



CANADA
4-H Quebec

Quebec 4-H Association Annual Report

Leadership For Tomorrow Through Learning Today



Learn To Do By Doing

4-H Quebec acknowledges the financial support of the Government of Canada

Canada 



4-H Pledge

I Pledge:

My HEAD to clearer thinking
 My HEART to greater loyalty
 My HANDS to larger service
 My HEALTH to better living
 For my club, my community,
 and my country.

Je Promets d'employer
 Ma Tête pour des idées hardies,
 Mon Cœur pour être plus humain,
 Mes Mains pour être plus habile,
 Ma Santé pour vivre en harmonie,
 Pour mon cercle, ma communauté
 et mon pays.

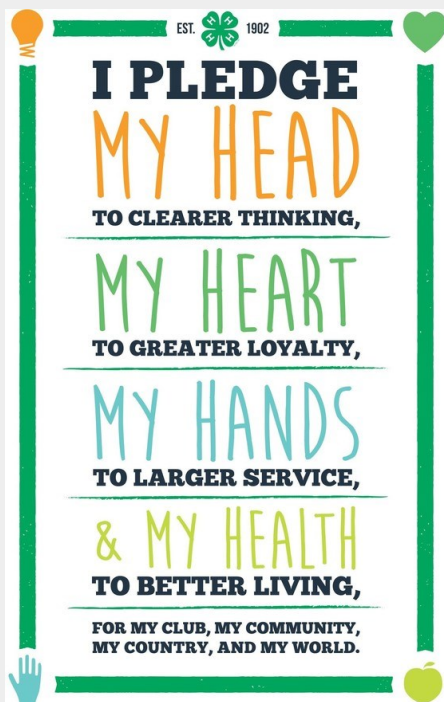


Table of contents

Directors, Staff, Presidents, and Past Presidents	2
Quebec 4-H Mission and Statistics	3-4
Agenda & Schedule	5-6
Executive Director's Message	7
Our Structure	8-9
Clubs Reports	10-17
Highlights of 2022-2023	18-20
Opportunities	21-23
Audited Financial Statements	24

This Annual Report of the Quebec 4-H Association is presented to the 2022-2023 4-H Quebec assembly of members at the Annual General Meeting held on November 19th, 2023.

Quebec 4-H Association
 Macdonald Campus, Harrison House
 3-04
 21,111 Lakeshore Road
 Ste-Anne-de-Bellevue, Qc H9X 3V9
 Tel: 514-398-8738
 Email: office@quebec4-h.com

2022-2023 4-H Quebec

Board of Directors

President

Hannah Frost

Vice President

McKenna Richardson

Chair of Programs and Regulations

Savannah Crack

Chair of Financial Committee

Rebecca Welden

Past President

Rebecca Welden

Directors

Hannah Veilleux &
River Morse

William Orr

Emily McOuat

Christina Knox &

Maeve McIntrye

Meagan McConnel

Alex Mayhew

2022-2023 4-H Quebec Staff

Executive Director

Jacqueline Morrison

Administrative Assistant

Quynh Anh Tran

Summer Event Coordinator

Paige Frost

Past Presidents

1969	Colleen Coates-Younie (Lennoxville)
1969-70	Clayton Murphy (Huntingdon)
1970-71	Winnie Tibbits-Murphy (Brome)
1971-72	Joan Lang-Rusenstrom (Shawville)
1972-73	Alvin Barrington (Howick)
1973-74	Nancy Hardacker-Corscadden (Brome)
1974-75	Andy Tolhurst (Howick)
1975-76	Mary Brus (Hatley)
1976-77	Larry Ness (Howick)
1977-78	Charles Fowler (Richmond)
1978-79	Ken Tolhurst (Howick)
1979-80	Peter Griffith (Richmond)
1980-81	Rick Younge (Shawville)
1981-82	Neil Burns (Sawyerville)
1982-83	Angus MacKinnon (Hatley)
1983-84	Suzan Smith-MacDonald (Lachute)
1984-85	Tim Beland (Waterloo)
1985-86	Mark MacVicar (Lachute)
1986-87	Kathy Beerwort-McKinven (Brome)
1987-88	Kathy MacKinnon (Hatley)
1988-89	Al Beland (Waterloo)
1989-90	John Beerwort Jr. (Brome)
1990-91	Steven A. Latulipe (Huntingdon)
1991-92	Paul Mastine (Richmond)
1992-93	Cheryl Stanley (Shawville)
1993-94	Lynn McOuat (Lachute)
1994-95	Amber Heatlie (Lachute)
1995-96	Kathy Howard (Shawville)
1996-97	Mavis Judd (Shawville)
1997-98	Mavis Judd (Shawville)
1998-99	Trudy Beaton (Sawyerville)
1999-2000	Katie Coates (Haut St. Francois)
2000-01	Katie Coates (Haut St. Francois)
2001-02	Melissa Nyveld (Shawville)
2002-03	Daniel Mastine (Richmond)
2003-04	Jessica Cox (Hatley)
2004-05	Jessica Cox (Hatley)
2005-06	Tyler McCann (Shawville)
2006-07	Tyler McCann (Shawville)
2007-08	Jenna Soesbergen (Huntingdon)
2008-09	Jocelyn Closs (Shawville)
2009-10	Christine Tolhurst (Howick)
2010-11	Angela Neal (Ormstown)
2011-12	Mathieu Rouleau (Howick & MAC JAC)
2012-13	Mathieu Rouleau (Howick & MAC JAC)
2013-14	Sarah Enright (Richmond, MAC JAC)
2014-15	Sarah Enright (Richmond)
2015-16	Matthew Burns (Sawyerville)
2016-17	Carolyn Coddington (Richmond)
2017-18	Andrew Boersen (Richmond)
2018-19	Jessica Rouleau
2019-21	Morgan Passmore
2021-22	Rebecca Welden
2022-23	Hannah Frost



Leadership tomorrow Through Learning Today

- 277 members
- 32 active leaders
- 11 clubs
- 14 projects
- 1 permanent provincial staff
- 1 virtual administrative assistant

4-H Quebec Mission

4-H Quebec is a community based organization, which is dedicated to developing life skills such as leadership, cooperation, responsibility and independence for the English-speaking rural youth of Quebec through achievement and skill development

4-H Quebec Strategic Plan Objectives

The 4-H Quebec community (members and adult volunteers) benefits from a strong and growing provincial network.

Each 4-H club is well positioned to engage the youth in their local community.

4-H Quebec is increasingly visible throughout the entire province as a youth organization with a leadership development mandate.

4-H Quebec operates under strong and effective governance.

The long-term sustainability of 4-H Quebec is ensured.

