

The News Spreader



CANADA
4-H Quebec



August 2024



Photos provided by Gillian MacDougall: The 4-H Quebec Staff and Senior member chaperones

Summer Junior Camp 2024 Quote

"I was unsure about camping in the woods but ended up having a lot of fun. I really liked cooking food on the fire and all the crafts. I would say it was my favorite 4-H camp so far!" -Eloise Thompson



IN THIS ISSUE

**SUMMER JUNIOR
CAMP**

**YOUTH ADVISORY
COMMITTEE**

4 PILLARS OF 4H

**CLUB ACHIEVEMENT
DAYS + FAIRS**

**NATIONAL
NEWS**

Junior Summer Camp





PROVINCIAL UPDATES



Photo Contest
Entry Deadline
Oct 7

TD Classic
Registration Deadline
Oct 15

AGM & Leadership
Conference
Nov 22 to 24
Hosted by The Shawville
4-H Club

Youth Advisory Committee

By: Rebecca Weldon

Over the past two years I have had the privilege of being a member of 4-H Canada's Youth Advisory Committee (YAC). YAC members represent 4-H Canada at events and conferences and help drive its policy development and decision making. The Youth Advisory Committee, consisting of a 4-H member from each province, meets about every three months (via Teams) to make recommendations to 4-H Canada on programming, marketing & communications, and policy development.

As the YAC member for the province of Quebec, I have had the opportunity to travel to Ottawa and Vancouver to participate in the 2023 and 2024 Leadership Summit Conferences. My role as a YAC member at these conferences was to act as a facilitator; whether that be by lending a helping hand where needed or being the emcee for a workshop/presentation that was given.



Additionally, I am the YAC member on 4-H Canada's Research and Data Committee. This is a strategy-focused committee that engages stakeholders on national priorities of the 4-H movement around digital platforms and data to improve infrastructure and insights. During my tenure, I have built relationships with some incredible 4-Hers across Canada. It has been such a positive experience working with members from other provinces because we get to share how our clubs operate. In turn, this enables me to introduce new ideas to 4-H Quebec. Furthermore, I believe that my involvement with the YAC has significantly impacted my professional development, enhancing my abilities in teamwork, communication, and decision-making.

I highly recommend applying to become the next YAC member to represent Quebec! Do not hesitate to reach out to me if you have any additional questions about the position.



Pictures Provided by: Rebecca Weldon



CANADA

PROVINCIAL UPDATES



CANADA

Interested in Becoming a YAC Member?

This Fall Quebec 4-H will be appointing a new representative to YAC and it could be you!

To be eligible, prospective YAC members must:

- be between 18 to 25 years old.
 - Candidates must be 18 years of age as of January 1 of the year in which they begin their term.
 - Candidates should not turn 26 before the end of their term.
- be current 4-H members in good standing or recent alumni, within three years of aging out of the 4-H program.
- Commit to
 - volunteer at least 2 hours/month and additional time as required.
 - attend and contribute to scheduled meetings
 - maintain strong ongoing communications
 - contribute actively
 - meet all deadlines
- Demonstrate knowledge of 4-H nationally, provincially, and locally.
- Demonstrate interest in public speaking, group facilitation and being a team player.
- be willing to travel within Canada to at least one in-person meeting and one additional meeting, program, or event within Canada to be determined.

YAC Application Process

1. Complete the [YAC Member Application Form](#) and submit it to the provincial office by emailing coordinator@quebec4-H.com by end of day October 18, 2024.
2. All applications will be reviewed to ensure all requirements are met.
3. Eligible candidates will be asked to give a short presentation at the Quebec 4-H Annual General Meeting to share why they are best suited for the role.
4. The Quebec 4-H membership present at the AGM will vote to elect the next Quebec 4-H YAC representative.

Curious about who else is on the Quebec 4-H Provincial board? Check out the list of board members on our [website](#).



Do you know the 4 Pillars Of 4-H?



Community Engagement & Communications

Community engagement and communications are essential aspects of 4H. From getting involved in local events to voicing their opinions on global matters, today's youth are making a huge impact on their surrounding communities. At 4H Canada our programs and activities are designed with the intention of administering youth leadership and involvement. As communication is ever changing due to advancements in technology, who better to take the lead than our adaptable and capable youth of 4H.

