

The News Spreader



September 2024

A 4-H FILLED SUMMER!



Top: Richmond 4-H Club Achievement Day - Overall Showperson and Judges
From left: Angie Mastine- Sheep Judge, Abby Morin- Rabbit Judge, Aidan Lodge- Overall Showperson Champion, Sierra Mastine- Overall Showperson Reserve Champion, Kianna Keenan- Overall Showperson Honorable Mention, Madison Hamel- Overall Showperson Honorable Mention, Anthony Jatou- Dairy Judge, and Nicole Giles- Beef Judge



Middle: Howick 4-H Club group photo at their Achievement Day hosted at the Huntingdon Fairgrounds.



Bottom: Shawville 4-H Club group photo at their Achievement Day hosted at the Shawville Fairgrounds

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TD CANADIAN DAIRY



4-H CLASSIC

2024 marks the 43rd show of the Classic!

The TD Classic is open to 4-H and AJRQ dairy members 12 to 21 years of age, as of January 1, 2024 with a 2024 dairy calf project.

IMPORTANT DATES

- June 1 – Pre-registration Deadline via AssistExpo
- Sept 11 – Summer Placings Form will be reshared.
- Sept 19 – Summer Placings Form due to the Provincial 4-H office.
- Sept 20 – Start of selection process in collaboration with AJRQ.
- Oct 4 – 2024 Teams to be announced.
- Oct 15 – Deadline for registration via AssistExpo

**SCAN TO VISIT
OUR WEBSITE**



CHECK OUT THE QUEBEC 4-H WEBSITE FOR MORE INFO INCLUDING:

- Classic Rules and Regulations 2024
- Classic Spring Notice 2024
- TD Classic Qualifications and Selection Guidelines 2024
- TD Classic – Summer Placing Form – 2024



AGRICULTURAL WINTER FAIR



CELEBRATING CHAMPIONS

Funny Farm

What is a sheep's favorite game??



Answer: Baa-dminton!

Contact Info

Provincial Coordinator

Gillian MacDougall

coordinator@quebec4-h.com

819-650-2296

Interested in submitting an article or photo to The News Spreader? Have an event you'd like to promote?

Send us an email at coordinator@quebec4-h.com by October 7th to be in the next edition!



CLUB CORNER

Keeping up with our clubs!

HOWICK

By: Alison Brown



Since June, we participated in several fairs in our area which includes Ormstown, Richmond, and Huntington. Later, we will be participating in Havelock fair too. Some of our older members, including myself, went to Rally in Richmond, Qc.



On our achievement day, August 11, we had a beautiful day to show in the morning the sun was shining. We had 12 showmen showing, we had a group of Holsteins and a group of Ayrshires. Our judge Jason Ness, who we had a privilege to have, took the time to speak to each of the showmen and told them how they could improve their calf and how to make themselves better as well. The morning finished with our clover bud class and then our amazing leaders treated the members and their families to pizza.

Before the fairs we had several showmanship and judging clinics.



Photos provided by: Alison Brown



CLUB CORNER

Keeping up with our clubs!

KAHNAWÀ:KE



NEW

Did you know there is a new 4-H club starting in Kahnawà:ke?

“We are interested in establishing an indigenous-focused 4-H club that celebrates and honors the rich cultural heritage of our community.

Having learned about the impactful work of 4-H clubs in Quebec, we are inspired to replicate this model in Kahnawake, with a specific focus on integrating indigenous cultures into the programming. We believe that such a club could provide valuable opportunities for our youth to connect with their cultural roots, develop leadership skills, and contribute positively to our community.”

-Shawna Kahentawaks Raymond
Kahnawake Collective Impact ~ Youth Engagement Coordinator

We are excited to welcome them into the 4-H family and support them as they start their new club this September!

To find out more about the Kahnawake Collective Impact visit
<https://www.kahnawakestrong.com/>

**Are you or someone you know interested
in starting a 4-H Club?**

Does your area need 4-H?