Dairy	137	Foods	44
Square Dancing	90	Rabbit	51
Beef	80	Equine	18
Crafts	99	Goat	22
Garden	87	Sheep	41
Poultry	35	Community	48
Community	48	Outdoor Living	31

Peewee members ages 8 and under: 42

Junior members ages 9 – 12 years: 105

Intermediates ages 13 – 15 years: 57

Senior members ages 16 – 21: 63

Proven members ages 22 – 25: 10

4-H Quebec

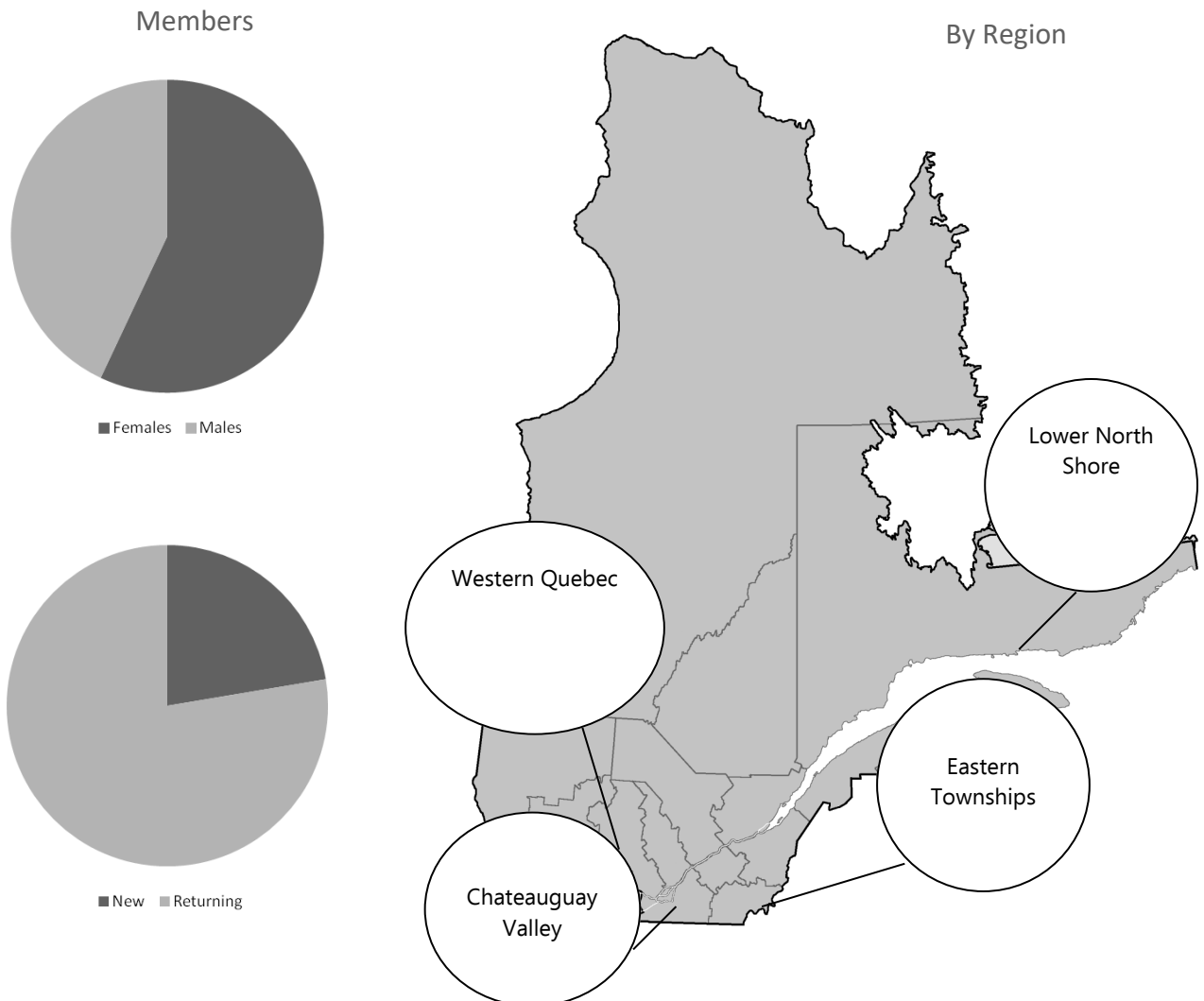
4-H Quebec is about developing self-confidence, learning skills in communications, leadership, problem-solving and goal setting, but most of all, 4-H Quebec is about having fun!

We are here to promote the personal development in youth aged 6 to 25 in agricultural and rural communities. With a focus on fun and learning, we provide opportunities to develop the skills needed in an ever-changing future.

Using the talents and energies of our members, volunteers and staff we create innovative ideas and programs as well as maintain our successful traditional ones. Members can choose from projects ranging from livestock to square dancing.

We work to spread the impact of 4-H and to help the youth of today become the leaders of tomorrow! 4-H is the youth development program where 4-H members "Learn To Do By Doing" while using their Head, Heart, Hands and Health.

The 4-H program is still well rooted in a strong agriculture history but recognizes that everyone can benefit from the holistic and socially conscious approach 4-H takes to learning. Agriculture, food and the environment will always be an important part of the 4-H program, but Clubs that cover non-agriculture topics are also important to today's youth. Youth in 4-H have the freedom and ability to tackle the issues that matter to them most; this makes the 4-H program unique and ever changing.



Annual General Meeting Agenda

- 1. Welcome, 4-H Pledge**
- 2. Introductions by the Quebec 4-H Executive**
 - a. President
 - b. Finance chair
- 3. Approval of the Agenda**
- 4. Approval of the Minutes from previous year**
- 5. Approval of Financial Statement and Appointment of CPA - CQOC**
- 6. Reports:**
 - a. President's Report
 - b. Chair of Financial Committee
 - c. Executive Director's Report
- 7. Old Business**
- 8. New Business**
 - Increase Membership Fee
 - Increase in Provincial Camps (Intermediate and summer camps)
 - Provincial Fundraising
- 9. Proposals for hosting Provincial Activities**
 - a. Innovative Ag Tour 2024
 - b. Innovative Ag Tour 2025
 - c. Provincial Rally 2024
 - d. Provincial Rally 2025
- 10. Nominations to the Financial Committee and Programs and Regulations Committee**
- 11. Election of Executives**
 - Announcement of the new 2023 - 2024 Quebec 4-H Board of Director
 - Nominations for Representatives - QCGN
- 12. Announcements**
- 13. Adjournment of the meeting**

Annual General Meeting Schedule

9:00 am - 10:00 am - Refreshments and Registration

10:00 am - 11:45 am - Business Session, Election of Quebec Board of Directors, Nominations and selection of AG Tour, and Rally host clubs for 2024-2025 & 2024 -2025

12:00 am - Catered Lunch: McGill Ceilidh Restaurant

12:30 pm - 1:15 pm - Club Reports

1:15 pm - 2:45 pm - Membership Activities and Adult Leadership - Positive Youth Development workshop

Members will enjoy a fun afternoon of activities and experience relationship-building icebreakers, while our volunteer leaders are served by the 4-H Program Coordinator Leslie Noble in an afternoon PYD workshop.



