leadership Conference	Nov. 28th-30th	Orford

Interested in submitting an article or photo to The News Spreader?

Have an event you'd like to promote?

Send us an email at [coordinator@quebec4-h.com](mailto:coordinator@quebec4-h.com) by June 6th to be in the next edition!

Do you have dates you would like to see added to the calendar?  
Send them to Gillian

#### Contact Info

Provincial Coordinator  
**Gillian MacDougall**  
[coordinator@quebec4-h.com](mailto:coordinator@quebec4-h.com)  
819-650-2296



# PROVINCIAL UPDATES



## Provincial Rally

### Dress Code Update

#### Pants

This year all members who have been required to wear white pants in the past at Rally are being asked to wear black pants for Rally 2025.



This includes dairy heifers, dairy goats, rabbits.



#### Show Number Harnesses

All members are invited to wear a harness for the participant number in place of a hat. All participants will be provided with a show hat and it is up to the member to choose if they would like to wear the hat or use the number in a harness.

**Questions? Don't hesitate to reach out for clarification!**

### Rally Judging ID Class list

- |                           |                    |                  |
|---------------------------|--------------------|------------------|
| Ash                       | Ginkgo Biloba      | Scotch Pine      |
| Balsam Fir                | Hemlock            | Shagbark Hickory |
| Basswood                  | Ironwood           | Silver Maple     |
| Beech                     | Jack pine          | Silver Poplar    |
| Bitternut Hickory         | Juniper            | Sugar Maple      |
| Black Cherry              | Larch /Tamarack    | Sumac            |
| Black Spruce              | Little Leaf Linden | Trembling Aspen  |
| Black Walnut              | Manitoba Maple     | White Birch      |
| Bur Oak                   | Mugo Pine          | White Cedar      |
| Butternut                 | Norway Spruce      | White Oak        |
| Colorado Blue Spruce      | Pitch Pine         | White Pine       |
| Concolor Fir              | Red Cedar          | White Poplar     |
| Crimson King Norway Maple | Red Maple          | White Spruce     |
| Douglas Fir               | Red Oak            | Yellow Birch     |
| Elm                       | Red Pine           |                  |



**Registration is now open for the Provincial Rally!!  
Check your email for the link to AssistExpo to register  
today!**

Late fees apply starting June 1<sup>st</sup>.



# PROVINCIAL UPDATES



## Provincial Rally

### Age Categories as of January 1<sup>st</sup>, 2025

Cloverbuds - 6 to 9

- Host Club and 3 neighbouring clubs only

Junior - 10 to 12

Intermediate - 13 to 15

Senior - 16 to 21

Proven 22 to 25



### Life Skills Class Update!

The water colour class will now be on an 8 x 10 inch water colour paper and not a canvas.



### Club Registration

This year we are asking Clubs to registration via the Google form shared in the Rally email. It can also be opened by scanning the QR code.



### Onsite Camping

There will be water hookups and power available but no sewage. Showers are available onsite. The cost for camping is \$40 for trailers and \$20 for tents. To reserve your camping spaces please complete the following form.



### Meal Plans and Banquet Tickets

Meal plans include the banquet ticket and each participant and designated chaperone will automatically be registered for all meals. Family and Friends interested in purchasing a meal plan (\$85) or banquet ticket (\$30)? Fill out the form here.



**REGISTER NOW**



### NEW! Crop Competition

This will be a club competition, where together members from participating clubs can put together samples for the listed classes and enter them for their club. Each Club is to submit one sample per class and to delegate one person per class to present on their behalf. Scoring - 20% of the mark will be on the presentation and knowledge, the remaining 80% will be marked on the sample itself.

Presenters may be asked questions by the judge.



### The 2025 Crop Classes

Corn Silage

Haylage

1st cut grass Hay

Radishes

Beets



**The News Spreader - May 2025 - Quebec 4-H**



# PROVINCIAL UPDATES



TD Canadian 4-H Dairy Classic &  
Masterfeeds National Junior Beef Heifer  
Show

**PRE-REGISTRATION**

**Deadline  
June 1, 2025!**

**<https://www.assistexpo.ca/rawf>**



**CANADA**  
4-H Quebec

Questions?? Contact Gillian at  
[coordinator@quebec4-h.com](mailto:coordinator@quebec4-h.com)  
819-650-2296





