

# The News Spreader



May 2024

CANADA  
4-H Quebec



Photo provided by Gillian MacDougall: The 11 participating teams at the Ormstown Square Dance Competition.

## Ormstown 4-H Hosts Swinging Square Dance Competition

By Mackenzie Peddie

Ormstown 4-H hosted their annual Square Dance competition at the Industrial building on April 27, bringing in teams from Shawville, Lachute, Ormstown, Richmond and Prescott County. In total, 11 teams participated in either the Peewee, Junior or Senior division.

Besides the prizes for best teams being handed out, there were also prizes for best Junior caller, won by Eloise Thompson from Shawville, and for the first time best Junior Musician, won by Ashley Flipsen from Prescott County.

Starting off with Peewee, first place was won by the Shawville team, second by the Lachute team. First place for the Junior division was given to Ormstown, second to Lachute and third was brought home by Richmond. Finishing off with the Senior teams, first place was won by Prescott County Greens, second by Lachute, and Shawville third.

The prizes for best couple and runner up couple were also given out. In the Peewee division, Laurel Sally and James Stephens from Shawville won runner up, and Elly Ingalls and Braylie Bullis from the same team won Best Peewee couple. Brooklyn Bryson and Preston Mason from Ormstown won Best Junior Couple and Raelynn Sally and Eloise Thompson from Shawville won runner up, and Best Couple and runner up in the Senior division was won by Isabelle Harnisch with Jordan Anderson from Prescott County, Amy Sheppard with McKenna Richardson from Shawville, respectively.

Thank you to Ormstown 4-H for hosting and planning, to all who came down to support the event, and to the families who support the teams by driving them to their practices and cheering them on at competitions. Thank you also to the leaders of each team who coached and motivated the young dancers to showcase their talents, the band for their live music, and the judges who had to make the tough decisions.

Congratulations to all teams who dedicated time to practice, drive down and participate this year, we hope to see you again next year!

This article was originally published in The Gleaner on May 15, 2024 – to learn more about The Gleaner, please visit [www.the-gleaner.com](http://www.the-gleaner.com).

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# PROVINCIAL COORDINATOR'S MESSAGE

April flew by and with my first month under my belt I am excited to continue digging into things and getting to know more of our 4-H community!

As a proud 4-H Alumni and current 4-H parent, I look forward to bringing back some traditional activities, as well as finding out what members and volunteers would like to see happen in our province.

I was glad to be able to attend the Ormstown Square Dance competition and am looking forward to Rally in Richmond. (In my 20+ years involved with 4-H I can't believe this will be my first Richmond Rally!)

I encourage everyone to reach out with questions, to share club info, or an invitation to join you at one of your club activities!

- Gillian

## Junior 4-H Members Make the Most of Winter Camp Experience

**By Mackenzie Peddie**

This year, Winter Junior Camp took place February 23-25 in Ile-Perrot, bringing in young members from Lachute, Shawville, Sawyerville, Hatley, Howick and Ormstown for a weekend of fun. For those who don't know, Winter Junior Camp is for our Junior members who are aged 9 to 12. It's a way to make friends, explore outside their home clubs, and some fun for one of the younger age groups in 4-H!

Starting Friday night, we made banana boats (a banana with chocolate and marshmallows wrapped in aluminum paper and held over the fire to warm up) and had a bonfire. The kids got into their four groups to create an original group name and slogan. After all that fun, the members of the Western Shootouts, Snowy Cow People, Western Saddles and Frozen Bandits got settled in for the night, ready for the next day.

Over the course of the weekend, each group got to make a meal, feed the farm animals with Phil Quinn, make birdhouses and bird feeders with Steve Knox, and play outside and skate, ski, or play tag. We also did line dancing and square dancing, made bread for Sunday morning toast, and each a fruit crumble. After all that excitement, we watched a movie and headed off to sleep before our last day.

On Sunday, with the help of the chaperones, the Junior members were able to do a mock meeting, where they did elections, made a quick agenda, and were able to run their own meeting without the older members of their clubs present. After they adjourned the meeting, we all went for a final skate on the pond before happy parents came to pick them up.

Those three days helped create the beginning of many friendships in the younger 4-H population and gave them a chance to explore outside their home clubs and learn new things, such as how to run meetings!