Leslie Noble
PROGRAM DIRECTOR

Leslie is a proud 4-H Ontario alum passionate about positive youth development and making the world a better place.

She holds an MScEd from the Ontario College of Teachers, as well as a certificate in adult education, and has over 15 years of experience in education.

She continues to give back to her community as a longstanding volunteer with numerous organizations, and enjoys spending time with her family, going on walks, drinking coffee, and goats!

2:45 pm - 3:00 pm - Remarks and Announcement



Executive Director's Report

“Making a difference is something you never outgrow.”

It has been a complete program year for difference-making. As an organization, we have returned to in-person programming for one full year. How good is that?

Congratulations to all our members who have fully engaged in 4-H programming both locally, provincially, and nationally in the past year. It was exciting to be back in person, making new friends, and reconnecting with old friends.

Five delegates from Quebec traveled to Toronto, Ontario, for the Membership forum. It was my first experience, and what an excellent opportunity! The mentorship session hosted many industry leaders who shared their knowledge and expertise with 4-H delegates from across the country who will be the difference makers in the future. An excellent way to end our calendar year was to have our Provincial Accreditation review for another year approved. Approval also came from completing our 3-year application for the Heritage Canada Grant, our primary funder for the 4-h program and operations.

We had a new president and youth members join the Board of Directors this past year. We faced our share of challenges adapting to the changes post-COVID and implementation of accreditation best practices. However, with the support of seasoned 4-H Leaders, we had an excellent difference-making procedural year. Thanks to our valued Volunteer leaders, who are vital components to the success of our programs, they give many hours of service to add value to the great time our youth experience at events.

We are a small staff team that sees challenges as opportunities for growth and to make a difference irrespective of size. With the launch of a new strategic plan and fresh perspective from the incoming Board members, Quebec 4-H is poised to grow, make a difference, and engage more youth who want to be part of our positive youth organization. Let's look forward to a new and exciting 4-H 2024.

Jacqueline Morrison
Executive Director

President's Report



Welcome everyone to our first AGM back in person since 2019!

This year, I had the honour of being your President of the Quebec 4-H Board of Directors. Through the ups and downs, I was able to put our “Learn to Do by Doing” moto into action.

There is great responsibility and challenges that come along with this role, but it is truly the best learning experience I have had throughout my many years in 4-H.

Thank you to everyone who was there helping me out along the way and have helped me grow professionally. I have high hopes for 2024 and hope to see you all with us at our future provincial events!

Hannah Frost
President



CANADA
4-H Quebec

Our Structure



The Quebec Community Groups Network (QCGN) is a not-for-profit organization linking 41 English-language community organizations across Quebec and advocating for the official language minority in the province.



4-H Quebec, along with the Association des jeunes ruraux de Québec (AJRQ), and La Fédération de la Rêlève Agricole (FRAQ) came together in 1995 to form La Table de concertation de la jeunesse rurale du Québec. Over the years, the Table de concertation has held several conferences to bring together members of the three organizations for networking and professional development. In 2013, the Table celebrated the 100th anniversary of rural youth movements in Québec.

Local 4-H Clubs

4-H Clubs made up of members and volunteer leaders are responsible for conducting meetings as well as organizing and carrying out local activities including social, fundraising, and community events. Clubs, their members, and leaders, form the Quebec 4-H Association. Members and leaders have the opportunity to participate in local, provincial, national, and international 4-H programs.



4-H Quebec Association

The provincial organization keeps track of membership and club registrations while administering all provincial 4-H programs and opportunities. Members are aged 6 to 25 years old. 4-H Quebec also works collaboratively with other provincial 4-H agencies to provide resources and opportunities to members along with the Canadian 4-H Council and its committees. 4-H Quebec is run by a Board of Directors made up of member representatives, and four standing committees: Advisory, Executive, Financial, and Programs and Regulations. Individuals are nominated to the committees at the Annual General Meeting.



Canadian 4-H Council

The objective of the Canadian 4-H Council is to provide relevant programs and services which are consistent with the 4-H philosophy and serve to enhance provincial 4-H programs. The Council organizes and coordinates national and international conferences, exchanges, and scholarships that focus on citizenship, leadership development, career choices, technology transfer, and other pressing issues being faced by today's rural communities. The Council is a not-for-profit, non-governmental agency governed by a group of member representatives. With the assistance of the Canadian 4-H Foundation, the Council provides funding assistance to the provincial associations. The mission of the Canadian 4-H Council is "Providing strong national leadership to ensure a quality 4-H program across Canada." The vision is "We will be recognized by our customers as the leader of 4-H in Canada, ensuring a strong national brand, innovative programming, and sustainable funding."



Board of Directors

Board members are elected for one-year terms. There is presently no limit on the number of years a board member may serve though the position of President is a maximum two year term. The Board is made up of 4-H members, youth from various clubs contributing their time for the benefit of the 4-H program and its members. In addition to attending the Annual General Meeting, board members meet three or more times a year in Ste-Anne-de-Bellevue or via conference call.

Executive Committee

The Executive Committee is made up of the President, Vice-President, Past-President, Chair of Programs and Regulations, Chair of Financial Committee and Executive Director. It reports to the Board of Directors.

Financial Committee

The Financial Committee is made up of a minimum of 3 and maximum of 10 people in addition to the President and Vice-President. The role of the committee is to oversee the administration of the organization's finances. This includes but is not limited to employee salaries, expense account claims and budgets. All recommendations from the financial committee must be submitted to the board for approval.

Programs and Regulations Committee

The Programs and Regulations Committee is responsible for all Provincial regulations, including: Constitution review, Policies and Procedures, Rally Rules, Activity rules and guidelines. It is also responsible for producing the criteria for different selection processes within the organization and selecting delegates for national programs. The committee is responsible for preparing proposals for changes to existing or new programs. Decisions of the committee shall be reported to the board and require ratification. The Programs and Regulations Committee shall be comprised of 5 - 15 members, 2 of which must be Provincial Directors.

Advisory Committee

The Advisory Committee is made up of at least 5 people, of whom 2 must be executive committee members. The remainder are adult advisors and partner representatives. The role of the Advisory Committee shall be to offer advice to the provincial board on matters of debate. Any questions concerning the policies and by laws of the organization are reviewed by the committee and their response gets submitted to the board.