**Curious what it would take to get
started?**

**Contact Gillian at
coordinator@quebec4-H.com
for more information.**

**STARTING
A NEW
CLUB?**



CLUB CORNER

Keeping up with our clubs!



LACHUTE By: Julia Silverson



Our Lachute 4-H club's Achievement Day in August showcased our members' accomplishments in various 4-H projects, including dairy and beef calves, horses, rabbits, gardens, handcrafts, cooking, and photography. The event demonstrated the club's commitment to providing a supportive environment for our members to grow and develop their skills, while also fostering a sense of community and teamwork.





CLUB CORNER

Keeping up with our clubs!

ORMSTOWN

By: Keith Quinn



A few fun summer activities/shows the Ormstown 4-H Club has been to this season:
 Expo Ormstown, Provincial Rally, Huntington Fair, lake day, AJRQ Classique, and Chesterville Summer Spotlight





CLUB CORNER

Keeping up with our clubs!

RICHMOND

By: Sierra Mastine



Last month on August 2nd Richmond 4-H club held the annual achievement day, which is a small competition that features Richmond 4-H member's projects in preparation for local fairs, such as Richmond Fair. The day presented everyone's projects for the year such as showing beef cattle, dairy calves, sheep, rabbits. There were also life skills presented which included: baking, handcrafts, and photography.

All of Richmond 4-H clubs would like to thank all the judges for taking time out of their day to support your local club. We also want to say a big thank you to Tim and Maria Keenan for hosting achievement day at their house. Thank you to the Club de Holstein de Richmond for helping serve the Richmond 4H and their families with a delicious lunch along with all of the everyone including all the participants that helped make this years achievement day special.

In conclusion, this year's achievement day was a big success that started with a delicious lunch followed by lots of fun showing all our projects. The day ended with special memories that we will all remember. We hope everyone enjoyed the day and had lots of fun. We hope to see everyone at the local Richmond Fair and can't wait to see the members' projects next year!





CLUB CORNER

Keeping up with our clubs!

SAWYERVILLE



By: Alyssa Rothney



The Sawyerville 4-H has been very busy showing there projects off at our achievement day and our home town fair, Expo Cookshire! Each club member youngest to oldest has represented our club very well with positive attitudes and many smiles! Not much more we can ask for! Wishing everyone an easy return back to school and a successful finish to our 2024 show season!





CLUB CORNER

Keeping up with our clubs!

SHAWVILLE

By: Alex Mayhew



On August 17 the Shawville 4-H club held our annual achievement day at the Shawville fairgrounds. Results are as follows.

- Showmanship for rabbits, Grand was Mason Vereyken and reserve was Graham Vereyken. Graham also had grand champion rabbit with Mason in reserve.
- Grand champion dairy showperson was Patricia Egan and reserve was Morgan Tracy. Morgan also had grand champion jersey and Mackenzie St.Pierre had reserve. Grand champion Holstein was Payton St.Pierre and reserve was Patricia Egan. Grand champion Brown Swiss was Riley Drummond and reserve was Keira Drummond. Overall dairy champion was Morgan and reserve was Payton.
- Champion Horse as well as horse showman Grace Pasch.
- Grand champion goat was Olivia Judd and reserve champion was Eloise Thompson. Grand champion showperson was Olivia and reserve was Grace Kelly.
- Champion lamb show person was Amy Shepherd and reserve was Kathleen Kelly. Champion lamb was Kathleen and reserve was lyla Smith.
- Champion beef showman was Tyson Childs and reserve was Bryson Bullis. Champion Angus heifer was Brynn Curries and Tyson in reserve. Champion Hereford was Bryson and Felix Vereyken in reserve. Champion Shorthorn was Amy Shepherd and James Stephenes in reserve. Champion simmental was Kasey Lafleur and Laurel Sally in reserve. Champion speckle park was Mason Holmes and Laura Mayhew in reserve. Champion Beef heifer was Brynn Currie with Tyson Childs in reserve.
- Champion steer show person was Kasey Lafleur and Tyson Childs in reserve. Champion market steer was Ainslei Rusentrom with Kasey having reserve





PROVINCIAL UPDATES



Blast from the Past!

