

The News Spreader



September 2025

OUR NEW E-STORE IS READY FOR YOU!

SWEATERS, COATS, HATS, AND MORE...



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CHECK IT OUT

[https://4hquebec.fundytextile.com/
4-h_quebec/shop/home](https://4hquebec.fundytextile.com/4-h_quebec/shop/home)



CLUB CORNER

Keeping up with our clubs!

SHAWVILLE



By Eloise Thompson



On Saturday, August 16th we held our Achievement Day! From horses and beef cattle to dairy cows, rabbits, sheep, and goats, there was so much to see. It was a fun day for members to show their projects and cheer each other on. To top it all off, we ended the day with an ice cream sundae bar. It was the best way to finish the day! Thank you to all the volunteers and sponsors who made the day happen.





PROVINCIAL UPDATES



HAHA!

Funny Farm

Where does a young cow eat his school lunch?

Answer:
At a Caf-eteria

2025 Calendar of Events

Opportunity	Date	Host/Location
Back to School Pizza Party	September 18th	Harrison House
Show your 4-H Colours Day	November 5th	Across Canada
MNJBHS	November 7th-8th	Toronto
TD Classic	November 10th- 11th	Toronto
Intermediate Leadership Conference	November 28th-30th	Orford

Provincial Coordinator
Gillian MacDougall
 coordinator@quebec4-h.com
 819-650-2296

Do you have dates you would
 like to see added to the
 calendar?
 Send them to Gillian

Interested in submitting an article or photo?
 Have an event you'd like to promote?
 Send Gillian an email by October 10th!

Check us out on social media!



quebec.4h



4.H.Quebec



4hquebec



PROVINCIAL UPDATES



Adult chaperones and senior member counsellors, we're looking for you!



We need your help to make Intermediate Leadership Conference happen!

ILC is taking place in Orford November 28th to 30th.

Interested in more information?? Send Gillian an email at coordinator@quebec4-h.com



Back to School Pizza Party

Are you on or near the MAC/JAC Campus? Current or past 4-Her? Join us for dinner, a chance to check out the Quebec 4-H office and connect with other 4-Hers in the area.

RSVP with Gillian by September 16th
coordinator@quebec4-h.com

Who: Current and past 4-H members, as well as 4-hers from other provinces. You can also bring a friend!

When: Thursday, Sept 18th 6 to 8 pm

Where: Harrison House





PROVINCIAL UPDATES



Congrats to Cosette Mason (pictured right), from the Ormstown 4-H Club for being our August Swag Give Away winner!



Jacob McClure - Sawyerville



Preston Mason - Ormstown

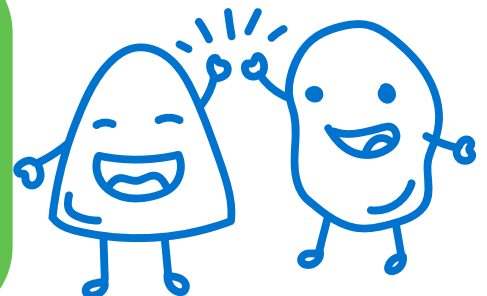


Nicholas McClure - Sawyerville

Quebec 4-H Swag Give Away!

Last month for a chance to win. All you have to do is send in a picture of yourself following the month's theme. Member's will have until the 10th of October to email their picture to contest@quebec4-h.com

September's theme is 4-H Friends Send us a photo of you and your 4-H Besties!



Winners will be announced in the following month's News Spreader. Photos entered may be used for promotional material and shared on social media.

