The News Spreader



October 2026

CANADA
4-H Quebec



Photo: The 4-H Canada Youth Advisory Committee at the 2026 Leadership Summit in Calgary
Photos and article provided by Mackenzie Peddie

THE INSIDE SCOOP: 4-H CANADA YOUTH ADVISORY COMMITTEE

Do you live by the “Learn to do by doing” motto? Are you interested in digging deeper into the world of 4-H? Keen to make awesome friends from each province? Then apply for YAC!

I am Mackenzie, and I am 4-H Quebec’s YAC Representative. My term is coming to an end in the Spring of 2027, applications for a new YAC will be up this fall, and you can be 4-H Quebec’s next representative!

But first, let’s take a look at what YAC is and what we do:

What is YAC?
YAC stands for Youth Advisory Committee, which is made up of 10 4-H youth members between the ages of 17-25 from across the country. Each member holds a two-year term with the possibility of extending it another year.

Continued on page 2



Photo: Mackenzie with Senator Rob Black

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YOUTH ADVISORY COMMITTEE









What does YAC do?
YAC members bring a youth voice to the National level and help out with policies and decisions made. We also represent 4-H Canada at events and conferences, such as Members Forum and Leadership Summit.



Time Commitment for YAC
YAC holds monthly meetings, where we share what each province has been up to and discuss upcoming events and programs that need YAC support. We also have working groups, where we divide and conquer different topics we believe are important to the 4-H communities across Canada. You can be as involved in you like, but remember: the more you give, the more you get back!



My Experience
During my time, I have had the opportunity to share and support different youth inputs on many topics, travel, and meet so many new faces, make lasting friendships from Coast to Coast to Coast, and dive deeper into the background of 4-H Canada Operations. I am so grateful for my new friends and the experience YAC offered, and I hope that the next YAC will feel the same after their two years are up.



If you are interested and have other questions, feel free to reach out to me by email at mpeddie@4-h-canada.ca or contact Gillian at coordinator@quebec4-H.com for more information on the application process.

- The term for the next YAC representative will begin in May 2027

CLUB CORNER

KEEPING UP WITH OUR CLUBS!

RICHMOND

By Aurelia Lemelin

Our club has been having some amazing moments this month!



On August 21st we had a blast playing mini putt! Everyone had fun trying to get the ball into the holes and enjoying some friendly competition. At the end, we got to enjoy a delicious ice cream, which was a great way to finish the activity!

On October 3rd we had fun making apple crisp together! We got to learn more about preparing food and enjoy the process of making a delicious homemade dessert. It was a great activity to share with everyone, and it was fun to see everything come together!



On September 26th six members were chosen to help with the corn roast at the rodeo! It was a great opportunity to volunteer, lend a hand, and be part of an exciting community event. Helping at events like this is a great way to learn about teamwork and responsibility while supporting the people around us!



On September 12th, we had the opportunity to show our animals and demonstrate all the hard work and preparation we put into getting them ready. It was a great experience to learn, gain confidence, and share our projects with others. A big thank-you to all the judges for taking the time to evaluate our animals, share their knowledge, and give us helpful feedback. We really appreciate their time and support! The fair was a wonderful opportunity to learn new things, meet other exhibitors, and celebrate all the hard work that goes into 4-H.

Q: Where do baby cows eat? A: At the CALF-ATERIA!!!

Have a Happy Halloween!!!









PROVINCIAL UPDATES

CANADA

CANADA

HAHA!

Funny Farm

Green is my favourite colour. I love it even more than....

Answer: Blue and yellow combined.

2026 Calendar of Events

Opportunity	Date	Host/Location
4-H Show Your 4-H Colours Day	November 4th	Across Canada
Royal Agricultural Winter Fair	November 6th to 15th	Toronto, ON
Intermediate Leadership Conference/ Senior Members Weekend	November 20th to 22nd	Orford
Members Forum	November 21st to 26th	Regina, SK
Winter Junior Camp	January 22nd to 24th	CPA l'Estacade, Île-aux-Noix
Provincial Rally 2027	July 22nd to 25th	Shawville

Is there an item of clothing you would like to see in the E-Store? Let Gillian Know

COLD WEATHER ESSENTIALS

QUEBEC 4-H E-STORE!