Science & Technology

Science and technology are involved in many of our daily practices and with their advancement agriculture has evolved tremendously, making farming more sustainable. 4H recognizes that teaching youth about science and technology will help them to understand agriculture better and open doors to a future in stem (science, technology, engineering, math). We offer hands-on programs and activities that the youth of 4H can actively participate in, with inquiry based guidance along the way.

Environment & Healthy Living

It is very important to 4H Canada that youth are taught how to take care of themselves, their neighbours and the earth. That is why we provide activities and programs that focus on personal health and growth as well as sustainable everyday practices that foster environmental stewardship. We believe that children have the ability to make positive changes in the world around them and that is why we want to encourage our youth to do so by building their knowledge and confidence.

Sustainable Agriculture & Food Security

Sustainable agriculture and food security is a vital component of 4H as it targets rural communities and the children interested in them. 4H Canada encourages youth involvement in agriculture by supporting them as they explore issues related to sustainable agriculture and food security all around the world. We value the state of the environment and the power of children to protect it through learning about the effect of agricultural practices on the planet.

Contact Info

Provincial Coordinator
Gillian MacDougall
coordinator@quebec4-h.com
819-650-2296

Interested in submitting an article or photo to The News Spreader? Have an event you'd like to promote?

Send us an email at coordinator@quebec4-h.com
by August 6th to be in the next edition!

Recent Club Fairs

Ormstown



Dairy Showmanship Champions
Peewee - Saydie Sundborg from Ormstown
Juniors - Preston Mason from Ormstown
Intermediate - Roewan Cosgrove from Howick
Senior - Geordi Woods from Ormstown

Rabbit Showmanship
Champion - Murray Bryson from Ormstown
Reserve - Alex Quinn from Ormstown
Honorable Mention - Zachary Gendron from Howick

Overall Champion
 Roewan Cosgrove
 Howick
Reserve
 Geordie Woods
 Ormstown
Honorable Mention
 Connor Bryson from Ormstown



Ormstown Fair- Pictures Provided by: Stephanie Maynard

Lachute



Lachute Fair Pictures Provided by: Emily Mcouat



Lachute Club Participates in Local Fair

By Emily Mcouat

The Lachute 4-H Club participated in the parade on Thursday night and sold ice cream all weekend long in our ice cream booth! Members participated in the 4-H Dairy Show on Saturday, the open Dairy Show on Sunday and the Extreme Cowboy Event on Saturday. Fun was had by all!

Recent Club Achievement Days



Sawyerville



Sawyerville Club Holds Annual Achievement Day At Woodview Dairy Farm

By: Samantha Oliveras

On Saturday, July 20th the Sawyerville 4-H held their annual achievement day. We were fortunate enough to hold it at Woodview Dairy Farm! This day would not have been possible without the volunteers and our fantastic judges: Dairy Devin Keenan, Beef Jacob Rothney, Goat Josh Barter, and Rabbit Ashley Carrier Cathcart. Having all our family and friends there supporting on the side lines was wonderful. We would like to also make a special mention to FCC for the 2024 FCC Fund Club Grant that enabled us to make a banner as well as provide awards for our members.

We want to wish the best of luck to all the showpersons this show season!



Check us out
on Instagram
and tag us to
enter!



PHOTO CONTEST

Winners to be included in the
2025 CALENDAR!



CONTACT US :

819-650-2296 | coordinator@quebec4-h.com



1. Eligibility

- The contest is open to all members of Quebec 4-H.
- Members must be in good standing with their membership fees paid.

2. Entry Period

- Deadline for photo submission is 12 pm (noon) October 7th.

3. How to Enter

- Photos can be submitted by email to contest@quebec4-h.com or by tagging Quebec 4-H on Instagram [@4hquebec](https://www.instagram.com/4hquebec)
- There is no limit to the number of entries.
- When submitting your photos please include a photo caption, full name of member, and club.
- Ensure that all people in the photo have consented to have their image shared.

4. Photo Requirements

- Photos must be original and taken by the member submitting them.
- Photos should not contain any watermarks, signatures, or any identifying marks.

5. Judging

- All photos submitted will be uploaded to a contest album on the 4-H Quebec Facebook Page. Once uploaded, the voting period will be open from noon October 11th to noon October 18th.

6. Prizes

- The thirteen (13) photos with the most likes in the dedicated contest album on Facebook will be selected for the Quebec 4-H 2025 calendar.

7. Winner Notification

- Winners will be announced on Quebec 4-H's website, Facebook, and Instagram.