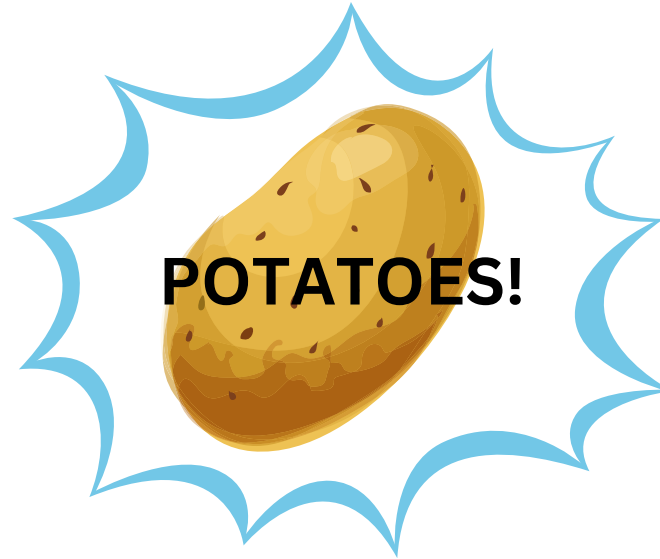
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PROVINCIAL UPDATES



The 2025 Garden Challenge



Submit your photos by October 31st for a chance to win a prize!

The Largest yield

(number of potatoes and pounds of potatoes)

The Biggest Potato

The Weirdest Shaped Potato

What are you going to do with all these potatoes?

Clubs who donate potatoes to a food bank or other organization will be entered into a draw!

Is gardening not your cup of tea?

All members will be invited to participate in a **Potato Stamp Art Contest** this Fall
or

put on your chef's hat and submit a photo of you testing out a **Potato Recipe!**
(Bonus entry if it is a club activity or you share with your club!)

Send your photos to Gillian at coordinator@quebec4-h.com



NATIONAL NEWS



syngenta. AgriFOOD CHALLENGE

YOUTH LEADERS CREATE
SUSTAINABLE SOLUTIONS



Challenge closes November 30.

The application form is available on the 4-H Canada website.

Win \$500 with the AgriFood Challenge

To participate in this challenge, 4-H members (as individuals or as part of a group) must demonstrate how their actions can improve or contribute to food security or sustainable agriculture in their communities.

APPLICATIONS FOR THE FCC 4-H CLUB FUND ARE NOW OPEN!

These funds can be used to:

- Build volunteer capacity
- Promote 4-H and eliminate barriers to participation
- Support and expand existing programs
- Cover costs for local events and volunteer support
- Purchase resource materials

4-H Canada and Farm Credit Canada (FCC) are proud to once again offer the FCC 4-H Club Fund, providing a total of **\$100,000 in grants of up to \$500 each** for 4-H clubs, districts, and regions across Canada.

The fund supports projects that align with 4-H's strategic priorities of growth, inclusion, and volunteer capacity building, helping to create responsible, caring, and contributing youth leaders across Canada. Encourage your clubs, districts, and regions to apply and take advantage of this fantastic opportunity to strengthen their local 4-H communities!

Application forms are [here](#) and the deadline for submitting applications is October 31, 2025.



NATIONAL NEWS



WHO'S HEADED TO MEMBERS FORUM THIS NOVEMBER IN CALGARY

- Annabelle Delaney - Sawyerville
- Patricia Egan - Shawville
- Kathleen Kelly - Shawville
- Ben Judd - Shawville
- Kasey Lafleur - Shawville
- Warren Sally - Shawville
- Payton St-Pierre - Shawville

AND A BIG THANK YOU TO OUR CHAPERONE - **SAMANTHA OLIVERAS!**

Meet the Quebec Delegates for the 2026 Ireland Trip



**Brianna
Rothney**
Sawyerville



**Laura
Mayhew**
Shawville





NATIONAL NEWS



Leadership Summit 2026

Calgary, Alberta



Leadership Summit 2026

Boots on the ground. Eyes on the Horizon

When: February 6-8, 2026

Where: Calgary, Alberta

The agenda for Leadership Summit 2026 is full of great speakers that you aren't going to want miss!

Our first keynote speaker, Tyler Smith, has a personal story that revolves around resilience, healing, and hope. Smith, a mental health advocate, former Humboldt Bronco, and Amazing Race Canada winner will talk about how to identify barriers that prevent people from seeking help and learn about practical strategies for managing self-induced stress caused by anxiety, worry, and insecurity.