CHECK IT OUT

https://4hquebec.fundytextile.com/4-h_quebec/shop/home

Check us out on social media!

quebec.4h 4.H.Quebec 4hquebec

Do you have dates you would like to see added to the calendar?

Interested in submitting an article or photo?

Send Gillian an email by November 16th!

Provincial Coordinator - Gillian MacDougall

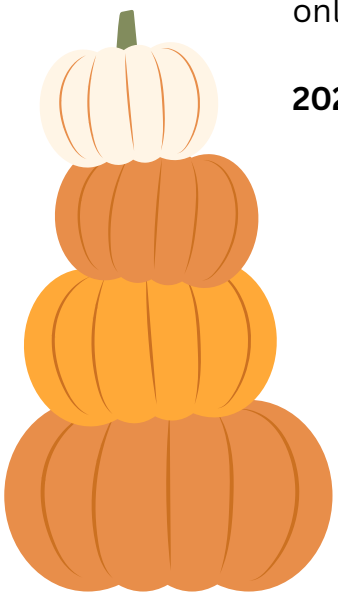
coordinator@quebec4-h.com - 819-650-2296

Quebec4-h.com

PROVINCIAL UPDATES

The 2026 Garden Challenge

only a little more time left to submit enteries for this year's Challenge!



2026 categories

- Heaviest Pumpkin
- Largest Pumpkin Harvest
- Best Pumpkin Patch (garden presentation & care)
- Most Unique Variety (heirloom, unusual colour, shape, etc.)
- Jack-o-lantern Carving
- Pumpkin recipe challenge
- Funniest Pumpkin

Entries can be submitted to contest@quebec4-H.com and must include at least one photo.

DEADLINE - November 1st 2026

2027 Opportunities Guide

With 2027 only a few months away the development of the next Opportunities Guide is underway.

If you have a date or opportunity you would like to share with Quebec 4-H members, whether it's offered through 4-H or another organization, please send Gillian an email at coordinator@quebec4-H.com to include it in the 2027 Opportunities Guide.

The Opportunities Guide is a comprehensive guide to local, national, and international opportunities available to 4-H Quebec members and volunteers. This includes Scholarships, Awards, Bursaries, International Travel Opportunities, Competitions, Contests, and more!

The Guide will be available digitally and hard copies will me sent to members.

Throwback to the 1991 Leadership Conference!



Can you spot any familiar faces?

PROVINCIAL UPDATES



$75/participant

CANADA
4-H Quebec

INTERMEDIATE LEADERSHIP CONFERENCE & SENIOR MEMBERS WEEKEND

"Come together for the fun, stay for the friendships, and leave ready to lead!"

NOV 20 - 22

AGES 13 TO 21

Parkside Ranch - Orford, Quebec

- Chaperones needed -

For more information reach out to Gillian at coordinator@quebec4-H.com

- ☑ New experiences
- ☑ New connections
- ☑ New ideas
- ☑ All things 4-H!

Ready to build your leadership skills, meet new people, and make the most of your 4-H experience?

Join us for a weekend of learning, connecting, and fun with fellow 4-H members!

- Workshops
- Guest Speaker
- Challenges
- Social Hour
- Outdoor Time
- and lots of fun!

Registration open in Amilia

Deadeline November 6th

SHOW YOUR 4-H COLOURS DAY

Taking place

Wednesday, November 4th



This November, 4-H Canada's national Show Your 4-H Colours campaign will celebrate the people and communities that make 4-H special.

Members, leaders, volunteers, alumni, clubs, provinces and all supporters and champions of 4-H are invited to share the stories, people and moments that represent 4-H in their communities.