Executive Director

Is responsible for financial and risk management including budgets, grant applications, and screening processes, as well as managing human resources and overseeing coordination of provincial activities. This position sits on the 4-H Canada Provincial Supervisory Committee, and Fund Development Network in addition to the QCGN Executive Directors' Network.

Program and Communication Manager

Is responsible for the organization of large scale events and special projects, delivery of resources, and promotion of opportunities.

Communications Assistant

Is responsible for assisting on all aspects of communications and publications.

YAC Delegate

The Youth Advisory Committee is the national youth voice for 4-H Canada, providing leadership opportunities for outstanding young people from across the country who have been part of 4-H and want to continue to play a role and contribute. YAC is made up of 12 provincial members who meet as a committee on a regular basis, play a large ambassador role within their provinces, make recommendations to 4-H Canada regarding programming, policy development, marketing and communications. The 4-H Quebec YAC member also sits on the Board of Directors.



Huntingdon

President	Thies Nieuwenhof
Vice-President	Nelleke Nieuwenhof
Secretary	Mieke Nieuwenhof
Treasurer	Owen Nieuwenhof
Reporter	Bas Nieuwenhof

5 MEMBERS

This past year we collected and donated money to pay for the Ukrainian student's tuition. We raised 500\$ which was donated to Chateauguay Valley Regional High School to pay for the fees of the three Ukrainian students.

We also purchased an additional changing table for our fairgrounds following our efforts to improve accessibility.

We also set up the promenade building with our club trophies. We participated in the straw bale decorating event against the other two 4-H clubs and won.

We were asked by a community organization to sell ice cream at an event, but it had rained, and the event was postponed to months later. It rained a fair weekend so this was the first time we learned how to manage our ice cream booth so that we did not waste any.

We were asked by the Antique Tractor Show to sell corn to help with their MAPAQ funding. We donated 150\$ to Maddison Peddie's Royal Trip, the proceeds of our Sunday which she helped us with. Finally, we were asked to sell ice cream for the truck show event in September. This was hard because it was only a few hours and it costs a lot to run the ice cream stand. We did not raise much but we were able to raise enough to put it in a surplus fund for another community action. Bas and Owen asked that we donate wiffle ball equipment to their schools. Finally, we have earmarked funds to buy Heritage Elementary in Huntingdon and Ormstown Elementary wiffle ball sets.

We look forward to the new year. Our plan is to continue to support our community through our citizenship projects. We are also helping our Fairboard prepare for its 200th anniversary. Finally, we are moving forward with our tractor project with the earmarked money we have in our account.





Hatley

President	Claudia Veilleux
Vice-President	Allison Morse
Secretary	Mia Veilleux
Treasurer	Hailey Dolloff

28 MEMBERS

We started off the year with participating in the Ayer's Cliff winter Carnival and hosting some fun youth games for the community. In the spring, a dance was organized by the club and we gladly had a full hall to enjoy the music together. A handful of our members also went and helped clean up and weed the flower gardens at the Ayer's Cliff Fairground's volunteer park this past spring.

We had a meeting at a sheep farm followed by a visit of all the farms and animals where we learned a lot.

We also spent time helping at the Hatley July 1st parade. We organized a canteen for the first of July committee and decorated a float for the parade. We prepared and served food to the kids that participated at the Ayer's Cliff annual junior ball tournament in August. We also raised money cooking and serving food at a youth softball tournament in Ayer's Cliff. We had our annual dance and served ice cream at our ice cream booth during the 4 days of Ayer's Cliff fair.

Over the following few months, it was all hands on deck planning and hosting the provincial Rally which turned out to be a great weekend with lots of fun. All of our 26 members participated in the event one way or another.

This year, we had 3 members attended the Ag Tour in Richmond and they came back presenting to the rest of the club an interesting report on it. We had a Rabbit focus night where we learned about rabbit farming, showing and also had a clinic on judging.

Fall is Show season, lots of our members were present at Cookshire Fair, Ayer's Cliff Fair and Richmond Fair where they won their share of ribbons. And we finished the year with a successful Achievement day.

It was a busy year for Hatley-4H. We are very proud that all of our members have achieved very big accomplishments. We have four dairy Showmen attending the TD Classic at the Royal in November plus 3 members participating for the first time ever in the Masterfeed heifer show also at the Royal and 11 members showing beef participated in Provincial Junior beef shows. One of our Intermediate members will be attending the Members Forum later this month.

We look forward to continuing this progress into 2024. Our future plan is to have more fun activities along with focus nights and barn visits. We are excited to see what the new executive board has in mind for the next year.





Lachute

President
Vice-President
Secretary
Treasurer

Russell Silverson
Herbie Welden
Emily McOuat
Julia Silverson

25 MEMBERS

This year our club held several activities as below.

- December: Christmas card and ornament making for local seniors
- January: Sports Night & bring a friend
- February: Skating
- March: Sugar shack
- April: Fundraiser Square Dance
- May: Horse & Rabbit showmanship
- June: Dairy showmanship
- July: Lachute Fair parade & ice cream booth
- August: Achievement Day
- September: Ouimet Farm corn maze
- October: Banquet
- November: Dairy Barn open house & AGM

Our club got together in early December at a member's house to make homemade Christmas cards and ornaments. We then put everything in baskets with desserts and distributed them to the local retirement homes.

In November, some of our members helped prepare, serve and clean up after the Armistice Supper at our local Legion.

Some of our members attended Winter Camp and showed at the TD Classic in Toronto.

Our club participated in the square dance competition in Ormstown this spring with 2 teams competing. We also had several members show in local fairs and the TD Classic in Toronto.

We organized a fundraiser square dance which was very successful and well attended by many in our community. We also have an ice cream booth very year at our local fair.

Our club is slowly increasing in numbers with many new members being quite young. We hope to continue to grow our club and continue to support the older members in their endeavors.





Ormstown

President	Connor Bryson
Vice-President	Félix Loïselle
Secretary	Rylee L'Équiyer
Treasurer	Keith Quinn
Reporter	Ashton Bryson

50 MEMBERS

The past year we participated in many activities. We started 2023 with square dancing practice then Winter Junior Camp in January. We then participated in the Ag tour in Richmond in March which was then followed by the Ormstown square dance competition in April. In June, we had our local Fair. Next was Rally in July. In August we had two fairs, one in Huntingdon and one in Chesterville. In September, we had our last fair in Havelock.

Throughout the year, our club had many meetings with some of them being barn meeting. We had clinics to refresh the members on judging, showing, cooking and more. We had other activities through the year like lac des pins, sledding in St-Anicet, a flower farm visit and more. On the second week of November, some of our members had the chance to participate in this year's TD classic at the royal winter fair.