Our second keynote speaker, Sara Austin, will take a deep dive into the realities facing youth today and what they need most to thrive in an ever-changing world. She'll highlight the unique role that 4-H programs play in developing leadership skills, fostering resilience, and creating meaningful opportunities for growth.

Additionally, the following workshop topics will be presented:

- Capacity building session for 4-H Canada's new Agents of STEM initiative
- Square Dancing as a Tool for Teamwork and Confidence
- Inclusion strategies for autistic and neurodivergent youth
- Taking your leadership to the next level
- Conflict management
- Short-Term, Big Impact: How 4-H Intro Clubs Are Growing Membership in New Ways
- Sports & 4-H Alberta: We don't have to compete for time!
- Succession Planning 101
- Planning for Success

A graphic consisting of a blue circle with a white border containing the number "5" in white, with the text "Spots left!" written in white, slanted, below it.



NATIONAL NEWS



Jack Pemberton Youth Development Bursary

Who is this bursary offered to?

A senior 4-H member who are entering their final year of high school/CEGEP in September 2025 and planing to pursue a post-secondary education in an agriculture-related program. This bursary will support a member with a desire to attend Toronto's Royal Agricultural Winter Fair (RAWF) this November.

The successful applicant will be awarded a \$3,000 bursary:

- \$2,250 toward travel to and within Toronto (airfare and all transportation between the airport, hotel, and RAWF grounds).
- \$750 toward the recipient's post-secondary education.

In memory of Mr. Pemberton, RAWF will provide general admission passes and up to 3 nights of accommodation (double occupancy) for the winner and a guest. A suggested itinerary of events to attend, including some VIP opportunities, will also be provided by RAWF staff based on the interests expressed in the recipient's application.

The Jack Pemberton Youth Development Bursary will open for applications August 8 and close on September 14th.

Bursary guidelines are available [here](#).

Congratulations to Allison Morse from the Hatley 4-H Club, one of 15 recipients of the John Deere Canada 4-H Scholarships!





NATIONAL NEWS



SHARE YOUR 4-H MEMORABILIA

This year for **Show Your 4-H Colours**, we're asking **YOU** to share a pic of your 4-H memorabilia - past or present! Whether it's a well-worn jacket, a prized ribbon, a project book, a vintage photo, or your current 4-H gear, we want to see it. Tell us the story behind your item and how it's been part of your 4-H journey. Your memories help celebrate the traditions, pride, and impact of 4-H across generations and we can't wait to share them all November long! Here how you should do it:

1



Find your favourite piece of 4-H memorabilia

2



Take a photo of you and your memorabilia

3



Tell us what it means to you and how it's a part of your 4-H journey

4



Submit your photo and story to 4-H!

*submit your photo to areis@4-h-canada.ca



AJRQ NEWS

Classique des Jeunes Ruraux Québécois 2025



Championnat présentation : Championne présentation Nellie Jacobs, Champion de réserve présentation Félix Loisel, Mention Honorable présentation Audrey Labbé

C'est la fin de semaine du 15 au 17 août dernière qu'avait lieu la Classique des jeunes ruraux québécois, à Saint-Hyacinthe. Encore une fois, un nombre record de 194 jeunes de 6 à 25 ans étaient présents pour participer aux activités. Le traditionnel jugement végétal avait lieu le vendredi après-midi, suivi du jugement cunicole. C'est un lapin du CJR (cercle des jeunes ruraux) Bassin-de-la-Chaudière qui est reparti avec les grands honneurs. Ce même soir, les olympiades remportées par l'équipe du CJR Bassin-de-la-Chaudière ont connu un grand succès avec 32 équipes participantes.

Suite aux photos des cercles de jeunes ruraux, le concours de présentation a débuté samedi matin devant notre juge de la journée M. Steve Glaude. Le concours s'est conclu avec Nellie Jacobs du CJR Portneuf sacrée Championne de présentation, suivie de Félix Loisel du Club 4H Ormstown en Champion de réserve et Audrey Labbé du CJR Bassin-de-la-Chaudière comme Mention honorable.