Thank you to Ferme Quinn (Stephanie and Phil) for hosting this year's Junior Camp, to the other chaperones, Sarah Brisebois, Christina Knox, Emily McOuat and Keith Quinn for spending a weekend with the Juniors, thank you to Steve Knox for volunteering your time to help with birdhouses and bird feeders, Maeve McIntyre for donating ground beef for our spaghetti sauce, thank you to Simon Pierre Loiselle and Claudia Machabée, and thank you to all the young 4-H members who participated; see you next year!



Photo provided by the Ormstown 4-H Club: A group of Junior Members show off the bird houses they built

This article was originally published in The Gleaner on March 6, 2024 – to learn more about The Gleaner, please visit [www.the-gleaner.com](http://www.the-gleaner.com).

## UPCOMING DATES

**TD CLASSIC**  
Pre-registration  
Deadline  
June 1  
More Info to Come

**Provincial Rally**  
June 27 to June 30  
Hosted by  
The Richmond  
4-H Club

**Summer Junior  
Camp**  
July 19 to 21  
Held in the  
Chateauguay Valley

**AGM and Leadership  
Conference**  
November 22 to 24  
Hosted by The  
Shawville 4-H Club



## Ormstown 4-H Hosts Busy Innovative Ag Tour



Photo provided by the Ormstown 4-H Club: IAT Participants outside of Ferme Montcalm

### By Mackenzie Peddie

Many members from Quebec 4-H spent a weekend in the Valley, as this year's Innovative Ag Tour was hosted by Ormstown 4-H on March 15 to 17. Innovate Ag Tour is a 4-H event that brings Quebec 4-Hers together each year during the month of March, showcasing the host club's local agriculture.

On Saturday, March 16, we visited the Ferme Montcalm et Frères dairy farm in Saint-Louis-de-Gonzague, Hazel Hill Farm in Ormstown, Homestead Lodge Holsteins in Hinchinbrooke, Covey Hill Ranch in Havelock, Boutique Bon Boeuf and Anglo Acres Angus beef farm, and Tullochgorum Farm in Ormstown. The day ended with a presentation by poultry farmer Matthew Elliot from Howick.

The tour started again the following day with our first stop taking place at L'Érablière Des Roy in Sainte-Marthe. Our next stop was at the organic market garden Ferme Coopérative Tourne-Sol in Les Cèdres. The last stop of our Ag tour was at the Ferme Quinn in Notre-Dame-de-l'Île Perrot.

Participants said a big thank you to Ormstown 4-H for planning each of our stops, as well as to all farms and enterprises that welcomed 4-Hers for a visit. Ormstown 4-H also thanked the members who came from all around for a glimpse of farming in the Valley.

Next year's Innovative Ag tour will take place in Lachute.

The full article was originally published in The Gleaner on April 17, 2024 – to learn more about The Gleaner, please visit [www.the-gleaner.com](http://www.the-gleaner.com).

### NEW OFFICE PHONE NUMBER



**819-650-2296**

Call or Text Gillian

### Contact Info

Provincial Coordinator  
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## PHOTO CONTEST

### Calling all young photographers!

Unleash your creativity and capture the essence of your 4-H experience in our exciting new Photo Contest.

Whether it's a snapshot of your favorite project, a scenic farm landscape, or a moment with fellow members, we want to see it all!

**Winners will be featured in our Quebec 4-H 2025 calendar**

Entries can be submitted by emailing to [contest@quebec4-h.com](mailto:contest@quebec4-h.com) or by tagging Quebec 4-H on Instagram @4hquebec

Official rules to come!



**Interested in submitting an article or photo to The News Spreader? Have an event you'd like to promote?**

**Send us an email at [coordinator@quebec4-h.com](mailto:coordinator@quebec4-h.com) by June 9th to be in the next edition!**

## Event Coordinator



**Paige Frost**

I am excited to be working for Quebec 4-H once again as the event coordinator! I am thrilled to be working with Gillian and the Richmond Club to plan Rally together. I have been in 4-H for many, many years now and as I am getting to the end of my 4-H career, I am glad to get these last few years of experience with a great group of people.