There is no one right way to participate. Choose authentic stories that spotlight your people, clubs and communities. Ideas include

- **Leader We Love -** Highlight a leader who makes a difference and share how they inspire members, strengthen their club or support their community.
- **Why 4-H? -** Share what 4-H means to members, leaders, volunteers or alumni and the difference it has made in their lives.
- **Show Your Colours -** Showcase 4-H pride by sharing photos or videos of members and supporters wearing green or displaying the 4-H clover.
- **4-H Across Our Province -** Highlight the different communities, clubs and experiences that make up 4-H locally.



Two Chances to win!

1 - Share your photos on social media and tag Quebec 4-H or email them to coordinator@quebec4-H on November 4th for a chance to win a Quebec 4-H Yeti

2 - Use #SY4HC and tag 4-H Canada the week of November 4th for the chance to win 4-H Canada swag bundle.

Show Your 4-H Colours

LEADER LINK

Get Ready for a New 4-H Year!

A new 4-H year is just around the corner, and now is the perfect time to make sure your club and volunteers are ready to go! Leader registration for 2027 is now open in Amilia, so please take a few minutes to complete your registration and start thinking about who else might be interested in helping out this year.

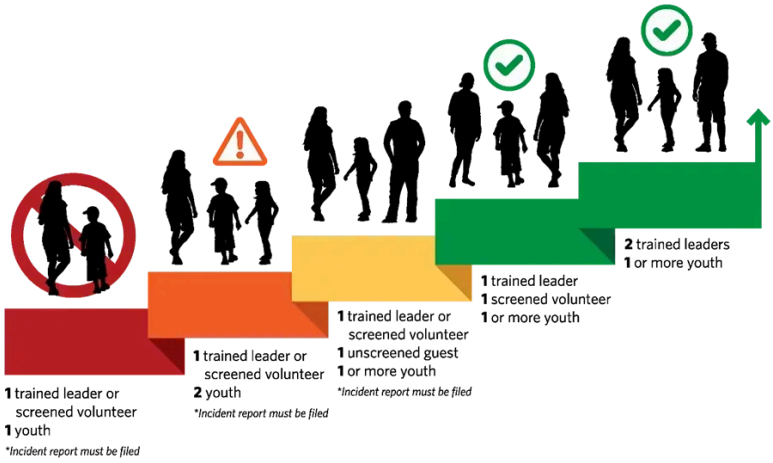
- Leaders - https://app.amilia.com/store/en/quebec-4-h/shop/memberships/80168
- Adult Volunteers - https://app.amilia.com/store/en/quebec-4-h/shop/memberships/80172

Remember, every club activity, whether in person or online, requires a minimum of two adults. At least one must be a fully screened and trained leader, while the second must have a valid Police Check. Having additional screened parents and volunteers makes it easier to meet 4-H Canada's Youth Safety Standards, including the Rule of Two, and ensures your club has a strong team of adults to support its members.

Now is also a great time to check that your paperwork is up to date!

Requirements includes

- Annual Registration with Quebec 4-H
  - Linked above
  - Registration includes
    - Reference Check Info
      - 3 references not related to you
    - Code of Conduct
    - Leader Committment
- 4-H Canada Youth Safety Training
  - Refresher course ever 3 years
- Commit to Kids Training
  - Respect in Sport, Respect in Schools, and MEQ accepted as equivalents
  - Refresher course ever 3 years
- Vulnerable Sector Check
  - After inital VSC a Criminal Record Check is required every 3 years.







Have questions or know someone who would like to help? Reach out to Gillian to learn more about leader registration, training, and becoming a screened volunteer. A little preparation now helps ensure a safe, successful, and fun year of Learning to Do by Doing!

NATIONAL NEWS

FCC 4-H Club Fund

4-H Canada and FCC are providing a total of $100,000 for financial support to 4-H clubs, districts, and regions across Canada. Grants up to $500 will be available to support intiatives focused on growth, inclusion, and volunteer capacity.