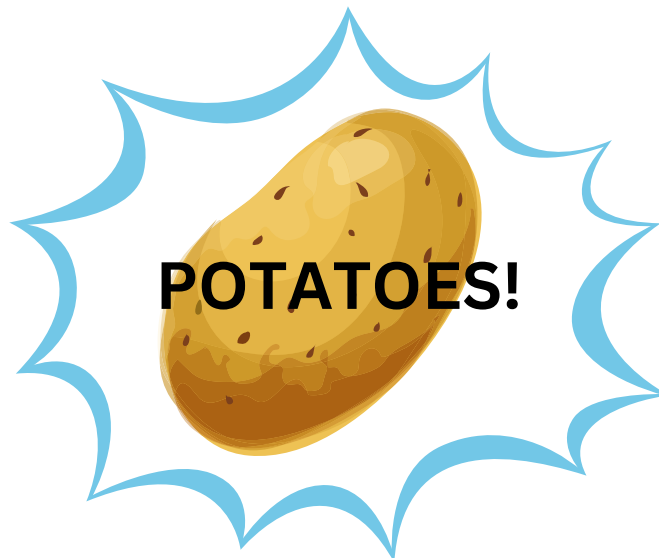
CANADA

# PROVINCIAL UPDATES



CANADA

## The 2025 Garden Challenge



**This year members are encouraged to try their hand at growing potatoes!**

**This Fall there will be prizes for members who have...**

**The Largest yield**

(number of potatoes and pounds of potatoes)

**The Biggest Potato**

**The Weirdest Shaped Potato**

**What are you going to do with all these potatoes?**

**Clubs who donate potatoes to a food bank or other organization will be entered into a draw!**

**Is gardening not your cup of tea?**

All members will be invited to participate in a **Potato Stamp Art Contest** this Fall

or

put on your chef's hat and submit a photo of you testing out a **Potato Recipe!**

(Bonus entry if it is a club activity or you share with your club!)



# PROVINCIAL UPDATES



**Congrats to Meredith Lambie (pictured left), from the Richmond 4-H Club for being our first Swag Give Away winner!**

Meredith's mum Shanna shared the picture, which is of "Meredith... on her way to show her dairy calf project last September. Meredith is in her last year as a Cloverbud, and she is going once a week this spring to help chore at Pavue Farm in Richmond and help get calves ready for achievement day in June. We are a 4-H family who live in a city, so we are so so grateful to farmers like Maria Enright and Tim Keenan for sharing their passion and their animals with the community."

**Shout out to Christina Knox (pictured below), from the Ormstown 4-H Club, for submitting a photo with her 2025 dairy project!**

## Quebec 4-H Swag Give Away!

Each month, from April to September, we will be sending out a prize pack to one member. For a chance to win all you have to do is send in a picture of yourself following the month's theme.

Member's will have until the 10th of the following month to email their picture to [contest@quebec4-h.com](mailto:contest@quebec4-h.com)

**May's theme is... Flowers!**

Send us a photo of you with a bouquet or a flower garden!



Winners will be announced in the following month's News Spreader. Photos entered may be used for promotional material and shared on social media.

**The News Spreader - May 2025 - Quebec 4-H**



# NATIONAL NEWS



## 4-H Canada - Citizenship Congress

Ben Judd, from the Shawville 4-H Club, was the only Quebec 4-H delegate at the 2025 Citizenship Congress, which took place in Ottawa May 10<sup>th</sup> to the 15<sup>th</sup>.

As part of the 4-H Canada Youth Advisory Committee, Mackenzie Peddie, from the Chateaugay Valley 4-H Club, attended the event as part of the organizing committee.



In alignment with the mission of all 4-H Canada youth programs, the central aim of the Citizenship Congress is to enable delegates to put into practice the skills and knowledge they acquire, transforming them into responsible, caring, contributing members, and citizens within their local communities through hands-on learning experiences, delegates engage with each other, parliamentarians, Knowledge Keepers, and business leaders all set against the backdrop of the nation's capital.

Each year Quebec 4-H is given the opportunity to send 7 members and a volunteer chaperone to the 4-H Canada Citizenship Congress.