I can't wait for rally this year and for all the magical time that we will have!

## Interim President



**Christina Knox**

Hi everyone, I'm Christina Knox and I'll be the interim president for the next few months. I have been a member of the Ormstown 4-H club for over a decade now and have participated in multiple projects, such as square dancing, public speaking, and garden club, as well as being a member of the Provincial board of directors for the past couple years.

I'm honoured to have this opportunity and I'm very excited to do my part for this organization that has given so much to me over the years.

I hope to see many of you over the summer!

# RALLY NEWS

### Final Registration Closes

**May 26th, 2024**

Current Cost -\$140

\$120 (participant fee) +\$20 (Late Fee)

### Deadlines

Hay and shavings - May 26th

Meal Plans - May 26th

Fitting Teams - June 1st



**Still need to register?**

**White Rally Polos will not be provided this year.**



### Beef Shirt Colours

Angus: Black      Simmental: Blue

Limousin: Grey      Hereford: Red

Charolais: Black      Shorthorn: Burgundy

Other breeds: white

**Horse:** Show shirt and Black pants

**For all other animals please refer to the Rally rules**

**No farm logos will be accepted on clothing**

## SCHEDULE OF EVENTS

### Thursday, June 27th

1:00 p.m. - 4:00 p.m.

1:30 p.m. - 4:30 p.m.

4:00 p.m. - 4:30 p.m.

4:30 p.m. - 6:00 p.m.

6:30 p.m.

7:30 p.m.

Arrival of Animals/ Vet check & Registration

Life skills drop off

Chaperone Meeting

Supper - *Sponsored by CIAQ*

Opening Ceremonies

Farmers' Olympics - *Sponsored by Alsum & AB-SM*

### Friday, June 28th

7:00 a.m. - 8:30 a.m.

8:00 a.m. - 9:00 a.m.

9:30 a.m. - 12:00 a.m.

11:30 a.m. - 1:00 p.m.

12:30 p.m.

1:15 p.m. - 1:30 p.m.

Breakfast - *Sponsored by DLF*

Compulsory Life Skills Class

Public Speaking

Lunch

Fitting Teams may set up their spaces

Meeting with Group Leaders for Judging competition

1:30 p.m. - 3:30 p.m.

4:00 p.m. - 4:30 p.m.

Judging Competition

Announcement of Public Speaking & Life Skills Winners

Supper

4:30 p.m. - 6:00 p.m.

6:15 p.m. - 7:00 p.m.

7:30 p.m.

Costume Class

Fitting Competition

### Saturday, June 29th

6:30 a.m. - 8:00 a.m.

8:00 a.m.

9:00 a.m.

9:30 a.m.

11:30 a.m.

12:00 a.m. - 1:30 p.m.

Breakfast - Sausages sponsored by Les Gars des Saucisse

Rabbit Showmanship and Confirmation

Sheep, Horse, Goat, & Beef Show

Dairy Showmanship

Overall Showmanship

Lunch - *Sponsored by The Rally OGs and Coaticook Ice Cream*

(All showing will be paused from 12:30 p.m. - 1:00p.m.)

1:00 p.m.

7:00 p.m.

Dairy Confirmation

Banquet and dance

### Sunday, June 30th

7:00 a.m. - 9:00 a.m.

8:00 a.m. - 11:00 a.m.

11:00 a.m.

Breakfast - *Sponsored by Richmond 4-H Families*

Life Skills Pick-Up

Maximum time for departure

Check out the **Rally 2024 Disney!** Facebook Group for updates, tips, and all other Rally news!



# NATIONAL NEWS



## Leadership Summit

This year we had 6 volunteer leaders, our Finance Committee Chair/Youth Advisory Committee Representative, and our Provincial Coordinator attend the 4-H Canada National Leadership Summit in Vancouver, B.C.

Leadership Summit is a wonderful opportunity for volunteers and staff from across the country to come together for a weekend of sharing, learning, and fun! We look forward to taking what we learned and putting it into action within our province.

L to r: Tim Keenan (Richmond), Maria Enright (Richmond), Rebecca Weldon (Prov Board), Jennifer Enright (Shawville), Erin Scoble (Richmond), Gillian MacDougall (staff), Sarah Briseboise (Ormstown), and Marena Brown (Howick)

**Kayla McCann** from the Shawville 4-H Club was the 2023 Quebec recipient of the Provincial Volunteer Leader of the Year Award.