During the summer of 2002, seven members of the Ormstown 4-H Club participated in the Exchanges Canada program, where they were partnered up with the Makwa 4-H Beef Club from Makwa, Saskatchewan.

For the first week of the exchange the Ormstown members hosted their Saskatchewan counterparts at home. While in Quebec they took part in the Ormstown 4-H club's achievement day, took a trip to Park Safari, visited Montreal, and toured local farms.

Three days after the visiting members returned home, the Ormstown members headed out west for the second half of the exchange. While there members toured local farms, attended a rodeo in Lloydminster, went on a trail ride, and had the chance to experience ranch life first hand, which included helping with branding and vaccinating calves. Some members even had the chance to try prairie oysters!

Exchanges such as these are wonderful opportunities for the members that participate but they also have a lasting effect on the families and communities involved.

This August 2002 Saskatchewan chaperone Penny Adamson visited Ormstown 4-H Club past leader (and parent of 2002 exchange participant Caitlin MacDougall) Laura Johnston after keeping in touch over the past 22 years.



Photo of Penny Adamson (front left) and Caitlin MacDougall (Back left) in Quebec in 2002



Photo of Penny Adamson (front left) with Laura Johnston (front right) and their husbands during their visit in August, 2024

Photos provided by: Laura Johnston

Is your club interested participating in an exchange to another province? Contact Gillian to see what we can do!



PROVINCIAL UPDATES



Interested in Becoming a YAC Member?

This Fall Quebec 4-H will be appointing a new representative to YAC and it could be you!

To be eligible, prospective YAC members must:

- be between 18 to 25 years old.
 - Candidates must be 18 years of age as of January 1 of the year in which they begin their term.
 - Candidates should not turn 26 before the end of their term.
- be current 4-H members in good standing or recent alumni, within three years of aging out of the 4-H program.
- Commit to
 - volunteer at least 2 hours/month and additional time as required.
 - attend and contribute to scheduled meetings
 - maintain strong ongoing communications
 - contribute actively
 - meet all deadlines
- Demonstrate knowledge of 4-H nationally, provincially, and locally.
- Demonstrate interest in public speaking, group facilitation and being a team player.
- be willing to travel within Canada to at least one in-person meeting and one additional meeting, program, or event within Canada to be determined.

YAC Application Process

1. Complete the [YAC Member Application Form](#) and submit it to the provincial office by emailing coordinator@quebec4-H.com by end of day October 18, 2024.
2. All applications will be reviewed to ensure all requirements are met.
3. Eligible candidates will be asked to give a short presentation at the Quebec 4-H Annual General Meeting to share why they are best suited for the role.
4. The Quebec 4-H membership present at the AGM will vote to elect the next Quebec 4-H YAC representative.

Curious about who else is on the Quebec 4-H Provincial board? Check out the list of board members on our [website](#).



PROVINCIAL UPDATES



AGM & LEADERSHIP CONFERENCE

What?

Join us for a weekend of fun and learning!

This year's Annual General Meeting will be combined with Leadership Conference for a full weekend event! From guest speakers to games and workshops it will be a great time for learning and connecting with other members and volunteers from across the province.

When?

Leadership Conference - Friday November 22nd to Sunday November 24th

AGM - November 23rd, including a banquet dinner, and will be optional to attend for just the day or join the AGM virtually!

Where?

Hosted by The Shawville 4-H Club

Who?

AGM is open to all Quebec 4-H members, Leadership Conference is aimed at members 13 years old and older, and there will be workshops and activities planned for leaders too!

Why?

AGM is a chance to recognize all that members and clubs have accomplished over the last year.