8. Usage Rights

- By entering the contest, participants grant Quebec 4-H the right to use their photos for promotional purposes.

9. Disqualification

- Any photos with inappropriate content will not be accepted.



NATIONAL NEWS



2024 4-H Canada's Members Forum



Registration

Registration opens- August 1st – As soon as provincial lists are received, the registration link will be sent to individuals within the provincial delegation, including Chaperone, to complete their registration. Due to the increased costs of air and ground travel, accommodations, and food, 4-H Canada is increasing the registration cost of Members Forum. In addition, we are introducing an Early Bird price with a lower registration fee to encourage provinces to submit their delegation lists, and delegates/Chaperones to complete their registrations in a timely manner.

- *NEW* Early Bird Registration Price: \$635 – registration must be fully completed by 11:59 pm ET on August 21st, 2024
- Regular Registration Price \$675 – beginning August 22, 2024, and onwards.

Registration costs include:

- Participation in all Members Forum programming, including workshops, Mentorship Circles, keynote speakers, sessions, and activities.
- Round-trip flight or other transportation to and from Members Forum.
- All Ground transportation during the event including airport transfers.
- Meals (breakfasts, lunches, dinners, and some snacks – beginning with dinner on Sunday, November 2.)
- Hotel accommodation – double occupancy
- Attendance at The Royal Winter Fair

Important Dates:

- Registration opens- Thursday, August 1, 2024
- Provincial list deadline – Friday, August 9, 2024
- Early Bird Registration Deadline – Wednesday, August 21, 2024
- Final Registration Deadline – Friday, September 6, 2024
- Start of conference – Saturday, November 2, 2024

How can members and clubs participate in the AgriFood Challenge?

Step 1: DO. Use the Proud To Bee A 4-H'er, Dig Into Soil, and Food For Thought activity books to learn more about sustainable agriculture and food security. Try out some activities.

Step 2: REFLECT. Talk with your challenge group members about what you learned from the activity books and the activities you completed. How do these issues affect your community? Brainstorm ideas for how you can use what you've learned to take positive action.

Step 3: APPLY. With the support of your club leaders, choose what your action will be and make a plan for your challenge. Do you need any permission? Do you need supplies? How long will it take to complete your action? Who can you ask for help? What community resources can you make use of? When do you need to start? How can you involve others? What will the role of your challenge group members be?



Divide the work, roll up your sleeves and get started! There's no better time to create positive change in your community than right now! Via the online challenge portal, clubs will submit their application(s) in hopes of being selected to receive one of 15 x \$500 cash prizes (*note: no club will be eligible to win more than \$1,000 in total cash prizes).

Learn more today and register your project at: 4-h-canada.ca/programs/agrifood-challenge

APPLICATIONS FOR THE FCC 4-H CLUB FUND ARE NOW OPEN!

What could your club do with \$500?

Through the generosity of FCC, \$100,000 is available (up to \$500 per 4-H club, district, and region across Canada). These funds can go towards programs, activities, and more including the following eligible activities:

- Costs associated with promotion and advertising, such as promotion of a community-based 4-H club and new member registration;
- Costs associated with eliminating barriers to entry, such as ASL training for members;
- Costs associated with registration fees for leaders to attend 4-H conferences or seminars;
- Volunteer capacity building (first aid training, mental health first aid etc.)

Visit 4-h-canada.ca/clubfunds to learn more and apply today!

Applications close Oct. 31, 2024.

JACK PEMBERTON YOUTH DEVELOPMENT BURSARY APPLICATIONS OPEN AUGUST 9



4-H Canada is pleased to offer the Jack Pemberton Bursary once again in partnership with the Royal Agricultural Winter Fair!

The successful applicant will be awarded a \$3,000 bursary with:

- \$2,250 of the funds will be used to cover the cost of travel to and within Toronto (airfare and all transportation between the airport, hotel, and The Royal grounds).
- \$750 of the funds will go towards the recipient's post-secondary education.

Applications period - August 9 and close September 15, 2024 at 11:59 p.m. ET.

Visit <https://4-h-canada.ca/scholarships-awards/bursaries/> for more info!

Biosecurity Recommendations for Canadian Fairs and Exhibits from Animal Health Canada



Check out the Animal Health Canada [website](#) for guidance documents for exhibitors that recommend things to do before, during and after exhibitions to help keep cattle safe.
Infographics, posters, and pre-made social media posts available!