The 2023 4-H Canada National Award recipients were celebrated during the 2024 Leadership Summit.

For more information on the 4-H Canada National Award program, visit [4-hcanada.ca/awards](https://4-hcanada.ca/awards).

**Liberty Lloyd** and **Mackenzie Peddie** will be representing Quebec during the 4-H International Rural Exchange - Ireland 2024

Date: May 17-23, 2024

**Kathleen Kelly** from the Shawville 4-H Club will be representing Quebec at the 4-H Canada Citizenship Congress 2024!

Date: May 21-26, 2024

Location: Ottawa, ON

4-H Canada Citizenship Congress is for members aged 16-21



### - National scholarship Opportunities -

Applications are open and will close June 2, 2024.

We have 42 amazing scholarships up for grabs this year:

- \*NEW\* Campbellbrook Fund 4-H Canada Trade Scholarship (x 5)
- McDonald's Canada Future of Agriculture 4-H Scholarship (x 8)
- TD 4-H Agriculture Scholarship (x 12)
- John Deere Canada 4-H Scholarship (x 15)
- Canadian Co-operative Wool Growers 4-H Scholarship (x 2)

Visit <https://4-h-canada.ca/scholarships-awards/scholarships/> to learn more!

## Calling all 4-H leaders and members!

We're partnering up with Syngenta Canada to challenge youth leaders to create sustainable solutions and think critically about sustainable agriculture and food security at the community level. 4-H'ers have what it takes to innovatively solve some of the biggest challenges facing our planet. This challenge is one way to make a difference, and you could win up to \$1000 in cash prizes for your club! See below steps on how to participate!

### How can members and clubs participate in the AgriFood Challenge?

**Step 1: DO.** Use the Proud To Bee A 4-H'er, Dig Into Soil, and Food For Thought activity books to learn more about sustainable agriculture and food security. Try out some activities.

**Step 2: REFLECT.** Talk with your challenge group members about what you learned from the activity books and the activities you completed. How do these issues affect your community? Brainstorm ideas for how you can use what you've learned to take positive action.

**Step 3: APPLY.** With the support of your club leaders, choose what your action will be and make a plan for your challenge. Do you need any permission? Do you need supplies? How long will it take to complete your action? Who can you ask for help? What community resources can you make use of? When do you need to start? How can you involve others? What will the role of your challenge group members be?



Divide the work, roll up your sleeves and get started! There's no better time to create positive change in your community than right now! Via the online challenge portal, clubs will submit their application(s) in hopes of being selected to receive one of 15 x \$500 cash prizes (\*note: no club will be eligible to win more than \$1,000 in total cash prizes).

Learn more today and register your project at:  
[4-h-canada.ca/programs/agrifood-challenge](https://4-h-canada.ca/programs/agrifood-challenge)

## Grow With 4-H Fundraiser

We've partnered with a new Canadian seed supplier, Make It Sow, to launch our upcoming digital 'Grow With 4-H' seed fundraiser. When you purchase your seeds, they're growing so much more than a beautiful garden, they're growing the future of 4-H in Canada!

This is our easiest fundraiser yet, just follow these steps:

1. Go to [growwith4h.ca](https://growwith4h.ca)
2. Browse our seed kits and start adding to your cart.
3. Visit our [clubs page](#) to find a club that's in good standing near you!  
35% of your sale will go directly to the club of your choice.
4. Before you check out, be sure to type in the name of your selected 4-H club in the text box!
5. Check out and relax, your seeds are on the way!

It's as easy as a few clicks. **Grow With 4-H today!**



## My Career, My Future

offers 4-H Canada members and their clubs across the country the opportunity to learn about the United Nations' Sustainable Development Goal (SDG) 8: Decent Work and Economic Growth and how they can play a role in supporting full and productive employment and decent work for all. This resource is perfect for 4-H members to discover their personal role in ensuring that everyone can benefit from entrepreneurship and innovation in their community, their country, and their world!

<https://4-h-canada.ca/programs/outreach-initiatives/my-career-my-future>



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