This past year has been a great year for fun, learning and growth in our young club.

Some of the special activities that we did was the Chesterville's Summer spotlight show. All members had a great time bonding, making new friends, learning new things and discovering how big the competition was in other places. We also went to sky tag for the day in March where the members had lots of fun spending the day with friends on trampolines. On one of the nights of the Huntingdon fair we had a BBQ organized by the parents of our club. We feasted on grillades, corn, hot dogs, hamburgers and for dessert, we had all the baked goods that the club made for our achievement day which was held at Huntingdon fair.

Quinn Farms made their Halloween and Easter events safer, and our members helped raise funds by giving out candy and Easter eggs to families. We also had a successful fundraiser with our dairy booth at our town's fair. Our ag awareness which is half fundraiser, and half community service was a great event for our first year of doing it. Without the help from parents and club member, we wouldn't be able to fundraise all our money. They play a huge role in our club's success. We also hosted our square dance competition which was held at a new place (on the fairgrounds) everyone enjoyed it and are happy to take part in such an event.

This year we tried to give back to our community in many ways, we square danced and brought animals to the old age home, we had a few demonstrations at multiple fairs to teach and have fun with the community.

Our club is looking forward to the new year. We are more and more interested in having an exchange between clubs. Our eager members want to learn how other provinces or countries run their 4-H and they want to see new things. We also want to go to bigger fairs to improve our skills. Can't wait for December to come as we will be having our banquet to recap on our year!





Richmond

President	Paige Frost
Vice-President	Katie Brock/ Kianna Keenan
Secretary	Anna Liebrecht
Treasurer	Sarah Frost
Reporter	Ryley Keenan

31 MEMBERS

Over the past year our club has been very busy and as active as possible.

We held Halloween contests online for pumpkin carving and best costumes. We had many members participate in Show Your Colour Day, and even sent 5 Richmond members to Toronto on that day while still wearing green. We held our annual Christmas party. We then started planning Ag tour. This was a lot of work for us since our club was on the smaller side of people participating and so we were able to get a lot of help from some parents and local businesses.

We participated in our St-Patrick's Day parade which is always a big deal in Richmond. We held another Chicken Poop bingo contest which the members always love since they have the chance to win Easter chocolates. We created a 4-day mini project for our new members to complete and get a feeling about what 4-H is about. We had a really fun Science meeting where we did egg tosses and cookie dunking. We also had members plant their underwear and sun flowers at our fair ground.

We did 2 dance fundraisers this past year along with our Ice Cream Social. Our square dancers performed at The Wales Home for the residents there. We were able to have an amazing horse clinic to end our meetings before the summer. Rally then came along where we sent 6 members to Hatley.

We also did a slip n' slide day where our members had lot of fun sliding down the hill and enjoyed lunch together. We finished the year with our local show at the fair and our AGM.

This year, we were able to do another fundraiser for our local food baskets at Christmas time as well as donate again to our local legion for our Remembrance Day ceremony. We participated in our Santa Claus parade again this year. We were able to plant Sun Flower seeds around our fair grounds with the mini projects that we did. We also had an activities table for our elementary schools that were visiting our local fair. We volunteered a couple times at our old folks home in our town by playing bingo with them.

Regarding to the provincial activities, we sent 5 Richmond members to the Members Forum last year. We also were able to host Ag tour this year and we had many members participate in that whole weekend full of fun and great memories.

2024 will be a year full of hope for Richmond 4-H. We are looking forward to welcoming new members and expanding on some new projects. We are also going to try and give back more to the community!





Shawville

President	Laura Mayhew
Vice-President	Rebecca Nugent
Secretary	Amy Sheppard
Treasurer	Ben Judd
Reporter	Reese Rusenstrom

81 MEMBERS

Another busy 4-H year has flown by, here are some of our highlights since last fall.

In October 2022 we visited the Little Red Wagon Winery to learn about grapes and the wine making process, Spurlane Farm to learn about horses, and then headed to Saunders Farm in Ottawa for an afternoon of spooky fun! In November 2022 members showed off their 4-H pride by rocking their 4-H t-shirts, two members participated at the national shows at the Royal winter Fair, and we celebrated its end of year with our Annual Awards banquet.

There were many business meetings, community events, clinics, work shops, and other fun activities, including axe throwing for senior members, a sliding and skating party, a curling afternoon, an apple pie night, Rally, Junior Camp, and a barn dance. With the return of square dancing, we had many new faces come out to learn and were excited to compete at two different competitions.

Our annual achievement day was held in August. Members participated in a judging competition the Friday evening and then showed on Saturday. Families joined together for a potluck lunch and finished off the day with a sundae bar. Shawville Fair took place Labour Day weekend. Members helped with the Fair's Ag Awareness Barn, the club's food booth, the 4-H show, the Market Sale, as well as the Shawville Fair Ambassador program.

In September 19 members represented the club at the regional competition in Metcalfe, Ontario. October, we held our annual bus tour where we visited a local beef farm and a local ostrich farm and then we visited Hugli's Blueberry Ranch for an afternoon of fall fun! This November we have three members attending the Royal, we celebrated November 1st with a photo contest, and are looking for to our annual banquet.

Over the past year, our club also hosted events and encouraged our members to give back to our community through donating, volunteering and more. In the Spring, members from the club joined other community groups to support the DR S.E. McDowell Elementary School Spring Fair, by setting up a mini petting zoo and serving ice cream. This year our club participated in two local Canada Day parades where the members had the opportunity to worked together to decorate a float, hand out treats, and raise awareness about 4-H. A local parents' committee organized a bi-annual Park Party event, where the community comes together to celebrate our wonderful community park. In August a few members heading over to the Happy Hills Day Camp during their "Down on the Farm" week to teach the campers about their rabbit and goat projects. In September members visited the Friends of St-Joseph's Manor and the Centre D'accueil Pontiac. Members brought along animals to visit with the residents and had the chance to hear about their farm stories. Our club organized two different fundraisers. A sunflower barn quilt was made by the club and auctioned off at the annual market animal sale at the Shawville Fair. All the were sent to CHEO (Childrens Hospital of Eastern Ontario) and the local Angel Tree Project, which helps to supply families in need with presents for their children at Christmas. The second fundraiser the club put on was a barn dance with the proceeds going to the Canadian Cancer Society.

Our club is very thankful to our community and our local MAPAQ office for the continued support that helps us to continue to offer and participate in activities throughout the year.

We look forward to 2024 and hope to see even more provincial programming planned!