It is also when the new Quebec 4-H executive is voted in and the membership has the opportunity to review the past year and plan for the future.

Leadership Conference is an opportunity for our older members to develop skills and tools to help them become strong leaders.

Keep an eye out for more information! **Registration opens September 27th!**

2023-2024 Quebec 4-H Executive



Left to right:
Ryley Keenan
Paige Frost
Christina Knox
Rebecca Weldon
Hannah Frost



CANADA

PROVINCIAL UPDATES



CANADA

QUEBEC 4-H STRATEGIC PLANNING



CANADA
4-H Quebec



WE WANT TO HEAR FROM YOU!

We are looking for feedback from members, leaders, volunteers, family, and partners to help shape the future of 4-H in Quebec.

Please take a few minutes to complete our questionnaire

Scan for the questionnaire



Deadline to complete the questionnaire is September 16th



CANADA
4-H Quebec

LET YOUR VOICE BE HEARD

IT'S CONSTITUTION REVIEW TIME!

Submit your proposed amendments by
email to coordinator@quebec4-h.com
prior to September 22nd, 2024



Scan to get a copy of the
Quebec 4-H Constitution



PROVINCIAL RALLY 2025

SAVE THE DATE

JULY 17TH TO 20TH

2025'S THEME:

MUSIC



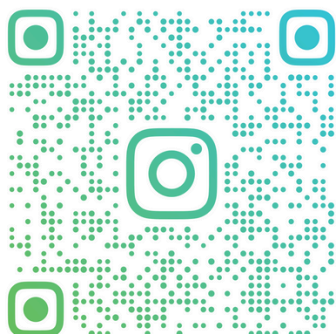
CANADA
4-H Quebec

There is so much going in
the Quebec 4-H World!
Don't miss your chance to
have shape the future of
4-H!



CANADA
4-H Quebec

Check us out
on Instagram
and tag us to
enter!



4HQUEBEC

PHOTO CONTEST

Winners to be included in the
2025 CALENDAR!



CONTACT US :

819-650-2296 | coordinator@quebec4-h.com

1. Eligibility

- a. The contest is open to all members of Quebec 4-H.
- b. Members must be in good standing with their membership fees paid.

2. Entry Period

- a. Deadline for photo submission is 12 pm (noon) October 7th.

3. How to Enter

- a. Photos can be submitted by email to contest@quebec4-h.com or by tagging Quebec 4-H on Instagram [@4hquebec](https://www.instagram.com/4hquebec)
- b. There is no limit to the number of entries.
- c. When submitting your photos please include a photo caption, full name of member, and club.
- d. Ensure that all people in the photo have consented to have their image shared.

4. Photo Requirements

- a. Photos must be original and taken by the member submitting them.
- b. Photos should not contain any watermarks, signatures, or any identifying marks.

5. Judging

- a. All photos submitted will be uploaded to a contest album on the 4-H Quebec Facebook Page. Once uploaded, the voting period will be open from noon October 11th to noon October 18th.

6. Prizes

- a. The thirteen (13) photos with the most likes in the dedicated contest album on Facebook will be selected for the Quebec 4-H 2025 calendar.

7. Winner Notification

- a. Winners will be announced on Quebec 4-H's website, Facebook, and Instagram.

8. Usage Rights

- a. By entering the contest, participants grant Quebec 4-H the right to use their photos for promotional purposes.

9. Disqualification

- a. Any photos with inappropriate content will not be accepted.