La journée s'est terminée avec le concours de la génisse costumée, un des moments préférés des jeunes chaque année. C'est le CJR Bas-St-Laurent qui a remporté la première position encore cette année avec leur prestation de patinage artistique, devant le CJR St-Patrice en deuxième position ayant le thème des Schtroumpfs, et le CJR St-Jean en troisième position avec leur déguisement de Lucky Luke.

Le dimanche était consacré au concours de conformation, où 8 génisses Suisse Brune, 13 Ayrshire, 29 Jersey et 148 Holstein ont paradé devant le juge M. Jean-Philippe Charest. L'évènement s'est conclu avec la classe de groupe qui fût remporté par le CJR Portneuf, puis du dévoilement des résultats finaux, où le CJR Bagot St-Hyacinthe a remporté la bannière conformation multi-race et le CJR Bas-St-Laurent a remporté le meilleur exhibit.

C'est avec grande satisfaction que le conseil d'administration a mis en place cet événement qui n'aurait cependant pas lieu sans la participation de nos généreux commanditaires et partenaires. Non seulement les collations et les repas, mais tout ceux qui ont contribué dans le succès de cette belle fin de semaine, nous vous remercions chaleureusement!

PHOTOS : CRÉDIT AJRQ

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AJRQ NEWS

Classique des Jeunes Ruraux Québécois 2025

CHAMPIONNAT SUPREME:

Championne suprême: BROWN HEAVEN DESIGN FIORE - Alyson Rousseau, CJR Bagot St-Hyacinthe

Championne suprême de réserve: JACOBS TARMAC CONSTANCE - Alyson Doiron, CJR Portneuf

Mention Honorable suprême: ALLSTAR JOEL TENNESSE ET - Arthur Garon, CJR Kamouraska

CHAMPIONNAT HOLSTEIN:

Championne: JACOBS TARMAC CONSTANCE - Alyson Doiron, CJR Portneuf

Championne de réserve: MABEL LIQUIDCOURAGE LITIGE - Amélie Marcil, CJR Saguenay-Lac-St-Jean

Mention Honorable: JACOBS MAXIMUM LASH - Henry Jacobs, CJR Portneuf

CHAMPIONNAT JERSEY:

Championne: ALLSTAR JOEL TENNESSE ET - Arthur Garon, CJR Kamouraska

Championne de réserve: SPARKS KAYMANOR KR DELAWARE ET - Emmy Galibois, CJR Bois-Francis

Mention Honorable: DU SILLON MR BRIGHT KASSIS ET - Charles-Henri Garon, CJR Kamouraska

CHAMPIONNAT AYSHIRE:

Championne: HATEE AUTOGRAPH CRISPY - Anaïs Chénard, CJR Bas St-Laurent

Championne de réserve: BAVAROISE M RIESLING -ET - Éliane Fitzé, CJR Lévrard-Becquets

Mention Honorable: BAVAROISE GENTLE BEAST BETTY - William Poirier, CJR Lévrard-Becquets

CHAMPIONNAT SUISSE BRUNE:

Championne: BROWN HEAVEN DESIGN FIORE - Alyson Rousseau, CJR Bagot St-Hyacinthe

Championne de réserve: BROWN HEAVEN TOP NOTCH FLY - Éliane Gendron, CJR Bagot St-Hyacinthe

Mention Honorable: SCHWEIZER ANGEL LULU - Florence St-Pierre, CJR Bagot St-Hyacinthe



Gagnants génisse costumée : Le CJR Bas-St-Laurent a remporté ce concours avec leur performance de patinage artistique.



Comité : Comité exécutif de l'AJRQ 2025, Ariane Lebel (secrétaire), Alexandra Labbé (présidente), Félix Lemire (2 e vice-président), Juliette Naud (1ere vice-présidente et coordonnatrice), Kamyille Ten Have (trésorière)



SEPTEMBER'S GAME OF THE MONTH



Can you solve the sentence?

A=

J=

S=

B=

K=

T=

C=

L=

U=

D=

M=

V=

E=

N=

W=

F=

O=

X=

G=

P=

Y=

H=

Q=

Z=

I=

R=

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