Sawyerville

President	Alyssa Rothney
Vice-President	Jason Whalen
Secretary	Hannah Dougherty
Treasurer	Alex Dougherty
Reporter	Chloe Whalen

27 MEMBERS

Sawyerville 4-H had a fulfilled year full of activities.

We started off the new 4-H year making wreathes and giving them to people at the Grace Christian home to fill some lonely peoples hearts so they know that they are thought of during the Christmas time. And our club donated items to roger Neilsen Hourse via Sam Adele at the leadership summit.

We had a day sledding at Bischof Farms, then followed with a sugaring off at Allan Stanleys place with sugar on snow and roasting marshmallows and hotdogs.

Our club meeting was held at Steeshanie Farm where Josh Barter and family gave us a tour of their barn and how it worked followed with a judging competition of his calves and silage samples. After this our club decided to host a prep day with Hatley 4-H and Richmond 4-H, bringing in experts and 4-H alumni to teach us how to prep our animals for the show, before and when at the show, and giving us tips and tricks when in the show ring. We all came together for a meal and then finished the afternoon with the members showing the animals and being given pointers on how to improve before the show season begins.

We had the yearly achievement day filled with success and laughter. And to wrap up the year we had a kids against parents softball game and a pumpkin carving contest. All in all an amazing year filled with lots of enjoyable activities.

Our club was involved in the Annual AG tour. 4 of our members went and saw many new ways of farming. On July 7, our members attended the Provincial Rally at Hatley and on August 1, our member went to the junior camp.

We unfortunately didn't do any fundraising this year but have ideas lined up for the year to come and are all looking forward to it. We are also looking forward to getting some type of fundraising done in different ways like getting back our ice cream booth up and running, maybe a hotdog and hamburger stand up at an event.

Our club would like to host a dance this year, if possible, to get more people involved with our club and let everyone know what it is all about. We would like to come together with Hatley 4-H and have a softball game against the club to get the dust off the trophies that has been sitting in our trophies box for too long.

We would also like to host the annual ag tour this year as we feel that it is an amazing opportunity to show case what we have around us and what we have to offer. We were thinking about also doing a day filled with activities for older and younger kids called the Young Farmers Competition to see who has hidden talents we don't know about.

Looking forward to see what the future has in store for us as a club!





Howick

21 MEMBERS

President	Madison Peddie
Vice-President	Roewan Cosgrove
Secretary	Mackenzie Peddie
Treasurer	Mackenzie Peddie
Reporter	Kennedy Peddie



This past year, our club did numerous activities.

We had a fishing workshop, and did a pottery night where our members painted various pottery projects. We had a craft night where members created Halloween decorations.

Our senior member, Geordie Woods, participated in the 'Ecole De Preparation' hosted by Holstein Quebec. He won grand champion of presentation and 2nd place in 'Best Youth'.

We practiced our judging skills, by judging maple syrup, eggs, farm safety, leaf identification, silage, grain seed identification, bull selection, equipment identification, dairy heifers and soil fertility types.

For Ormstown fair, our members made painted stepping stones, a creation using used milker liners, baked brownies and grew romaine lettuce using a discarded stem.

During the past year, our club also participated in many different projects. We had many members showed a dairy heifer at many shows this past summer. They include Ormstown, Havelock, Huntingdon, Achievement day, Chesterville fair, Rally and Maxville fair. We have 3 members that will be participating in the TD classic at the Royal winter fair.

We had 10 members participate in a clipping workshop where the members were paired with alumni 4h members to clip a dairy calf. We did a fieldtrip to our local large animal veterinary clinic and had a guest speaker (Stacey Godin, 4h alumni) talk about her stickers business that is inspired by her cows. The members also grew giant pumpkins from seeds donated by Kelsey and Jim Bryson. They grew a garden using the 3 sisters method. The member's gardens were subjected to inspections this summer. For small animal projects, we had 2 new junior members showed rabbits at Ormstown fair and Havelock Fair. Our members also joined the Ormstown 4-H club's square dancing team and danced at the Ormstown Square Dance Competition.

We had some members participate in a square-dancing demonstration at Havelock fair. We participated in the Santa Clause Parade in December 2022. We drove a decorated gator and handed out candy and 4-H stickers. We helped our local church with their Halloween party.

We had 2 members participate in the Ag tour in Richmond. We had 3 members participate in Rally. We had 4 members participate in summer junior camp- Shawville edition. At Rally, our senior member Geordie woods won the spirit award. Howick 4h club won the clipping competition, 4th place in the barn decorating contest, 5th in the costume class and 6th in total club aggregate. We have 3 members that will be going to the TD classic; Roewan Cosgrove, Madison Peddie and Geordie Woods (herdmans).

We had an online club auction in October. Each member donated an item that varied from baked goods, to vegetables, to Tupperware containers. We raffled off hanging flower baskets at the Canada day picnic. We sold flowers at the Ormstown fair. We raffled off a hot chocolate basket, bird feeder, maple syrup and candy jar at the Howick Elementary school Craft Fair.

For the future, we hope to do a club trip to the botanical gardens in Montreal. We would like to participate in more provincial activities like Innovative Ag Tour and Rally. We would like to grow flowers and more vegetables. We will be doing more club trips to local farms and businesses. We also have a senior member, Mackenzie Peddie, that will be participating in the members forum in Calgary at the end of November 2023.

We look forward to another year of 4-H full of projects and fun activities!

HIGHLIGHTS OF 2022-2023

2022 Members Forum

First offered in 1931, Members Forum is our longest-running program. This annual gathering of 4-H members from across Canada is an opportunity for youth to participate in high-calibre positive youth development programming, experience top-tier agricultural exhibitions, and develop strong bonds with youth across the country.

The **2022 Member Forum** was held in Toronto, ON from **November 2nd to November 6th, 2022**. Quebec 4-H was proud to have 5 delegates from Richmond 4-H attended this amazing and life-changing event including **Paige Frost, Sarah Frost, Hannah Frost, Ryley Keenan and Brogan Keenan**.



National 4-H Leadership Summit

4-H Canada's Leadership Summit is an opportunity for 4-H volunteer leaders, provincial staff, and members of the 4-H Canada Youth Advisory Committee (YAC) to come together and showcase the communities they are building, share innovative program ideas, and hear from experts on emerging topics.

The **2023 Leadership Summit** was hosted in Ottawa, ON from **April 28th to April 30th, 2023**.

Our Quebec 4-H delegates included :

Jacqueline Morrison, Hannah Frost, Gillian McDougall, Kayla McCann, Jen Rusenstrom, Jennifer Enright, Maria Enright, Timothy Keenan, Pamela McOuat, Samantha Oliveras, Melissa Spenard and Vicky Tremblay.