AJRQ NEWS

Classique des Jeunes Ruraux Québécois 2024

Conformation Champions

Ayrshire

Champion: MARILIE REAGAN MAY-LEE

William Poirier (Lévrard-Becquets)

Reserve Champion: DE LA PLAINE STANLEY COLORADO

Lexie Lemay (Lévrard-Becquets)

Honorable Mention: HATEE AUTOGRAPH CRISPY

Béatrice Chénard (Bas St-Laurent)

Brown Swiss

Champion: BROWN HEAVEN DESIGN FELICITY

Alysson Rousseau (Bagot St-Hyacinthe)

Reserve Champion: BROWN HEAVEN TIMEOUT FIREBOOM

Corinne St-Pierre (Bagot St-Hyacinthe)

Honorable Mention: SCHWEIZER TREK SAMIRA

Juliette Chaput (Bagot St-Hyacinthe)



Canadienne

Champion: BONNIEGLEN SPATIAL FOREVER

Cosette Mason (4H Ormstown)

Reserve Champion: BRITANNIA MOKA DAHLIA

Spencer Mason (4H Ormstown)

Jersey

Champion: HOLLYLANE ESCORT AT BROWNSONLEA

Alexane Garon (Kamouraska)

Reserve Champion: VIERRA VIDEO STAR-ET

Clovis Coté (Bas St-Laurent)

Honorable Mention: BELFLAMME BOWLERS RICHIE

Eugénie Laflamma (Bellechasse-Montmagny)

Holstein

Champion: MIBELSON BULLEYE GRINCH

Léonie Michon (Bagot St-Hyacinthe)

Reserve Champion: DUHIBOU EYE CANDY FULLKY

Audrey Labbé (Bassin de la Chaudière)

Honorable Mention: SEJANE LAMBDA LYVIE

Karol-Anne Giguère (Bois-Francs)



Showmanship Champions

Champion: Nellie Jacobs

Reserve Champion: Charles Boulet

Honorable Mention: Matthew Bourque



Conformation Grand Champion

Grand Champion: MARILIE REAGAN MAY-LEE

William Poirier (Lévrard-Becquets)

Reserve Grand Champion: MIBELSON BULLEYE GRINCH

Léonie Michon (Bagot St-Hyacinthe)

Honorable Mention: HOLLYLANE ESCORT AT

BROWNSONLEA -Alexane Garon (Kamouraska)



Best Display: CJR Bas St-Laurent
(pictured above)

Best Group of 3: CJR Lévrard-Becquets
Conformation Banner: ex-aequo CJR Bagot St-Hyacinthe et CJR Bas St-Laurent

Photo Credit: Hannah Crawford Photography



NATIONAL NEWS



EXTENDED DEADLINE! SUNDAY, DECEMBER 8, 2024, AT 11:59 PM.

How can members and clubs participate in the AgriFood Challenge?

Step 1: DO. Use the Proud To Bee A 4-H'er, Dig Into Soil, and Food For Thought activity books to learn more about sustainable agriculture and food security. Try out some activities.

Step 2: REFLECT. Talk with your challenge group members about what you learned from the activity books and the activities you completed. How do these issues affect your community? Brainstorm ideas for how you can use what you've learned to take positive action.

Step 3: APPLY. With the support of your club leaders, choose what your action will be and make a plan for your challenge. Do you need any permission? Do you need supplies? How long will it take to complete your action? Who can you ask for help? What community resources can you make use of? When do you need to start? How can you involve others? What will the role of your challenge group members be?



Divide the work, roll up your sleeves and get started! There's no better time to create positive change in your community than right now! Via the online challenge portal, clubs will submit their application(s) in hopes of being selected to receive one of **15 x \$500 cash prizes** (*note: no club will be eligible to win more than \$1,000 in total cash prizes).

Learn more today and register your project at:
4-h-canada.ca/programs/agrifood-challenge



Emily McOuat
Quebec

Congratulations to Emily McOuat, one of 15 John Deere Canada 4-H Scholarship 2024 recipients!
Emily is a member of the Lachute 4-H Club.



NATIONAL NEWS



DEADLINE - SEPTEMBER 15TH!

JACK PEMBERTON YOUTH DEVELOPMENT BURSARY APPLICATIONS OPEN AUGUST 9



4-H Canada is pleased to offer the Jack Pemberton Bursary once again in partnership with the Royal Agricultural Winter Fair!