Funding can be used for a variety of activities, including volunteer development, promoting 4-H in your community, reducing barriers to participation, supporting local events, purchasing resources, and more.

APPLICATIONS DEADLINE: OCTOBER 31ST ,2026!



NEW CANINE PROJECT



NEW SIGNAGE

Things covered under the FCC Club Fund...

- Fundraising
- General club supplies/meeting costs
- Leader support/recognition
- New member recruitment
- Promotion and advertising
- Public Speaking/Communications
- Registration fees
- Volunteer capacity building (training)
- Starting a new club
- Starting a new project
- Achievement Day
- Attending/participating in a show
- Clinic or Workshop for members
- Club Clothing
- Club Trip
- Eliminating barriers to entry

4-H Canada Scholarship Winners

Congratulations to Edward Mason, Ormstown 4-H Club, one of the 2026 TD 4-H Scholarship recipients!





Congratulations to Allison Morse, Hatley 4-H Club, one of the 2026 John Deere 4-H Scholarship recipients!

NATIONAL NEWS



Sessions will take place on the third Wednesday of each month at 7:30 p.m. ET.

Next sessions will include:

- **November 18:** Running a Virtual Cooking Club and make some pizza with 4-H ON Leader John Drummond
- **January 20:** 4-H Canada's Youth Advisory Committee
- **February 17:** Agents of STEM: Mission Ready Leader Training with 4-H Canada's Chelsea Crawford and 4-H MB YAC Ashlyn Whetter
- **March 17:** DEIA session, details to be confirmed

COMMUNITY POST





Photo provided by Mackenzie Peddie

Spreading the 4-H Spirit and Giving Back!

A team of Business Management students from John Abbott College, including Connor Bryson from the Ormstown 4-H Club, recently put their planning skills to work in support of Quebec 4-H. As part of an assignment to organize a pop-up shop for a non-profit organization, the team chose Quebec 4-H.

Their goal was to raise awareness about 4-H, share information about the opportunities available to youth, and potentially encourage more members to join local clubs. One of their initiatives was a bake sale at RibFest in Ormstown on Sunday, September 20, where they connected with children and adults to share what 4-H is all about while raising funds for the organization.

Through their efforts, the students raised $86.25 and helped spread the word about Quebec 4-H in their community. The funds will go towards exploring a new initiative: virtual 4-H cooking clubs! Planned for this coming winter, the virtual cooking clubs would give youth the opportunity to learn new cooking skills, try new recipes, and connect with other 4-H members from the comfort of their own kitchens. The program could also reach youth outside our current club areas who are interested in joining 4-H but don't have a local club nearby. We hope to provide participants with cooking kits featuring recipe cards, and 4-H-branded cooking gear to make the experience even more engaging.

A huge thank-you to the team for choosing Quebec 4-H, sharing our mission, and helping us explore new ways to bring 4-H opportunities to more youth across the province. Their initiative is a wonderful example of how community involvement can make a difference!

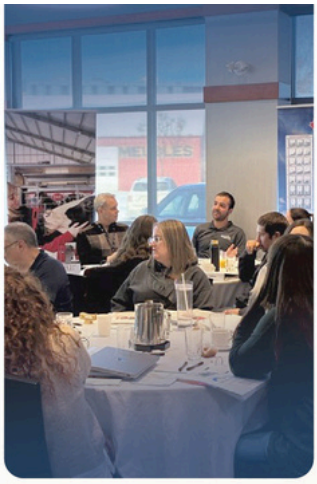
COMMUNITY POST

CANADA

CANADA

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11e édition

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OCTOBER'S GAME OF THE MONTH

I	A	N	U	L	S	P	Z	U	M	W	I	T	C	H	E	K
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GHOST	PUMPKIN	BATS	ZOMBIE
SPOOKY	NIGHT	CREEPY	SPIDER
CANDY	GOBLIN	WITCH	SKELETON
COSTUME	BOO	HAUNTED	MASK