Pictures provided by: Ben Judd

**The News Spreader - May 2025 - Quebec 4-H**



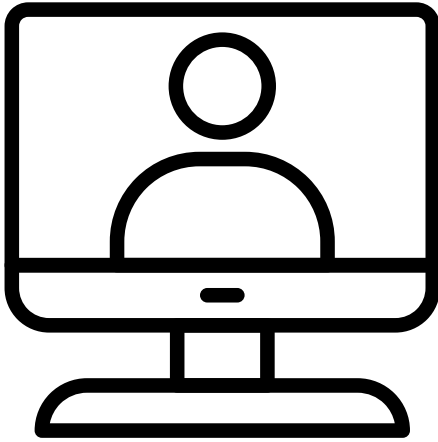
# NATIONAL NEWS



## Technology in Motion! Careers at CN

Safety, leading responsibility, and succeeding together are just some of CN's core values. Each year CN moves more than 300 million tons of natural resources, manufactured products, and finished goods throughout North America. To do that efficiently takes a highly skilled workforce of committed individuals across a wide range of careers, working towards a shared set of goals.

You've likely seen the trains. Now discover the many roles that keep them moving - and explore the exciting career opportunities waiting for you at CN! Join us for an informative webinar to learn about the vast array of careers available at CN.



Date: Tuesday, June 3, 2025, at 7pm ET

Recommended for: All 4-H'ers

What you'll need: Access to Zoom on a computer or mobile device

Presenters:

Trevor Sheppard – Senior Manager Training - Transportation

Warren Lee – Director Sales – Industrial Products

Julianne Threlfall – Manager Public Affairs

Please register in advance.

And if you have questions, please contact [programs@4-h-canada.ca](mailto:programs@4-h-canada.ca).

**COMING SOON!**

4-H INTERNATIONAL RURAL EXCHANGE TRIP - IRELAND 2026  
May 13-20, 2026

Members must be 17-21 as of January 1st, 2025 to apply  
Contact your provincial office for more information

**Applications will open this summer!**



# NATIONAL NEWS



## Club-to-Club Exchange

### Club-to-Club Exchange is back!

Club-to-Club Exchange, a national program that brings together 4-H members from across Canada, is back again for the summer of 2026.

Up to 10 clubs will be selected to participate. Clubs will then be paired with another club, from a different part of the country.

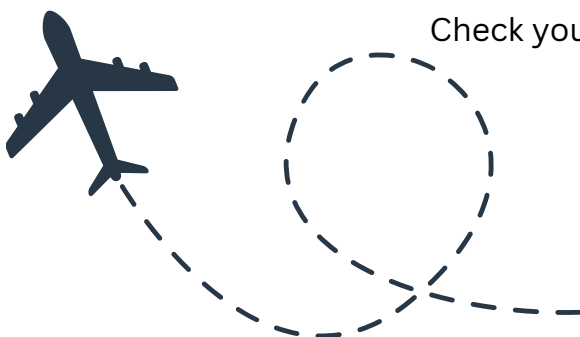
In order to uphold current safety standards, such as maintaining the rule of two, exchanges will be held in communal stay locations like dorms, camps or community-owned properties.

Sponsored by Canadian Heritage, the exchanges will foster a sense of national identity, create a sense of belonging to Canada, and build connections that strengthen the fabric of Canadian society.

Applications will open July 7 and be due by August 18, 2025. Clubs will be notified by September 12, 2025 if they have been selected to participate.

Check your emails for more details!

Questions? please contact [clubtoclub@4-h-canada.ca](mailto:clubtoclub@4-h-canada.ca).





# NATIONAL NEWS



**AgriFOOD CHALLENGE**  
YOUTH LEADERS CREATE SUSTAINABLE SOLUTIONS

**Now open!**  
**Challenge closes November 30.**  
**Watch the website for more details.**



## 4-H Canada Scholarships are BACK!

This year MNP is sponsoring five new scholarships of \$2,000 each. These scholarships will be awarded to senior 4-H youth planning to pursue post-secondary education in the areas of accounting, business, commerce, data management/analytics, finance, management or public administration.

Returning scholarships this year are:

- Campbellbrook Fund 4-H Canada Trade Scholarship (5 available, \$1,000 each)
- TD 4-H Agriculture Scholarship (12 available, \$3,000 each)
- John Deere Canada 4-H Scholarship (15 available, \$1,000 each)

Check out the Quebec 4-H 2025 Opportunities Guide and the 4-H Canada Website for more scholarship opportunities as well!

**4-H Canada Scholarships close June 1, 2025**