The successful applicant will be awarded a \$3,000 bursary with:

- \$2,250 of the funds will be used to cover the cost of travel to and within Toronto (airfare and all transportation between the airport, hotel, and The Royal grounds).
- \$750 of the funds will go towards the recipient's post-secondary education.

Applications period - August 9 and close September 15, 2024 at 11:59 p.m. ET.

Visit <https://4-h-canada.ca/scholarships-awards/bursaries/> for more info!

APPLICATIONS FOR THE FCC 4-H CLUB FUND ARE NOW OPEN!

What could your club do with \$500?

Through the generosity of FCC, \$100,000 is available (up to \$500 per 4-H club, district, and region across Canada). These funds can go towards programs, activities, and more including the following eligible activities:

- Costs associated with promotion and advertising, such as promotion of a community-based 4-H club and new member registration;
- Costs associated with eliminating barriers to entry, such as ASL training for members;
- Costs associated with registration fees for leaders to attend 4-H conferences or seminars;
- Volunteer capacity building (first aid training, mental health first aid etc.)

Visit 4-h-canada.ca/clubfunds to learn more and apply today!

Applications close Oct. 31, 2024.



NATIONAL NEWS



**Tomorrow needs 4-H.
Today, 4-H needs you.**



FCC will match the first \$50,000 in donations!

Tomorrow Needs 4-H is a fundraising initiative of the Canadian 4-H Foundation.

Traveling to and attending national gatherings delivered by 4-H Canada have long been the pinnacle experiences for senior 4-H youth from across the country. These events truly help to build a national network of youth leaders from farm and rural communities. However, the economic challenges of the post-pandemic era are now affecting 4-H Canada's ability to financially support and deliver these experiences. As a result, some of this country's most promising youth leaders may miss out on critical skill and leadership development opportunities—opportunities that help build confident, engaged citizens, eager and capable to contribute to the world around them. Funds from this campaign will help address this challenge and ensure that 4-H youth, many of whom depend on 4-H programs for development opportunities typically found in urban areas, receive the support they need.

Tomorrow needs 4-H. Today, 4-H needs you!

Visit <https://4-h-canada.ca/product/donation/> to donate today.

How to Record Your Video for Show Your 4-H Colours

This year for Show Your 4-H Colours we're asking YOU to share how 4-H has shaped who you are today. Please record a 30 second to 1 minute video answering any of the following discussion points:



1. Describe how 4-H has shaped who you are today.
2. Describe how the skills you've developed through 4-H help you in your current career.
3. What has been your biggest takeaway while working with/being a part of 4-H?
4. What's one of your favourite memories as a 4-H member, leader, staffer, board member, or trustee?
5. What advice would you give to the next generation of 4-H youth members?
6. In your own words, what is the value of 4-H?



Mic Check

Testing testing 1-2-3... is this thing on? Make sure before you record your video that you test your microphone quality! Try to find a quiet space with minimal background noise (it's easier to get quality audio indoors; if outside, try find a spot with minimal wind), and make sure that nothing is covering your mic (including your own hand!). Connecting a separate microphone? A quick practice recording is key to preventing the need to re-record.



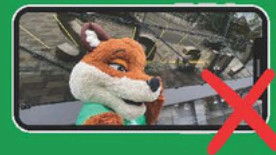
We want to show the faces of real members of the 4-H community! In order to do that, we need to make sure we can see you. The best filming conditions are facing towards natural light (i.e. a window). If that's not possible, make sure to avoid any backlighting and turn on any lights in front of you.

Lights



Camera

Please be sure to film yourself vertically, and NOT horizontally. This will maximize our use of the videos across all channels (Reels and TikTok especially). Make sure you are center frame with a generous border of space around you, we can always zoom-in when editing!



ACTION!



You're all set! Record your video and submit it via email to afelton@4-h-canada.ca, or, upload your video to this [Google Drive link](#).