Quebec 4-H Delegates Unpacking Positive Youth Development and More (Photo at visit to Saunders Farm)

Quebec 4-H Junior Winter Camp

We were thrilled to mark the beginning of 2023 with one of the most fun provincial events – Junior Winter Camp. A weekend full of fun with a theme of **Stepping Stones** was held from **January 20-22, 2023** at the Centre Notre-Dame-De-Fatima, and was attended by **22** Junior members from **Lachute, Richmond, Shawville, and Ormstown**,

The campers participated in a variety of outdoor and indoor activities. We were excited to host a hands-on leadership workshop where our youth got a chance to explore what they would like to do in the future. And each participant were able to take home their own workbook that they could use everyday.

We would like to give a big thank you to our chaperones **Sarah Brisebois, Connor Bryson, Keith Quinn, Reese Rusenstrom**, and our executive director - **Jacqueline Morrison** that made the event possible.



Innovative Agricultural Tour

The return in-person Innovative Ag Tour was exciting and insightful; not hosting behind the computer screen but communicating in person with the eight enterprise owners was a difference-maker.

Much thanks to our host Richmond 4-H Club, allowing 43 members to Travel and tour connecting cities in the Eastern Townships (**March 10-12, 2023**).

Eight Farms were visited, and every one was unique in sharing its practices and systems that support agricultural development in Quebec. We would like to give a big THANK YOU to **Ferme Deux L, Cascades Sugar Shack, Ferme Roy, Fromagerie du Presbytère, Vivaco & Sollio Fertilizer Plant, WAR Genetics, Glynstages Holsteins** and **Ferme Lussier Belgians** for their time and supports to our Quebec 4-H programs.

There was much inspiration for career choices when youth had the opportunity to ask questions of owners and operations at each stop along the tour.

The Richmond club did an outstanding job of choosing and coordinating visits to diverse businesses and planning community activities, billeting, and delicious meals.

There is time for social interaction between the members of the various clubs attending and a successful return to a favored event in 2023.



Provincial Rally

In 1976, a club extended an invitation for the whole Quebec Young Farmers membership to attend an event. This event was later referred to as the “Calf Rally”, with 70 participants across Quebec presenting their dairy calves.

As the years passed, things evolved, and “Calf Rally” was changed to “Provincial Rally”, including members who participated with other projects such as Handicrafts, Horticulture and other large and small animals. While things continued to evolve, the Quebec Young Farmer’s transitioned to 4-H Quebec.

Quebec 4-H was proud to have an in person Rally hosted by **Hatley 4-H** from **July 13-16, 2023** at the Expo Ayer's Cliff Fairgrounds. A big thanks to our host club for their “All In” Yes and for working tirelessly, and proactively to host such a fun weekend from across the province. With the theme of “**HOLIDAY**”, many great memories had been created and would be cherished for a life time.

We would like to thank our sponsors, volunteer leaders, chaperones, judges, parents and all other stakeholders who continue to support and champion our youth.



Canadian 4-H Council National Programs



4-H Canada Programs

4-H Canada programming focuses on **4 Leadership Development Pillars**.

Our programs empower 4-H'ers to learn new skills and gain new experiences, all within a safe, positive, and fun environment. **4-H events** focus on activities that celebrate 4-H successes, commemorate milestones, and bring 4-H'ers together in shared experiences that create life-long memories.

4-H campaigns allow 4-H'ers to take part in themed activities that provide opportunities to engage in new club activities, explore new ideas and create innovative solutions to improve communities and grow the 4-H movement.

4-H Canada Youth Advisory Committee

With representatives from each provincial organization, YAC encourages a youth voice in program development and decision making at the national level. YAC delegates meet face to face at

the annual 4-H Canada Leadership Summit then through conference calls throughout the year.

4-H Canada Webinars

Thursday, November 23, 2023, 7:00 pm EST: Science Fair Q & A Panel. Learn more about the Science Fair, the commitment, time, and project expectations and requirements. Learn the resources that are available and have all your questions related to science fair answered by members who have participated in Science Fair to better understand what you can expect from this incredible program.

Learn more at: [4-H Canada | Webinar - Science Fair Q&A Panel \(4-h-canada.ca\)](https://4-h-canada.ca/webinar-science-fair-q-a-panel).

4-H Canada Science Fair

Applications are now open for this year's annual 4-H Canada Science Fair and will be close on January 8, 2024. Projects must be submitted by members from grade 7 to CEGEP as individuals or a pair of members working together. The projects will first be judged virtually between **January 17 and 24, 2024**.

The in-person round will then be held in **March 2024**.

The winners of the 4-H Canada Science Fair and their projects will then be entered into the **Canada-Wide Science Fair** from **May 25 to June 1, 2024** at **Carleton University, Ottawa, ON**. Prizes available.

Learn more at <https://4-h-canada.ca/sciencefair>

Conferences

4-H Canada Leadership Summit

Leadership Summit is an exciting opportunity for 4-H volunteer leaders and professionals to showcase the communities they are building, share innovative program ideas, and hear from experts on emerging topics. It includes a mix of workshops, an expert keynote, knowledge sharing, networking, and fun!. It is open to 4-H leaders and provincial supervisors . The upcoming summit will be hosted in Vancouver Marriott Pinnacle Downtown - Vancouver, BC from **April 12-14 2024** with a theme **Rooted in Purpose** . Registration will be done through the provincial office.

4-H Canada National Members Forum

First offered in 1931, Members Forum is 4-H Canada's longest-running program. Open to 4-H members ages 16 to 21. 4-H youth across Canada to come together for an impactful, engaging, and fun-filled conference. The 2023 Members Forum will be hosted from **November 26-30, 2023** in Calgary, Alberta.

U.S National 4-H Conference

Annually, a week long conference full of learning and engagement opportunity organized for 4-H members from across the US to learn about US–Canada trade relations. The Canadian delegation is composed of one 4-H member from each province, aged 16 to 19. The 2024 Conference will be held from **April 19-24, 2024** in Hyatt Regency Crystal City in Arlington, Virginia. The deadline for confirming Quebec delegates with 4-H Canada is **November 15, 2023**.

4-H Canada Citizenship Congress

Every spring, approximately 60 4-H members from across the Canada come together for the Citizenship Congress. Developed in 1972 as a way to unite 4-H members from across the country, this flagship program gives 4-H youth knowledge and insight about Canada, its history and its systems. Delegates explore and develop skills related to civic engagement, governance, parliamentary procedures, citizenship and politics. It is open to all members aged 16-21. The **2024 Citizenship Congress** will be held in Ottawa, ON in **May 2024**.

Scholarships and Awards

John Deere Canada 4-H Scholarship

15 scholarships – valued at \$1,000 each – were available to 4-H members across Canada.

Opportunities such as this help support 4-H members who will pursue a post-secondary education at a Canadian college or university in a degree, certificate or trade-based program.

Congratulations to **Kaitlyn Brock** from **Richmond 4-H** on being Quebec's recipient of the **John Deere Canada 4-H Scholarship**.



FCC 4-H Club Fund

This grant of up to \$500 is for the costs of developing existing programs and activities. Funding can be used for expenses incurred in the running of an existing project. These funds are available to all 4-H clubs, districts, and regions across Canada. **\$100,000 is available in grants of up to \$500 per club, district, or region across Canada.** Applications are now closed for 2023-2024. Every year, the FCC 4-H Club fund applications open on **August 1st** and close **October 31st**.

Opportunities

Careers on the Grow

4-H Canada's Careers on the Grow is a career development program where 4-H youth can explore career paths, apply their skills, and gain hands-on work experience. Careers on the Grow 2023 Internship Applications are **NOW OPEN** and closes **January 10, 2024**.

An internship is the perfect way for senior 4-H members to build transferable skills, while also gaining meaningful experiences and connections.

4-H'ers can choose from a variety of organizations - like the Canadian Red Cross, BASF, and the Canadian Federation of Agriculture - in a variety of fields, such as communications, HR, operations, and more!

Submit your application through the 4-H Canada website <https://apply.4-h-canada.ca/>

4-H Through the Lens Photo Contest

4-H Canada is celebrating 4-H month with the 4-H Through the Lens photo contest on [Facebook](#) and [Instagram](#)!

Every Friday until **December 1**, a new photo prompt/theme will be announced to encouraging the 4-H community to celebrate their accomplishments and share their favourite memories!

Each week, one photo will be selected to be the featured Photo of the Week on 4-H socials!

This week's theme is '**Making A Difference**', we've asked our followers to share a photo of themselves with an inspiring 4-H leader or mentor who's made a difference in their life. We encourage you to share and participate in this fun trip down memory lane!

4-H Canada Science Fair Q&A

Are you the parent of a 4-H'er interested in **STEM**, or a 4-H leader of a **STEM-inspired club**? Curious to learn more about the [#4HCanadaSF](#)? Don't miss the chance to get all the answers to your burning questions with our upcoming webinar: **4-H Canada Science Fair Q&A Panel**. Hear from past participants about their experiences and the opportunities they gained through the 4-H Canada Science Fair. Register today at: <https://bit.ly/3tCLLJ2> **When:** Thursday, Nov. 23, 2023 **Time:** 7:00 p.m. ET **Where:** Via Zoom

Independent Auditor's Report

To the Members of
ASSOCIATION 4-H DU QUÉBEC /QUEBEC 4-H ASSOCIATION

On the basis of information provided by management, we have compiled the balance sheet of "ASSOCIATION 4-H DU QUÉBEC/ QUEBEC 4-H ASSOCIATION" as at March 31, 2023, the statement of operations, and changes in funds balances for the year then ended and Note 2, which describes the basis of accounting applied in the preparation of the compiled financial information (the "financial report").

Management is responsible of the accompanying financial information, including the accuracy and completeness of the underlying information used to compile it and the selection of the basis of accounting methods.

We performed this engagement in accordance with Canadian Standard on Related Services (CSRS) 4200, Compilation Engagements, which requires us to comply with relevant ethical requirements. Our responsibility is to assist management in the preparation of financial information.

We have not performed an audit or review, nor were we required to perform procedures to verify the accuracy or completeness of the information provided by management. Accordingly, we do not express an audit opinion or a review conclusion, or provide any form of assurance on the financial information. The rules of professional Conduct require me to mention that I have prepared adjusting journal entries that affect the financial information.

Readers are cautioned that these statements may not be appropriate for their purposes.

RICHARD JUNIOR AKOA AKOA, CPA

4-H Quebec Financial Summary

BALANCE SHEET

	2023 \$	2022 \$
ASSETS		
CURRENT ASSETS		
Cash	40,088	66,125
Term deposits	4,228	0
Accounts receivable	2,850	482
Prepaid expenses	164	164
Investments	5,681	9,854
	<u>53,011</u>	<u>76,625</u>
LIABILITIES		
CURRENT LIABILITIES		
Accounts payable	16,210	16,925
	<u>16,210</u>	<u>16,925</u>
UNRESTRICTED FUNDS	36,801	59,700
NET ASSETS	<u>53,011</u>	<u>76,625</u>

STATEMENT OF INCOME

	2023 \$	2022 \$
REVENUES		
Canadian Heritage—Program	98,094	98,094
4-H Programs	16,086	2,671
Sponsorships	11,931	11,373
Membership fees	12,096	8,410
Subsidies	9,369	15,619
Interest	83	249
TOTAL REVENUE	<u>147,659</u>	<u>136,416</u>
EXPENSES		
Occupancy Cost	7,197	5,363
Administration expenses	58,617	50,200
Salaries and Benefits	95,738	76,488
Travel and Vehicle	6,764	2,147
Honoraria	2,060	0
Financial Expenses	182	134
TOTAL EXPENSES	<u>170,558</u>	<u>134,332</u>
EXCESS (DEFICIENCY) OF REVENUES OVER EXPENSES	<u>(22,899)</u>	<u>2,084</u>

STATEMENTS OF CHANGES IN NET ASSETS

	2023 \$	2022 \$
OWNER'S EQUITY, BEGINNING OF YEAR	59,700	57,616
EXCESS (DEFICIENCY) OF REVENUES OVER EXPENSES	(22,899)	2,084
OWNER'S EQUITY (DEFICIT), END OF YEAR	<u>36,801</u>	<u>59,700</u>

4-H Quebec Provincial Partners 2022 - 2023

4-H Quebec recognizes the tremendous impact funding partners have on 4-H's ability to deliver a quality program. Sponsorship and programming grants play an integral role in the operation of the Quebec 4-H program, helping our association to meet the needs of its members and adult volunteer leaders. Contributions, whether cash or in kind, are greatly appreciated. Quebec 4-H would like to recognize the efforts of the Canadian 4-H Foundation which complement fund development at the provincial level.

Thank You!

Patron / Mécène \$25,000 +

Benefactor / Bienfaiteur \$10,000 - \$24,999



Builder / Bâtisseur \$5,000 - \$9,999



Champion \$2,000 - \$4,999



Supporter/ Supporteur \$500 - \$999



Leadership Tomorrow Through Learning Today



CANADA
4-H Quebec

Quebec 4-H Association
Macdonald Campus, Harrison House 3-04
21,111 Lakeshore Road
Ste-Anne-de-Bellevue, Qc H9X 3V9
Tel: 514-398-8738
Email: office@quebec4-h.com